Your guide to summer fun in central Maine from the ocean to the mountains!
NEW 2017 TOYOTA COROLLA LE
#HT0795, 4 Cyl., CVT, Climate Control, Back Up Camera, Floor Mats
MSRP $20,044
Rebate $1,750
PURCHASE FOR $17,108
Or Lease for $209/mo.
36 Month, 36,000 Mile Lease. Total of Payments $7324. Net Cap Cost $18.847. Purchase Price At Lease End $11,385. 15¢ Mileage Penalty Per Mile For Excessive Mileage. Tax and Title Included. $0 Security Deposit. $209 Due At Lease Inception. Includes $1,000 TFS subvention cash. Lease Program Expires 7/5/17.

NEW 2017 TOYOTA CAMRY LE
#HT0004, 4 Cyl., Auto., A/C, CD, Power Pkg., Back Up Camera & Floor Mats
MSRP $24,129
Rebate $2,750
PURCHASE FOR $19,478
Or Lease for $241/mo.
36 Month, 36,000 Mile Lease. Total of Payments $8,776. Net Cap Cost $21,726. Purchase Price At Lease End $13,030. 15¢ Mileage Penalty Per Mile For Excessive Mileage. Tax and Title Included. $0 Security Deposit. $241 Due At Lease Inception. Includes $1,950 TFS subvention cash. Lease Program Expires 7/5/17.

NEW 2017 TOYOTA RAV4 LE AWD
#HT0910, Auto., All Wheel Drive, Toyota Safety Sense P, Power Windows & Locks, Cruise Control, All Weather Floor Liners
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Rebate $2,000
PURCHASE FOR $25,229
Or Lease for $278/mo.

NEW 2017 TOYOTA SIENNA LE
#HT0804, Third Row Seat, Dual Zone A/C, Back Up Camera, Satellite Radio, Bluetooth, Power Doors, Aluminum Wheels, All Weather Floor Liners
MSRP $33,818
Rebate $2,500
PURCHASE FOR $31,318
Or Lease for $386/mo.
36 Month, 36,000 Mile Lease. Total of Payments $13,896. Net Cap Cost $24.361. Purchase Price At Lease End $19,276. 15¢ Mileage Penalty Per Mile For Excessive Mileage. Tax and Title Included. $0 Security Deposit. $386 Due At Lease Inception. Includes $0 TFS subvention cash. Lease Program Expires 7/5/17.

NEW 2017 TOYOTA HIGHLANDER LE V6 AWD
#HT0897, V-6, Auto., Power Pkg., Toyota Safety Sense P, Third Row Seating, All Weather Floor Liners
MSRP $35,474
PURCHASE FOR $32,873
Or Lease for $360/mo.

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NEW 2018 TOYOTA HIGHLANDER V6 LE AWD
#JT0897, V-6, Auto., Power Pkg., Toyota Safety Sense P, Third Row Seating, All Weather Floor Liners
MSRP $35,474
PURCHASE FOR $32,873
Or Lease for $360/mo.

*Sale prices on in-stock units only. All sale prices expire on 7/5/17. Tax and title extra. As always, no doc fees. Must present ad for pricing. Price includes Toyota Manufacturer’s Rebates and any applicable dealer incentives. 0% APR in lieu of rebates. With Approved Toyota Financial Credit. Cannot be combined with other offers. **With approved Toyota Financial Credit. Tier 1+ and Tier 1 Only. 60 monthly payments of $16.90 for each $1,000 borrowed.
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Fun In The Sun Enjoying The Cool Water

City of AUGUSTA
Bicentennial Nature Park

OPEN SATURDAY, JUNE 17TH FOR THE SUMMER SEASON!

LOCATION
The park is located six miles from Augusta City Center on Route 3 going east past Rideout’s Quick Stop. The entrance is on the right-hand side of Route 3, 1/2 mile past the Weeks Mill Road. There are one-way roads for entering and exiting the park. The second road is the park entrance. Do not take the first drive. The speed limit is 5 MPH.

DESCRIPTION
Bicentennial Nature Park was first established in 2001. The park is situated on approximately 27 acres on Three Cornered Pond. This pond is about 180 acres, and is part of the Togus Pond Chain of Lakes. The Lake is a warm water fishery with the primary fish population made up of Bass, Perch, Pickerel and Sunfish.

PRICE FOR RESIDENTS
Family- $25 for the season or $8/day per carload
Youth- $10 season, $1 / day
Senior/veteran - $7.50 season or $1/day

GROUP USE & RESERVATIONS
Groups of 10 or more must make advanced reservations. Group size cannot exceed more than 100. Minimum one week advanced reservation required. There is no guarantee of space prior to a confirmed reservation. We welcome group picnics from Augusta-based clubs and organizations.

AMENITIES
• Large picnic area with 30 tables and 8 grills
• Swimming area with dock, floats, and slides for the entire family
• Several hiking trails
• Beautiful scenery and wildlife
• Canoe and kayaking access
• Fishing
• Bathrooms with running water and changing rooms
Capital City comes alive under the sunshine of the season

BY WANDA CURTIS
Correspondent

Maine residents and visitors will have the opportunity to enjoy a variety of events in Maine’s capital city of Augusta this summer. Augusta, Gardiner, Winthrop, and surrounding communities will join hands for the 40th annual Whatever Family Festival, which will be held this year June 14-July 4.

The Whatever Family Festival commemorates the cleanup of the Kennebec River and celebrates the people and environment of the river community. Many businesses and organizations support the festival, making it possible for many of the activities to be free of charge. This two-week-long festival will feature events throughout the Kennebec Valley, from Gardiner to Winthrop and in between. It will end with fireworks on the Fourth of July.

In the past, the Kennebec Valley Chamber of Commerce has organized Kid’s Day in Capitol Park. This year, instead of Kid’s Day, there will be a Kennebec River Day at Mill Park along the Kennebec River with activities for all ages. It will be held 11 a.m. until 3 p.m. on June 24.

A spokesperson for the Kennebec Valley Chamber of Commerce, Chris Voynik, said there will be craft vendors, fire trucks, food, bounce houses, face painting and live music. He said the event is expected to bring in 5,000 people from surrounding towns.

Independence Day Events
Old Fort Western will host an Independence Day celebration Tuesday, July 4. From 10 a.m. to 6 p.m. Visitors will have the opportunity to walk through the 1754 fort, house and tenement to view museum exhibits and talk with historical interpreters about daily life in the 18th century. Music will be provided by the Liberty String Band. The program is free to Augusta residents and active military.

Admission rates for non-Augusta residents are $10 for adults, $6 for children (6-14), $25 for a family (5), and $8 for seniors and veterans, with a $1 AAA discount. There will be a hot dog fundraiser to benefit Old Fort Western’s educational program.

The Augusta 4th of July parade will begin at the State House at 4 p.m. and end at the fort. At 5:30 p.m., Augusta Mayor David Rollins will present the traditional reading of the Declaration of Independence outside the Fort gates on Cony Street. That will be followed by the lowering of the British colors and raising of the American flag and a 13-gun cannon salute honoring the original 13 colonies.

At 9 p.m. there will be the annual fireworks display at Mill Park. There will be activities for all ages before the fireworks, including hay wagon rides, concerts, bounce houses and vendors galore.

Old Fort Western Apprenticeship Program for Children
Old Fort Western, the 1754 National Historic Landmark fort, store, and house museum in downtown Augusta invites children of all ages interested in local history to participate in either their Apprenticeship Program (ages 8-12) or their Junior Interpreter Program (ages 13 and up) this summer. The one-week sessions will run July 10-Sept. 1.

According to an OFW press release, in the apprenticeship program children will have the opportunity to experience different aspects of 18th century life through everyday activities such as spinning, weaving, blacksmithing and storekeeping. They will also learn about the life of a Fort Western soldier inside the 1754 French and Indian War era fort. In addition, the children will learn about museum stewardship and what’s involved in maintaining this historic site.

Registration forms can be downloaded from the website at www.oldfortwestern.org or picked up at the Old Fort Western site at 130 Maine Avenue in Augusta.

More AUGUSTA, PAGE 10

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City of Augusta 4th of July Parade/Fireworks

You are invited to be part of the City of Augusta’s 4th of July Parade. This is a great way to showcase your business/organization and be part of an afternoon full of special events meant to mark Independence Day.

Tuesday, July 4, 2017

Downeast Brass will be performing at Market Square - 2:30-4:00 p.m.

The Parade is at 4:00 p.m.
State House Parking Lot to Old Fort Western

Mill Park Activities at 5:00 p.m.
Bounce Houses/Hay Rides
Vendors/Concerts
Wrecking Ball
Inflatable Bungee Run
Roaring River 27’ High Water Slide
Gladiator Joust

Cold Blue Steel performing at 5:30 p.m.
Yellow Brick Road performing at 7:30 p.m.

Parade Theme: Celebrating Firefighters
Grand Marshall: Joe Thomas
Augusta
CONTINUED FROM PAGE 8

Fort Western Administrative Office in the Augusta City Center. Payment must be received in full by 4 p.m. Friday the week prior to the registered program session. Discounts are available for Augusta residents and siblings attending the same week program. For more information, call Old Fort Western at 626-2385 or email oldfort@oldfortwestern.org.

Free Days At Maine State Museum
History buffs also will be pleased to learn the Maine State Museum will offer a Family Fun Day with free admission on June 24 for anyone wishing to view their many exhibits. Roll and Go will provide sea songs, shanties, and ballads from the coast of Maine.

Another special event is Maine Genealogy Fair will be held at the museum from 9 a.m. to 2 p.m. on Saturday, July 8. There will be free admission to the museum all day 10 a.m. to 4 p.m. A third special event will be held on Saturday, July 15 with the opening of the museum’s newest exhibit “Thomas Moser: Legacy in Wood.” There will be free admission all day from 10 a.m. to 4 p.m. There will also be a Family Fun Day and celebration of Maine Whoopie pie with special displays and activities on Saturday, July 29 with free admission to the museum from 10 a.m. to 4 p.m. There will be free admission to the museum all day on Saturday, August 19.

Golf Tournament
The 22nd Annual Kennebec Valley Chamber of Commerce Golf Tournament to benefit the Kennebec Leadership Institute will be held July 17. Space is limited. See www.augustamaine.com/index.php/events/golf-tournament to register.

Pine Tree Quilters Annual Quilt Show
Pine Tree Quilters Guild will hold its Annual Quilt Show at the Augusta Civic Center July 27-29. More than 500 antique to contemporary quilts will be displayed. There also will be workshops for adults and children. Special exhibits will include Ruby Celebration, Red & White Stitched Together Exhibit, Fantastically 40! Challenge, and Chapter Banners. A Children’s Make and Take Activity on Saturday is planned for children ages 5-10, who will have the opportunity to make one or more of the following projects using polar fleece: a no-sew fleece pillow, no-sew fleece cozy ruffled lap blanket, no-sew fleece simple pom-pom hat, or no-sew fleece octopus. A schedule of events can be viewed at www.mainequilts.org/Quilt_Show/Events.htm

Triathlon
The 5th annual Capital Y Triathlon will be held at the Kennebec Valley YMCA 31 Union Street in Augusta at 8 a.m. Saturday, Aug. 12. Participants must be 13 years or older. To register see kvymca.org/files/2017/02/Registration-Form-and-Waiver.pdf

Free Concerts
Finally, music lovers may enjoy free waterfront concerts each Wednesday evening between June and September. The concerts will be held 6 p.m. until dusk at Waterfront Park in Augusta. The first concert will be June 21.

Augusta
CONTINUED FROM PAGE 8

Contributed photo
This year, instead of the Whatever Festival Kid’s Day, there will be a Kennebec River Day at Mill Park along the Kennebec River with activities for all ages. It will be held 11 a.m. until 3 p.m. on June 24.
Your own little island of FUN

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Kids and adults alike will enjoy years of fun and treasured memories.

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| 8’x8’ Aluminum Swim Raft Aluminum Deck | $2,059 |
| 8’x8’ Aluminum Swim Raft White Aluminum | $2,139 |
| Rip Raft – Tan or Orange | $879 |

Ladder sold separately:
- 3 step pivot ladder ........................................... $289
- 4 step pivot ladder ........................................... $339
- 5 step pivot ladder ........................................... $399
- Nylon Rope Ladder (Rip Raft only) ...................... $57
- 2 step Rip Raft Ladder ....................................... $215

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Belgrade hears the call of the loon and summer

Music and the sounds of happy people fill the air

BY VALERIE TUCKER
Correspondent

Summer events in the Belgrade Lakes Region revolve around food, relaxation, music and water, and the weeks are guaranteed to be packed with activities.

Belgrade’s traditional July 4 parade, fishing derby, frog jumping contest, road and canoe races, musical performances, fairs and kids’ activities will end with a spectacular fireworks finale over the water.

At Day’s Real Estate, the Friends of the Belgrade Public Library will hold its annual July 4 book sale as part of the holiday activities. The Friends also will host their 5K Walk, Jog, or Run Road Race on July 29, starting outside the library on Depot Road. Check websites and Facebook pages for information, updates and schedule changes:

Visitors and residents alike know it’s officially summer when the Belgrade Lakes Farmers Market opens at the Maine Lakes Resource Center grounds every Sunday from 8 a.m. until 2 p.m.

Plan to view some of Maine classic cars at the Belgrade Fire Department’s annual car show on Sunday, July 30, at the Belgrade Elementary School grounds. On Saturday evening, Aug. 5, they also will host the annual bean-hole bean supper.

The Belgrade Community Center for All Seasons is the site for picnicking and swimming at the public beach. Children’s summer camp opportunities and updated schedules will be offered on the Facebook page.

The Maine Lakes Resource Center (mainelakesresourcecenter.org) is the place to go for free music and unique presentations about the area’s wildlife and aquatic habitats. Events are sponsored by area organizations, and the schedule may include additional events throughout the summer. Visitors are advised to check regularly for updated information.

Maine Lakes Resource Center schedule
(as of May 15)
June 22 - 7 p.m. Gary Fish of the Maine Dept. of Agriculture will speak at the Maine Lakes Resource Center about Banned Plants: Maine’s Most Unwanted Plants. Although invasive aquatic plants are the focus in Maine communities with water bodies, invasive plants threaten native landscapes. Fish will discuss efforts to ban a handful of particularly invasive plants and ways to combat them if they already are established.

June 29 - 7 p.m. The Center will transform into a natural history display. With help from the L. C. Bates Museum, the interior will offer displays of different bird species associated with area lakes. The opening night, complete with refreshments, is open to the public. Admission donations support the care of the bird specimens.

July 6 – 9 a.m. Hillary Snook, from the Maine Environmental Protection Agency, will teach participants the techniques required to observe and document microscopic life forms that have serious implications for the lake health.

July 11 - 6:30 p.m. Susan Gallo, head of the Maine Loon Project for the Maine Audubon Society, will provide an update on Maine’s loon population and share ways to help these feathered ambassadors thrive in the regional watershed.

July 15 – 7 a.m. Susan Gallo will lead this Annual Loon Count event on area bodies of water, which is an integral part of monitoring the health of the loon.

More BELGRADE, PAGE 13

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ROME, ME

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population, including chicks and adults. For more information contact Gallo at sgallo@maineaudubon.org.

July 18 – 7 p.m. Heather McCargo, of the Maine Native Seed Project, will lead a workshop on how to cultivate native plants; seeds will be available for purchase.

July 20 – 8 a.m. The Belgrade Lakes Watershed is home to the country’s most robust LakeSmart program. Each year, trained volunteers visit their neighbors and offer advice on how they can make their property more lake-friendly. Come for this fun and informative workshop training workshop. Preregistration with the Maine Lakes Society (mainelakessociety.org) is required.

July 27 – 3 p.m. Enjoy a Suite on Mill Stream, offered by the New England Music Camp.

Aug. 1 – 7 p.m. Bernd Heinrich, acclaimed naturalist and author of 20 books, will talk about his life observing the natural world. Heinrich also will sign books for attendees.

Aug. 3 – 7 p.m. Pacific Crest Trail through-hiker turned author Anne O'Regan will share her 2,650-mile journey from the Mexican border north to Canada. O'Regan will have copies of her book, “Tamed”, for sale and signing after the lecture.

Aug. 8 – 3 p.m. Back by popular demand, Chewonki will present Owls of Maine. Attendees will get to observe several live, non-releasable Maine owls. This event is very popular, so attendees need to come early to secure a seat.

These programs are free to the public, unless specified otherwise. Donations to promote the continuation of programs are always accepted and appreciated.

Loons are iconic feathered ambassadors in the Belgrade Lakes region. At the Maine Lakes Resource Center, on July 11, residents and visitors can hear Susan Gallo, head of the Maine Loon Project for the Maine Audubon Society, provide an update on Maine’s loon population and share ways to help them thrive in the regional watershed. On July 15, Gallo will lead an annual area loon count, including chicks and adults.

For more information on Belgrade Lakes visit:

- **Golf:** www.belgradelakesgolf.com; 495-4653
- **Maine Lakes Resource Center:** www.mainelakesresourcecenter.org; 495-3617
- **Lakes Region:** www.belgradelakesmaine.com
- **Town Information:** www.belgradelakesmaine.com; 495-2258
- **Conservation Alliance:** www.belgradelakes.org; 242-9958
- **Community Center For All Seasons:** www.belgradelakesmaine.com; 495-3481
- **Public Library:** www.belgrade.lib.me.us; 495-3508
- **Lakes Association:** www.belgradelakesassociation.com

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China — serene beauty and hiking enjoyment

BY SUSAN VARNEY
Correspondent

The Landing at the north end of China Lake provides a serene view of water and sky in a family town, quiet and spread out around the lake. Seven miles long and slender, the main basin of the lake runs from China Village to South China. The other basin is connected by a slender neck near South China and stretches to East Vassalboro where its outlet leads eventually to the Kennebec River.

China Lake is surrounded by sedate homes, seasonal camps and farms and is used for recreation, including swimming, fishing, boating, kayaking, water skiing and canoeing in the summer, and skiing and snowmobiling in the winter. There is a boat ramp at the north end, south end and in East Vassalboro. This is small rural community supporting a quiet pastoral life.

Thurston Park
The park is nearly 400 acres of forest, streams, waterfalls and wildlife, free for year-round use for hiking, biking, snowmobiling, snowshoeing and cross country skiing. Thurston Park is a carry-in carry-out park with no toilet facilities. To find the park follow signs from the Yorktown Road. If you have time and interest, the park is looking for volunteers. Contact Bill Seekins at 968-2605, or seekins@fairpoint.net. Call the town office for more info or www.china.govoffice.com to find maps and photos.

Albert Church Brown Memorial Library
The library is open 2 to 6 p.m. Tuesdays and Thursdays; 10 a.m. to noon on Saturdays. The library hosts a knitting circle once a week at 4 p.m. on Tuesdays, a place to learn to knit or just hang out with other knitters. Check at the library to learn if the reading group or the craft group is planning something for the summer.

China Community Days
Aug. 4, 5 and 6. Activities and events include a Chicken BBQ, bean supper, food booths, street dance, fireworks over China Lake, fishing derby, scavenger hunt. Children's area events include a climbing wall, dunk tank, face painting, and more. For more info call the Town Office on Lakeshore Drive at 445-2014 or go to www.china.govoffice.com

Friends Camp
729 Lakeview Drive
www.friendscamp.org
For 60 years young people from age 7-17 have attended Friends Camp in four age-appropriate sessions. There are rustic cabin bunkhouses holding seven to 10 campers and one or two counselors. It is a place to connect with nature, develop community away from TV, video games, cell phones, email and instant messaging. Friends Camp is a Quaker camp that welcomes all faiths as well as no particular faith. Camp offers creative, non-competitive, fun activities in a diverse community that stresses equality, integrity, peace and simplicity. More than just a summer camp, the Friends campus is available for weddings, meetings and special events.

3 Level Farm
149 Vassalboro Road, China
A four-season farm with vegetables, small fruit, fresh herbs and a goat dairy working year round. They sell from the farm, at a store and at farmers markets in Augusta, Hallowell and Gardiner. Fresh goat milk and cheese is available at the farm and at market sites. CSA with shares available for pick-up.

More CHINA, PAGE 15

China — serene beauty and hiking enjoyment

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China
CONTINUED FROM PAGE 14

up are available at the farm. Call 445-3276 or go to www.facebook.com/3levelfarmstore.

Recreation Sports
Information about soccer Pre-k through 6th grade; basketball Pre-k through 6th grade and football, cheering baseball and softball can be accessed through www.china.govoffice.com.

Food and Shopping
Ice cream at The Landing on the north end of China Lake and food at the China Din-ah on Lakeshore Drive are great places to meet friends and enjoy the fare. There’s a Rite-Aid and Hannaford’s. The South China Mini Mall is home to China Village Chinese Restaurant. On Route 2 there are several shops ranging from collectables, vintage furniture to antiques.

Don’t forget to stop at Tobey’s on Route 3 for all your grocery needs, and you can fuel up at the same time.

China Lake Conference Center and China Lake Camp
A nonprofit, charitable organization owned and governed by the American Baptist Churches of Maine, the camp has served children, families and churches since 1962. The camp covers 260 acres and borders China Lake. It can be found on the Neck Road in China and offers many recreation activities for indoor and outdoor fun. www.chinalakecamp.org

A wonderfully funky shop on U.S. Route 2, China where visitors may find treasure or trash. There are other shops with vintage furniture, antiques and collectibles.
BY SUSAN VARNEY
Correspondent

Fairfield offers a variety of entertainment and education

Fairfield with its many communities— including downtown, North Fairfield, Fairfield Center, Larone, Shawmut and Hinckley— is situated at the southernmost end of Somerset County, the county that stretches to the Canadian border only two and a half hours away. Downtown continues to add color and diversity with the Dancing Elephant, an Indian restaurant that makes wonderful Dahl soup and pakoras; Meridians for wine, beer, and delicious specialty food items; The Purple Cow restaurant, a couple of Chinese restaurants; a couple of pizza places; ice cream and burgers; pharmacies; Kennebec Valley Community College; a grocery; churches; a music shop and much more. It’s a little town with a big heart.

Fairfield Historical Society at the Cotton-Smith House: a Queen Anne Victorian, built in 1894. Fairfield Historical Society at 42 High Street, 433-2988, records and preserves the history of the town and region; receives and compiles historical papers; obtains tools, furniture, manuscripts, etc., and helps people become aware, interested and concerned about historical preservation. On the National Register of Historic Places, it is open to public Tuesday, Wednesday, and Saturday, by appointment and for special events.

Fairfield Farmers Market: 81 Main Street. Open 6 to 7 p.m. on Wednesdays and 9:30 a.m. to 1:30 p.m. on Saturdays from mid-June to mid-October. Local produce in season, seedlings, pickles, jams, jellies, eggs, bread and so much more.

Lawrence Public Library: 33 Lawrence Ave. Romanesque style with a bit of beaux Arts influence designed by William R. Miller for E.J. Lawrence, a successful lumberman and entrepreneur whose daughters and friends started a Ladies Book Club in 1895 with 48 books in a local shop and quickly ran out of space. Mrs. L.E. Nevalhall donated the lot across from the park and between her home and Lawrence’s. The library is on the National Register of Historic Places. Ask at the library for the schedule of Friday night Music in the Park. www.fairfielddme.com/library

Good Will-Hinckley: Hiking trails, with self-guided map, L.C. Bates Museum and gift shop, U.S. Route 201. Hinckley 238-4250, summer hours April - September: 9 a.m. to 4:30 p.m. on Wednesday through Saturday and 1 to 4:30 p.m. on Sundays. Admission $3. Adults, $1 children. Check out events for children at summer camp. http://www.gwh.org/lc Bates/LCBatesMuseum.aspx

The Maine Academy of Natural Sciences (MeANS) opened in September 2011 as Maine’s first high school to focus on the natural sciences. MeANS includes day students from the local region and boarding students from across the state. MeANS is an educational program of Good Will-Hinckley, a parent organization founded by founder George Walter Hinckley, who first founded The Good Will Home for Boys and Girls in 1889. www.means.gwh.org

The College Step-Up Program: at Good Will - Hinckley, the program exists to serve youth who need a supportive environment to realize their potential. www.gwh.org/Programs/CollegeStepUpProgram.aspx


Kennebec Valley Community College: 92 Western Ave. Students earn associate degrees and certificates in 11 different fields. Popular programs include: Health Professions and Related Programs, Business, Management, Solar Photovoltaic, Marketing and Related Support Services, and Construction Trades. The student - teacher ratio is 18-1 with opportunities for part-time and full time students at two campuses in Fairfield: Western Ave, and Alfred. Campuses at Good Will Hinckley. www.kvcc.me.edu

The Apple Farm: 104 Back Road, 453-7656. Open August to December for fruit and fresh produce, horse-drawn wagon rides on weekends, pick-your-own apples in several varieties, apple cider, maple syrup, locally-knitted mittens and more, such as a hillside site for an outdoor wedding or celebration.

Sunset Flowerland & Greenhouse: 491 Ridge Road, 453-2337. Seedlings, perennials, house plants, window boxes, hanging flower pots, cut flowers and arrangements, shrubs, fruit trees, seeds and garden supplies. www.sunsetgreenhouses.com

Hilltop Farms & Greenhouses: 260 Middle Road, 453-6601. Famous for its lobster compost.


Victor Grange: Fairfield Center. The Fairfield Senior Circle meets April - October, on the third Friday of each month for potluck lunch at noon. Bring something to share. For more info call Becky Potter at 465-9291.

Senior Appreciation Day & Chicken BBQ: The Community Center in August, free to Fairfield residents over 60. Music, games, awards. Tickets available in July at the town office. For more information, call 453-7011.

Fourth of July Fireworks: Area fireworks have moved from Winslow to Clinton at the Lions Club Fairground.

Recreated Shakespeare Company: Emily Rowden Fournier, producer, co-founder and board president, 4 Cottage St. Fairfield, call 314-6607 or go to www.fourdeci edshakespeare@gmail.com. Founded in 2013, this Fairfield-based company motto is Reduce, Reuse, Recite and is an acting company whose goal is “to require as little money as possible to produce great theater.” Donations of clothing, props and set pieces are always welcome. On July 7, “As You Like It” will be performed at the bandstand in Memorial Park, Fairfield.

Clinton Lions Club: Agricultural Fair - every year after Labor Day, this year Thursday through Sunday September 7, 8, 9 and 10. So what else do we do in Fairfield in the summer? Kayak and boat on the Kennebec River, paint and fish, garden and walk the dog, collect rocks and build patios, play in the garden, feed the birds and visit with neighbors, visit the library and read good books, go to the movies and vote. Fairfield is just another small river town in Maine with all kinds of good things to do. Go exploring.
Gardiner is ready for another busy year

BY WANDA CURTIS
Correspondent

Gardiner residents and visitors are looking forward again this year to the Greater Gardiner River Festival, which kicks off the Kennebec Valley Chamber of Commerce's annual celebration of riverfront communities.

The day-long celebration on June 17 will be held at various locations, on Gardiner’s Historic Water Street and Waterfront Park, Gardiner Main Street, Gardiner Rotary and Johnson Hall. It will include live music and entertainment on three stages, local foods, an arts and crafts fair, free boat rides on the Kennebec and free paddleboard and kayak demonstrations.

Events also include a live chainsaw show, a blacksmith demonstration, a ladder truck demonstration by Gardiner Fire Department, disc golf demonstrations, a hockey shooting activity, corn hole games and other activities for all ages.

There will be two separate fireworks displays, one at 9 p.m. on Friday and the other at 9 p.m. on Saturday. The festival is expected to draw thousands of visitors into the area.

Classic Car Cruise In

In addition to the festival, Gardiner will be the site for a variety of other activities this summer.

Every Thursday evening between May and September, antique car buffs will enjoy a Classic Car Cruise In, from 5 to 7 p.m. at the Gardiner Waterfront Park. Owners of classic antique cars show off their vehicles. There will be music and entertainment provided by a disc jockey and vendors also will be selling food on the premises.

Waterfront Concert Series

Every Friday at 6:30 p.m. Johnson Hall will offer a free Waterfront Concert Series at Gardiner’s Waterfront along the scenic Kennebec River. There will be a kickoff concert on Saturday, June 17 during the Kennebec Valley’s Whatever Family Festival. For more information regarding the concerts, visit www.johnsonhall.org.

Gardiner Public Library Children’s Groups

The Gardiner Public Library at 152 Water Street will be offering a story and craft time this summer for young children and their caregivers. They will meet at 10:30 a.m. each Tuesday morning. Leaders warn that crafts may be messy, so children should be dressed appropriately. The program also will offer a Babies Love Babies Play Group for children ages 0-3 on Friday mornings from 10 to 11 a.m. in the Gardiner Public Library’s Children’s Room.

Genealogy and local history buffs can receive assistance with their research at the library and can access their Community Archives Room from 10 a.m. to 5:30 p.m.

More GARDINER, PAGE 18
The Greater Gardiner River Festival will have two separate fireworks displays, one at 9 p.m. on Friday and the other at 9 p.m. on Saturday. The festival is expected to draw thousands of visitors into the area.

UPCOMING EVENTS IN GARDINER

June 16: FREE Waterfront Summer Concert Series
June 17: Greater Gardiner River Festival, 9 a.m. - 10 p.m.
August 4: Gardiner Artwalk, 5:30-8:30 p.m.
September 9: Barks in the Park, 10 a.m. to 2 p.m., Waterfront Park

May-September: Classic Car Cruise-In
June-October: Gardiner Farmer’s Market

Ongoing
FaceTime Social Networking Nights: first Wednesday of every month at a different downtown business location from 5-7p.m.
Open Mic Night: Tuesdays at Niche, Inc., 5-8 p.m.
Movies @Johnson Hall: movies every Wed. 6 p.m. & Sat. 2 p.m.

For more information call (207) 582-3100 or visit www.gardinermainstreet.org.

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Gardiner
CONTINUED FROM PAGE 17

Monday through Friday. Tuesday hours are extended to 7:30 p.m.

Gardiner Artwalk
The annual Gardiner Artwalk will be held from 5:30 to 8:30 p.m. on Friday, Aug. 4 inside downtown Gardiner businesses on Water Street.

Barks in the Park
Barks in the Park will be held at Gardiner Waterfront Park from 10 a.m. to 2 p.m. Saturday, Sept. 9. Pets and owners will celebrate with special demonstrations and other events.
Historic treasures and summer activities will fill summertime in Hallowell

BY WANDA CURTIS  
Correspondent

One of central Maine’s cities that’s been known for years as an antique hunter’s paradise is Hallowell. Some of the antique shops have closed but there’s still a 6,000 square foot antique mall where multiple dealers display items from the past. There are several consignment shops and jewelry shops, including Timeless Treasures, which offers estate jewelry. A unique candy shop Scrummy Afters also offers a taste of the past with self-serve bulk candy and trinkets that bring back memories of years gone by.

Another favorite stopping place for both locals and tourists is Slate’s Restaurant and Bakery located on Water Street in Hallowell. Locals gather there frequently to converse over a cup of coffee and snack on the delicious baked goods. Soups, salads, and sandwiches are also served at the restaurant.

What draws one of the biggest crowds in Hallowell, though, is Old Hallowell Days. Every year thousands of people jam the streets to attend this well-loved event which will take place this year on Saturday, July 15. One of the highlights of the day is the parade which will take place this year at 10 a.m. (participants must pre-register no later than June 28). There will also be artisans, arts and crafts, live music, food, and fireworks over the Kennebec.

Nancy McGinnis, volunteer public relations coordinator for the event, reports that amateur bakers are invited to enter this year’s contest to see who creates the best Whoopie pies. She said that Bocce enthusiasts will convene again at Vaughan Field to compete. For outdoor adventurers, she said there will be the Hills n Thrills bicycle course, an extended scenic tour through Hallowell and environs. This year, it will take place just after the early morning 5K road race gets under way.

“Aftr the parade, Vaughan Field will again be the colorful destination for kids and their families to let off steam, play, create, and relax,” said McGinnis. “Volunteers are already busy organizing the Super Kids in Motion event.” History buffs may enjoy taking a walking tour of the city. The Hallowell National Historic District was placed on the National Register of Historic Places in 1970. The Historic District covers 260 acres and houses many historic buildings including the Artemus Leonard House, Captain Samuel Watts House, Hallowell Cotton Mill, Hallowell Granite Company Headquarters, Gage Row House (which provided housing for textile workers), and Hubbard Free Library.

The Hubbard Free Library will host a number of special speakers throughout the summer including a program about Chewonki Owls from 10:30 a.m. until noon on July 22. This program will give participants the opportunity to meet three live owls and to learn the identifying calls and characteristics of each. For more information about scheduled speakers, contact the library at 622-6582.

The 2017 Old Hallowell Day Book Sale will be held from 9 a.m. until 2 p.m. on July 17. The proceeds will help to support the Hubbard Free Library. The Library will hold their Summer Reading Program Celebration 10 a.m.-2 p.m. on Aug. 19. There will be live music, a cookout, and a drawing for a bicycle. The library challenges children and teenagers to read during the summer months by offering incentives including the chance to win a bicycle. All children and teenagers who are patrons or whose parents are patrons are encouraged to participate. Throughout the summer, locals and visitors to the city can access the public boat ramp and the 6.5 mile Kennebec Rail Trail which can be used for walking, cycling, skateboarding, rollerblading or walking dogs. The trail reaches from Augusta Maine’s Waterfront Park, through the towns of Hallowell and Farmingdale and ends at the city of Gardiner. For more information about trail events, see www.kennebecriverrailtrail.org/category/events.
Small town, big plans:
Summer in Oakland/Sidney
Food, concerts, yard sales and robotics

BY NANCY GALLAGHER
Correspondent

An artisan market, food trucks, an ABBA tribute, and, oh yes, a summer filled with music are just a few of the exciting treats awaiting visitors to the Snow Pond Center for the Arts and the New England Music Camp (NEMC) at 8 Goldenrod Lane in Sidney.


This summer of musical delights begins with the Snow Pond Music Festival, with various recitals and performances from June 9 to June 20 listed on the Snow Pond Calendar at snowpond.org.

Gershwin under the Stars, featuring the Snow Pond Symphony, will musically transport concertgoers through some of Gershwin’s outstanding works, including “An American in Paris, Porgy and Bess, and Rhapsody in Blue.” Concert begins at 7:30 p.m. on Sunday, June 25, at Bowl-in-the-Pines. Tickets are $15 adult, $5 student.

The 38th Annual New England Music Camp Pops Concert begins at 7:30 p.m., Saturday, July 15 in the Mesalonskee Performing Arts Center in Oakland. A Silent Auction will help support the Camp’s scholarship fund. Tickets $20.

Enjoy Maine Appreciation Day Sunday from 1 - 3 p.m., July 19. An Artisan Market begins at 1 p.m. and runs throughout the free 3 p.m. Bowl-in-the-Pines concert. Artworks, crafts and gourmet foods await.

NEMC’s musical theater students conclude the season with two performances of “You’re a Good Man Charlie Brown,” directed by Broadway veteran Frances Mercanti Anthony on Thursday and Friday, Aug. 3 and 4 at 7:30 p.m. in Alumni Hall. Tickets: $20; students $15.

NEMC continues its tradition of free Saturday and Sunday concerts at 3 p.m. in its verdant Bowl-in-the-Pines from July 1 through Aug. 6, except for Saturday, July 15. For faculty, student and counselor recital dates, consult snowpond.org/calendar.

Get ready to groove and graze at the Saturday Aug. 19 Food Truck and Music Festival brought to you by Snow Pond and Dick Dyer Productions. From 12 noon to 7 p.m. performers feature rock, honky tonk, video, lights, choreography and comedy—plus those tempting truck foods and a beer garden. Check snowpond.org for information, entrance fees and family pass rates.

For one night only, ABBA-FAB! leads a multimedia musical journey under the lights through ABBA’s greatest hits in Bowl-in-the-Pines. Doors open at 6:30 p.m. Thursday, Aug. 24 for a 7:30 p.m. performance. Tickets $20 adults, $10 students. Mamma Mia! Don’t miss it.

Go yard saling for a good cause at the Oakland Lions Club’s three summer yard sales: Friday and Saturday July 23 and 24, Saturday, July 8, and Friday and Saturday, Aug. 18 and 19. Sales run from 8 a.m. to 3 p.m. With two floors overflowing with bargains, it’s a shopper’s paradise, and proceeds help fund Lions Club charities.

Yard Sales are located at 15 Hubbard Street, Oakland. For more information, please call 465-2753.

Kids can help Build a Better World at the Oakland Public Library’s summer reading program events. Friday mornings will be filled with interactive ways to think outside the box:

July 14: Owls Program with three live owls from the Chewonki Foundation. Learn to identify characteristics and calls from each owl.

July 21: Build a Better Car. With Peter Godfrey’s help, kids will design and build Puff Mobiles (wind powered cars.) Evaluating performance and making modifications to improve performance will add to the fun.

July 28: Build a Better Language. Coding guru Gene Roy has code-writing teams.

More OAKLAND, PAGE 21

The Snow Pond Symphony performs “Gershwin Under the Stars” in Bowl-in-the-Pines. This year’s performance will be Sunday at 7:30 p.m., June 25.
Oakland

CONTINUED FROM PAGE 20

of kids write performance task instructions for a robot. Aug. 4: Build a Better Ecosystem. Christie Souza leads kids through activities demonstrating the need to protect our lakes from pollution.

Aug. 11: Party with Judy Pancost. Enjoy music, refreshments and summer reading awards at this final program.

All programs begin at 10:30 a.m. For more information, call the Oakland Public Library at 465-7533.

It may be counterintuitive, but it’s ok for smoke to be coming from the Oakland Fire Station at 11 Fairfield Street in Oakland on Saturday, July 8. It’s the annual Firefighters Bar-B-Que from 11 a.m. until sold out. This $8 meal includes a half chicken, roll, chips, coleslaw and a beverage. Proceeds help purchase firefighting equipment.

What goes better with soft summer evenings than ice cream socials and band concerts? The Oakland Area Historical Society combines them for two iconic Ice Cream Socials and R. B. Hall Band Concerts on Tuesday, July 18 and Tuesday, Aug. 15. (Rain dates July 25 and Aug. 22 respectively.) Bring lawn chairs to the Macartney House Museum, 25 Main Street, Oakland for these 6:30 p.m. memory-makers. The Museum will be open then as well, so take a peek inside. The Museum’s regular July and August visiting hours are Wednesdays from 1:30 p.m. to 4:30 p.m. For more information, go to rootsweb.ancestry.com/~me-coakla.

Oakfest 2017 marches into Oakland on Friday, July 21 bringing four hours of excitement, beginning with the 6 p.m. parade, themed A Day at the Lake. Bring your dancing shoes for the street dance on Main Street. Follow those tantalizing aromas of burgers, hot dogs, dough boys and more to the nearby food vendors. A beverage tent will offer spirited drinks to those ages 21 and over. It all winds down at 10 p.m.

But wait, there’s more! The Open Air Market at Williams Elementary School on Pleasant Street, Oakland, on Saturday, July 22 from 9 a.m. to 3 p.m. gathers artisans and crafters for your shopping pleasure. The kids can work off their energy with a bounce house, slide, bungee run, petting zoo and pony rides. Local musical talent will entertain and there’s plenty of food to keep activity levels high. So bring the lawn chairs and enjoy a family-themed summer Saturday in Oakland.

Gather a team for the Sunday TRIAD that begins at 8 a.m. Sunday, July 23 at the Oakland Boat Landing on Old Belgrade Avenue. Paddle on Messalonskee Lake, transition to running and then bike to the finish line. Or, join the crossing-ond Lookout to cheer on your favorite team.

For more information on Oakfest activities, consult oakfestmaine.com or call Kathy Paradis at 465-7358.

The Active Wind Ensemble returns to the Messalonskee Performing Arts Center, 131 Messalonskee Drive, Oakland, Maine 04963 on Friday, Aug. 4 at 7 p.m. Renowned guest conductor Maestro Anthony Maiello will again conduct the Ensemble in a program of advanced repertoire for the band medium. The program is free of charge. Donations will be accepted. For more information please contact either Jennifer Fortin at jcolefortin@gmail.com or Andy Forster at aforster@rsu18.org.

Marsden Hartley’s Maine to be shown at the Colby College Museum of Art

Lewiston native Marsden Hartley is one of America’s most renowned painters. While inspired by artists such as Cezanne, Picasso and Matisse, his true inspiration was the special place where he was born and grew up – and to which he returned permanently later in life to become, in his own words, “the painter of Maine.”

Born in Lewiston in 1877, Hartley displayed a rare artistic talent and a powerful intellectual and spiritual curiosity. While attending the National Academy of Design in New York, he was drawn to the transcendental works of Thoreau and Emerson, and the self-realized poetry of Walt Whitman.

A merging of the artistic and the spiritual would infuse his work – from Paris and Berlin to New Mexico and California – and of course, to Maine where the rugged coast, islands and pristine Maine woods were among his favorite subjects.

This past spring, a new show at The Metropolitan Museum of Art’s Met Breuer galleries in New York City celebrated the artist’s work. Marsden Hartley’s Maine features approximately 90 paintings and drawings that illuminate the painter’s extraordinarily expressive range, from Post-Impressionist interpretations of seasonal change in inland Maine in the early 1900s to folk-inspired depictions of the state’s hearty inhabitants, majestic coastline, and great geological icon, Mount Katahdin.

Following its run at The Met Breuer, Marsden Hartley’s Maine will be on exhibit at the Colby College Museum of Art from July 8 to November 12, 2017. The exhibition, organized by the Colby College Museum of Art and The Metropolitan Museum of Art, highlights the American artist’s lifelong artistic engagement with his home state of Maine and is inspiring visitors to experience Maine this summer and retrace Hartley’s footsteps for themselves. At visitmaine.com you can find a map tracing the locations throughout the state that inspired Hartley, along with suggested itineraries that include sightseeing, lodging and dining recommendations. The itineraries include The Shady Brook Trip Idea, from Lewiston to Lovell and Kezar Lake; The North Maine Woods Trip Idea, a road trip from Bangor to Mount Katahdin; and an afternoon at the Colby College Museum of Art.

Both seasoned Hartley fans and new discoverers of this great American artist and Maine original can celebrate his work and life at multiple Maine museums, as well. Among them:

• Colby College Museum of Art in Waterville
• University of Maine Museum of Art in Bangor
• Portland Museum of Art
• Ogunquit Museum of American Art

For an artful and transcendental day trip, consider exploring any of the fascinating places he painted:

• Penobscot Bay
• Vinalhaven and Hurricane Island
• Georgetown and Fox Island
• The Schoodic Peninsula
• The Maine woods

• Camden Hills from Baker’s Island
• Lovell and Kezar Lake
• Robinhood Cove
• Madawaska
• Ogunquit

And, of course, the place that called his soul like no other – Mount Katahdin.

If you’re inspired by Marsden Hartley’s work, why not visit the places that inspired him? Here is a sample of the trip ideas you can find at www.visitmaine.com:

The Peninsula that inspired the Marsden Hartley Trip Idea

Georgetown and Robinhood Cove (Maine’s Mid-Coast Region)

“It is never difficult to see images – when the principle of the image is embedded in the soul.” Marsden Hartley, 1932.

Take your time exploring the magnificent peninsula of Georgetown. This was a place that inspired many of Hartley’s famous paintings.

Relax and take in the beauty of one of Maine’s finest coastal destinations and first state-owned saltwater beach, Reid State Park.

Walk along the trails of Maine Audubon’s Josephine Newman Preserve; this hidden gem is bounded on two sides by salt marsh.
By Susan Varney
Correspondent

As the Kennebec River tumbles its way through Skowhegan, visitors wend their way over bridges to an island and through a downtown reminiscent of centuries past.

One can’t help but love this Somerset County seat — a mixture of 19th and 20th century buildings and habits of an artful, creative populace. Ever changing and updating with the help of the Skowhegan Area Chamber of Commerce, Main Street Skowhegan, Skowhegan History House, Margaret Chase Smith Library, Coburn Park, Skowhegan Free Public Library, the Skowhegan Indian and Skowhegan School of Painting and Sculpture there is always something going on, places to go and things to learn about in this town that sprung up after the French and Indian War in the 1770s.

Benedict Arnold passed through Skowhegan on his way to Quebec City in Oct. 1775. After the Revolutionary War, the area began building schools and churches. Incorporated in 1823 as Milburn, it was renamed Skowhegan in 1861 from an Indian translation. According to some historians, Skowhegan is the Abnaki word for “spearing” or “place to watch.” For details of Skowhegan history, go to the website Skowhegan.org and click on Our Community and then History. The town became the county seat in 1871.

Summer activities for all:

Skowhegan Farmers’ Market - 9 a.m. to 1 p.m. Saturday at the Somerset Grist Mill downtown in the Municipal Parking Lot. Visitors can find fresh, seasonal fruits and vegetables, naturally raised meats — beef, pork, poultry, lamb, and goat — along with milk, eggs, cheeses, baked goods, coffee, maple syrup, honey, soaps and salves, seedlings and cut flowers.

Main Street Skowhegan Skowhegan River Fest Aug. 2-5 is a multi-day event in downtown and around Skowhegan that celebrates recreation and life on the Kennebec River. It is sponsored by Skowhegan Savings and organized by Main Street Skowhegan, Skowhegan Savings, Skowhegan Area Chamber of Commerce and the Skowhegan Run of River committee. River Fest illustrates the potential of the Kennebec River Gorge as a recreational destination, currently under development by the Run of River project. For more info: mainstreetskowhegan.org/index.php/info/River%20Fest

Skowhegan Drive-In Theater - U.S. Route 201 south of town. This 1954 drive-in has updated to digital and is showing first-run movies. Be sure to check it out, especially if you remember growing up with drive-in movies. Food and drink available. 474-9277. Shows start at dusk.

Skowhegan History House & Research Center sponsors monthly events to explore Skowhegan history, from photos, cemetery walks, talks and documents — including raw materials, goods, and manufactured products throughout the country; systems for transportation to and fro; and how the railroad helped

More SKOWHEGAN, PAGE 23
Skowhegan
CONTINUED FROM PAGE 22

Skowhegan to establish itself. Benjamin Doty, Curator of Skowhegan History House Museum & Research Center.

Mondays for Researchers Only: Beginning May 30
Skowhegan History House Museum & Research Center will be open on Mondays from 10 a.m. to 1 p.m. for research purposes only. This will allow researchers to come in and concentrate on research. The History House will be open for tours from 10 a.m. to 4 p.m. Tuesday through Saturday.

For information about more Summer events: www.skowheganhistoryhouse.org

Bingo: Thursdays at the Community Center, 39 Poulin Drive, Skowhegan. 207 474-6901

Playing Bingo for fun and small prizes. There is no fee for this program. Participants are asked to bring something for the prize table. Prizes may include baked goods, homemade items or a store bought goodie. All participants must register prior to playing.

Hospice Volunteers of Somerset County provides presentations to help put your life in balance as a caregiver and help in the grief process.

• Hospice Volunteers of Somerset County is holding its second Duck Derby Invasion from 2:30 p.m. to 4:30 p.m. Saturday, Aug. 6. Office is at 41 Main Street, Skowhegan 474-7775.

For more info about programs, volunteers, and activities: www.hvosc.org

Craft Brew Fest from 2 to 7 p.m. Saturday, Sept. 2, Downtown Skowhegan 612-2571.

Celebrate Maine’s Craft Brewers and Farm-to-Table Movement. An array of Maine craft brewers serve beer; wine, cider and spirits; local food vendors feature farm-to-table fare; two live bands; opportunities to explore downtown Skowhegan and the Langlais Art Trail and tours of the Somerset Grist Mill. For more info and choice of four ticketing options: www.skowhegan-craftbrewfest.com

More SKOWHEGAN, PAGE 24

Above, the colorful and diverse downtown Skowhegan is the Somerset County seat.

Left, Alyssa Pavese of Collective Roots Farm, Cornville, at the Skowhegan Farmer’s Market sells seasonal produce, freshly dug parsnips, oyster mushrooms, eggs and salad greens.
Skowhegan

CONTINUED FROM PAGE 23

Skowhegan State Fair since 1818 Aug. 10 -Aug. 19 at the Skowhegan State Fairgrounds off Madison Avenue, U.S. Route 201 at 33 Constitution Ave. Skowhegan 474-2947. For a schedule of events and admission fees see the Skowhegan State Fair website at www.skowheganstatefair.com

Margaret Chase Smith Library and Research Center 56 Norridgewock Avenue, Skowhegan, 474-7133. The Margaret Chase Smith Library — owned by the Margaret Chase Smith Foundation and operated under its auspices by the University of Maine — is an archive, museum, educational facility and public policy center preserving the legacy of Margaret Chase Smith. American political history is preserved here, advancing Sen. Smith’s ideals of public service and civic engagement. Smith’s home and library are filled with memorabilia from her 32-year congressional career. www.mcsslibrary.org

Skowhegan Free Public Library 9 Elm Street, Skowhegan, 474-9072, www.skowhegan.lib.me.us/ The Skowhegan Free Public Library is in an architecturally significant Queen Anne brick building designed by Edwin E. Lewis and completed in 1890. Undergoing an overall facelift leaving the historic features intact, the library is a welcome solace during a hot summer day. Summer Hours from June 1 to Sept. 30, are 10 a.m. to 6 p.m. Monday through Friday. Closed Saturdays, Sundays and holidays.

Bernard Langlais Art Trail. Ask about Bernard Langlais art at the library or Skowhegan Town office and see examples in pocket parks around town for more sculptures as well as the Skowhegan Indian. langlais-arttrail.org/art-trail-map.

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The Old Canada Road Historical Society has documented part of Maine’s history that might go unnoticed without the diligent efforts of a handful of volunteers. The group gathers and maintains ephemera and historical artifacts from towns and plantations on both sides of the Kennebec River, from Bingham to Parlin Pond, including Moscow, Caratunk, The Forks, West Forks, Concord, Pleasant Ridge, Carrying Place and Bowtown. This summer, the group plans to share with the public some recent accomplishments.

Moscow-born Milford Baker, born in 1899, graduated from Bingham High School and began his career as a photographer. He set up a studio in Bingham and specialized in regional landscape photographs, some of which he colorized in oil. He was authorized to document the construction of Wyman Dam and had a concession stand near the visitor center at the site, where he sold photographic postcards. Unfortunately, his career was cut short when he drowned in 1933 while fishing in the salmon pool directly below dam.

The historical society will host a joint exhibit of his photographs with the Moosehead Historical Society at the Center for Moosehead History in Greenville from the June 29 through the month of August. The two groups will host a talk about Baker and his work on Aug. 17.

Also, a new book about early settlers is in the pre-publication stage, according to the group's treasurer and archivist Marilyn Gondek. The Bingham area was a destination for scores of timber speculators and settlers who either looked for quick fortunes or good farming land. The lore about “squatters, settlers and speculators” includes construction of the first road to reach this distant part of the state.

“We’re aiming for a July publication date for our historical society’s book release about the settling of The Forks,” she said. “Nobody’s done this before, so this is pretty exciting.”

Madison-Anson

Madison and Anson have a steady stream of visitors who are More UPPER KENNEBEC, PAGE 26
Upper Kennebec
CONTINUED FROM PAGE 25

interested in early American and local history; nature walks and other types of outdoor recreation.

Also, every Saturday, at the Main Street Park and Playground, the Madison Farmers Market opens from 9 a.m. to 2 p.m., offering fresh produce, baked goods, locally-made crafts, soaps and other products.

Another summer event is the popular Madison-Anson Days, which runs through Thursday, Aug. 24 to Sunday Aug. 27. Thursday events include a book sale at the library, sidewalk craftsmen, a chili cook-off and a 5K race.

Friday events include a hike, carnival games, sidewalk sales and craftsmen. Saturday events include a the Grand Parade, a chicken barbecue, a car show and car wash. This year’s Family Fun Day includes carnival rides and ends with a fireworks display. Sunday events include the fishing derby and golf tournament.

For more information on the developing Madison-Anson Days schedule, check the Facebook page, email shawnalbert@icloud.com or call Tim Curtis at 696-3971.

Nearby, a former church, now privately owned as the Somerset Abbey, offers several shows each month during the summer. On July 21, the concert series features the national touring tribute band, “Back in Black, The True AC/DC Experience.” On July 29, The Crown Vics will tap into a tradition established by Carl Perkins, Patsy Cline and The Beatles. For other concert dates and details, visit www.somersetabbey.com.

Now in its 116th Season, Lakewood Theater offers exceptional performances of comedies, dramas, musicals and children's shows all summer through mid-September. Visit www.lakewoodtheater.org for the full slate of high-caliber amateur theater.

Next door is the Lakewood Inn Restaurant, which will host wine tastings and wine-themed dinners, plus an elegant Sunday brunch, with bocce ball and croquet on the lawn.

Yogi Bear’s Jellystone Park Campground is open all summer. Campers can enjoy the pool, cabins and even a full-sized tree house for overnight stays. Visit www.yonderhill.com for more information.

Solon area
Joe and Lorena Albuit, owners of Evergreens Campground in Solon, guarantee clean sites and grounds and quiet evenings at their establishment along the Kennebec River. They’ll offer a fly casting session for beginners later in the summer, and they offer a shuttle service for those who would like to spend a day on the river. Canoe rentals are available to explore the small islands. For a modest fee, a staff member can even drive a guest’s car to a drop-off point along the river. The fishing equipment rentals don’t include poles or some of the more sophisticated fishing gear, but they do stock nearly everything else, according to Lorena.
World-class films and entertainment blend with down-home fun in Waterville
Taste of Waterville and MIFF highlights

BY NANCY GALLAGHER
Correspondent

Moments change is under way in Waterville. But summer also brings the return of time-honored events such as the Maine International Film Festival (MIFF) and the foodies’ Taste of Waterville.

Lights! Camera! Action! The 2017 MIFF runs from July 14 to July 23 at Railroad Square Cinema and the Waterville Opera House. This 29th Festival will be dedicated in memoriam to the award-winning director and recent special Festival guest, Jonathan Demme.

A cornucopia of independent (and otherwise) new American films, foreign films, restorations, world premieres and perspectives again awaits MIFF attendees.

To celebrate its 20th year, a number of MIFF’s past favorite guests have been invited to return, says Program Director Ken Eisen.

Celebrated American independent film director Tom DiCillo joins this star-studded group of guests. DiCillo rose to prominence following his 1980s film, “Living in Oblivion.” Four of his films are on the Festival program, followed by Q&A sessions with DiCillo.

A screening of the 1927 silent film “Sunrise,” the first Academy Award winner, will include live accompaniment of an original score composed and performed by the Mark Tipton Quartet.

The Maine Student Film & Video Festival will be held Saturday, July 22 at the Waterville Opera House.

Railroad Square Cinema is located at 17 Railroad Square and the Waterville Opera House is located at 1 Common Street. Tickets may be purchased online or by calling (866) 811-4111. For more information, consult the MIFF website at www.miff.org or call 861-8138.

In conjunction with MIFF, the Maine Film Center presents MIFFCONEDGE Vol.5 at the Common Street Arts gallery, corner of Main Street and Castonguay Square in downtown Waterville. From July 14 to July 23, this multimedia exhibition “explores the intersection of film and art,” pushing boundaries with its innovative moving images.

Wednesday, Aug. 2 from 11 a.m. to 11 p.m., the 2017 Taste of Waterville takes over Main Street, sections of Waterville’s Concourse, Castonguay Square, the Pocket Park and even more of downtown Waterville, says Shawn Michaud, the 2017 Taste of Waterville chair. More than a dozen Bite demos in the Pocket Park by three specialty chefs, including Wild Chef Danny Coroveau from Massachusetts.

New to the Taste of Waterville this year will be mid-afternoon food cooking demos in the Pocket Park by three specialty chefs, including Wild Chef Danny Coroveau from Massachusetts.

activities. (The giant tiger slide is back!) Vendor booths open from 11 a.m. to 7 p.m. will purvey crafts, clothing, art, services and even face painting.

Main Street closes to vehicular traffic at 2 p.m. Current construction within The Concourse will not impact the volume or seating capacity of food service during the evening’s main event, according to Michaud. Fourteen restaurants will serve their specialties on Main Street from 5 - 9 p.m.

New this year will be mid-afternoon food cooking demos by three specialty chefs, including Wild Chef Danny Coroveau from Massachusetts.
Waterville
CONTINUED FROM PAGE 27

transportation from that lot to the event will be available to those needing it.
The Taste is a smoke free event. No pets, please.
For details, please consult TasteofWaterville.com or call the Mid-Maine Chamber of Commerce at 873-3315.

Kids up to age 12 can “Build a Better World” at the Waterville Public Library’s summer reading program, beginning Saturday, June 17 and ending Saturday, Aug. 19. Hands-on activities, story times and special events fill summer days for kids. Here’s a sampling: Tuesdays 2 p.m. to 4 p.m. it’s Crafting Time. Drop in and make something great. Wednesdays, 2 - 4 p.m., it’s Makers Day, with science and engineering projects. Saturdays, July 1 through Aug. 26, from 10:30 - 11:30 a.m. it’s Creative play during Tinkering Time.

Of course a library has stories. Thursday afternoons from 2 - 4 p.m. look for the Library’s mini-tent at the Farmers Market. Fridays at 10:30 a.m. it’s Rhymetime for the littlest ones and their grownups. Fridays, July 1 to Aug. 18, enjoy Bedtime Stories at 6 - 7 p.m. Wear your jammies if you like.

Special events for the entire family include Ms. Jenn with “Save the BEES!” Saturday, June 17, 10:30 - 11:30 a.m.; Read with the Reader Dogs Monday June 26, and July 24, 3:30 - 4:30 p.m.; Friday, July 14, 6 - 7 p.m. enjoy Ms. Jenn’s bedtime stories about “Build a Garden, Build a Community!” and Friday, Aug. 11, 2 - 3 p.m. sing and dance with Judy Panceast.

Teens 18 and under will have a full summer of Teen Room recurring events, plus special events. Monday afternoons at 3 bring creativity to Maker Monday. Mondays from 4 - 6 p.m. it’s Game Night. The first and third Tuesdays at 3 p.m. join in at the Anime Club (with snacks.) Thursdays at 4 p.m. it’s Movie Night. Special teen events kick off Saturday, June 19 from noon to 1 p.m. Thursdays at 2 p.m. from June 29 to Aug. 3 bring a series of creative craft projects using repurposed and recycled materials such as candy wrappers and t-shirts.

The Waterville Public Library, winner of the prestigious 2017 National Medal for Museum and Library Service, is located at 73 Elm Street. For more information about these programs and other library services, consult their website at watervillelibrary.org, the Library Facebook page, or telephone 872-5433.

Calling all junior artists age six to twelve! It’s a summer of weekday morning art camps at Common Street Arts on Common Street. Camp begins the week of June 26 – 30 with Paper Art Week. Camps resume Monday through Friday, 9 a.m. to noon, for the weeks of July 10 through Aug. 14 with different themes and media each week. A special “Claymation Commotion” afternoon session for ages 12 to 17 runs Monday through Wednesday, July 10 to 12 from 12:30 - 3 p.m.

A series of synergistic photography exhibitions featuring Waterville currently fills the Common Street Arts gallery in downtown Waterville. This free community gallery currently displays Picturing Waterville: Photographs by Gary Green and Images from the Waterville Historical Society; Snap, an ongoing interactive community photography project; and Photography and Migration: Waterville Stories featuring video recordings of area residents sharing their immigration stories. These exhibitions run through July 1.

Special Common Street Arts events include Urban Sketching, a free sketching program with artist Helene Farr on Saturday, June 10 from 10 a.m. to noon; a community panel and discussion that explores “how photography can activate shared experiences in the 21st century” on Saturday, June 17 at 2 p.m.; and “Starry Night,” a bring-a-friend, no-experience-required paint party on Saturday, June 24 from 3 - 5 p.m. Sign up at commonstreet-tarts.org. Fee is $30.

Gallery hours and full details on Common Street Arts offerings are also on the website. PechaKucha Night Waterville: Volume 25 plans to take place in the MIFF tent in Waterville’s Castonguay Square on Thursday, July 13 with a 6:30 p.m. reception and a 7:30 p.m. idea-sharing presentation using the PechaKucha 20x20 format.

Waterville’s elegantly restored Opera House brings a diverse collection of entertainments to its stage this summer: “Exit Laughing.” Friday and Saturday, June 16, 17, 23 and 24 respectively at 7:30 p.m., and Sunday, June 18 and 25 at 2 p.m. Find out what happens when a longtime member of a bridge foursome dies.

National Theater Live: “Peter Pan” Saturday, June 24 at 1 p.m. J. M. Barrie’s classic tale of the boy who escapes to Neverland rather than growing up.

“A Forever Frozen Story.” Friday, July 7 at 7 p.m. Journey to winter in this large-scale musical version of Hans Christian Andersen’s iconic tale.

National Theater Live: “Salome” Saturday, July 8 at 1 p.m. See the dance that changed the course of world history.

“Waterville Rocks Con-
CONTINUED FROM PAGE 28

certs.” Four free Friday concerts held outdoors in Castonguay Park from 6 - 8 p.m. on July 28, Aug. 18, Sept. 1 and Sept. 29 respectively.


“Cinderella.” Saturday, Aug. 5 at 2 p.m. Glass slippers and pumpkins in this Missoula Children’s Theater production.

National Theater Live: “Angels in America Part One.” Sunday, Aug. 6 at 1 p.m. New Yorkers grapple with life in the midst of the AIDS epidemic.


National Theater Live: “Angels in America Part Two.” Sunday, August 13 at 1 p.m. Perestroika. The saga continues.

Paula Poundstone, Saturday, August 19 at 8 p.m. The standup comic noted for her casual style and incisive spontaneous wit.

“One Way Trip to Mars.” Thursday through Saturday, August 24 to 26, at 8 p.m., and Sunday, August 27, at 2:30 p.m. Rock opera tale of an astronaut stranded on Mars.

For tickets and information, access the Waterville Opera House website at operahouse.org or call the box office weekdays between noon and 6 p.m. at 873-7000.

Arts aficionados, school children and their parents will find plenty to enjoy this summer in Waterville.

The Maine International Film Festival spreads its wings for its 20th year of bringing extraordinary films and industry talent to Waterville.
Winslow fills the summer with free family activities

BY NANCY GALLAGHER
Correspondent

Time travel becomes easy during Fort Halifax Days at Fort Halifax Park, 1 Lithgow Street in Winslow. On Saturday, June 24, from 12 noon to 4 p.m. 18th century living history reenactors will take visitors back to a simpler time. Demonstrations of spinning, hand and finger knitting and food preservation will illustrate the daily activities of our forebears. A pie contest will test the skills of area bakers. Music will fill the air, along with the aromas of barbecue. Kids can march with wooden guns and participate in chores of the day. Bring your lawn chairs and enjoy this family event free of charge.

The winner of the fruit pie baking contest will be announced that day. Judges will base their decision on appearance and taste. To submit an entry, call the Parks and Recreation office at 872-2776 before the June 15 deadline.

The Winslow Parks and Recreation Department hosts the 195th Army National Guard Band in a free public concert Thursday, June 29 at 6:00 p.m. in Fort Halifax Park.

Parks and Rec also hosts Summer Fun Camp for kindergarten through eighth grade students. From June 26 through Aug. 4, Monday through Friday, from 8 a.m. to 12 noon campers can participate in theme weeks, field trips and a variety of sports camps including field hockey, basketball and track. Get the details by contacting Amanda Maccollin at 872-2776, extension 5211.

Uh-oh. There they are again. All those blue lips at the Winslow Congregational Church on Lithgow Street. They’re not cold—they’re enjoying some of the all-things-blueberry featured at the Church’s Annual Blueberry Festival. This year’s event begins on Saturday, August 12 at 7 a.m. with their all-you-can-eat pancake breakfast. The Blueberry Café opens at 10 a.m. with snacks and baked goods. And of course hundreds of tantalizing homemade blueberry pies await purchase. Children’s activities, a yard sale, music, a silent auction and a raffle make this a fun day for the entire family. For more information, please consult the Church website at winslowucc@gmail.org or contact David Deas at 509-6367.

The Winslow Public Library invites readers of all ages to celebrate reading to “Build a Better World.” The excitement begins Thursday, June 22 at 6:30 p.m. when Josh Sparks of Sparks’ Ark brings eight live animals to the library. Milk and cookies add to the fun.

Tuesdays at 10 a.m. it’s Storytime for those ages zero to seven. Mondays at 1 p.m. elementary school children learn different ways to save the planet through nature, bridges, jump ropes and even with cake!

On most Thursdays at 2 p.m. junior high and high school students craft with reusable materials and perform community service projects such as decorating bookmarks for the library and making blankets for Project Linus to help build a better world. Check the library’s website for kickoff and closing event information.

Adults can participate in the statewide ReadME summer reading program, where all participants read the same Maine-authored books. The first adult summer program features organizational habits expert Janie Downey on Tuesday, June 27 from 5:30 p.m. to 7 p.m. Consult the library website or Facebook page for additional activities.

Ice cream anybody? The annual ice cream party follows a visit from the Northern Stars Planetarium on Thursday, August 10 at 6:30 p.m. A program on solar eclipses is great prep for the library’s Solar Eclipse Viewing Party on Monday, August 21 at 2 p.m. with free viewing safety glasses for all, plus, of course, refreshments.

For more information on these and other summer activities, please consult the library’s website at winslow-me.gov under the Town Government and Services link or call Samantha Cote at 872-1978.

The Winslow Public Library is located at 136 Halifax Street in Winslow.

From spinning demos to a solar eclipse, with stops for sports camps and ice cream parties, Winslow fills the summer with history, creativity, taste treats and technology.
Museums, events and the landscape showcase Native American culture in Maine

BY CHARLENE WILLIAMS
Nancy Marshall Communications

Thousands of years before the explorers from the Old World made their way to Maine, Native Americans called it home. More importantly, some still call Maine home today.

Known collectively as the Wabanaki, or “People of the Dawnland,” they are a confederacy of Nations that today consists of the four federally-recognized tribes in Maine: Penobscot, Passamaquoddy, Micmac, and Maliseet. In addition, the Wabanaki includes several bands of the Abenaki tribe, located primarily in New Hampshire, Vermont, and Quebec. There are approximately 5,000 Wabanaki people in Maine today and more than 65,000 Wabanaki across eastern Canada and northern New England.

Unlike many tribes in the eastern United States, the Wabanaki were never removed from their homeland. They have retained their languages and their culture, adapting to changing environments for thousands of years.

Rooted in age-old traditions and a respect for the natural world, the Wabanaki continue to honor their culture as they have for centuries, and visitors to Maine have unique opportunities to learn about and experience this culture.

The premier venue for experiencing the Native culture in Maine is the Abbe Museum, the first and only Smithsonian affiliate in the state of Maine. Their spacious downtown Bar Harbor location houses permanent and temporary exhibits with the new core exhibit, People of the First Light, sharing more than 12,000 years of Wabanaki oral traditions, personal stories, cultural knowledge, language and historical accounts with objects, photographs, multi-media and digital interactives.

Their trailside location at Sieur de Monts Spring in Acadia National Park is open from the end of May through mid-October and houses small exhibits in a lush and natural setting.

Having long been recognized for outstanding natural beauty and as a place where craftsmanship is an indelible part of its culture, Maine’s legacy of exquisite craftsmanship may very likely stem from the Wabanaki Nations’ heritage of weaving baskets from brown ash trees. The brown ash tree is still used to weave baskets, along with sweetgrass gathered from the water’s edge. With more than 75 Native basketmakers in Maine, their art can be found on display at several museums including the Abbe Museum, Hudson Museum at the University of Maine at Orono, Maine State Museum in Augusta, Penobscot Nation Museum on Indian Island, Waponahki Museum at Pleasant Point, and the Passamaquoddy Tribal Museum at Indian Township.

Each year, Wabanaki culture is celebrated at annual events throughout the state. The Native American Festival and Basketmakers Market held each July in Bar Harbor at the College of the Atlantic is Maine’s largest gathering of Native American artists and features the celebrated Native American Arts Market. The Common Ground Country Fair in September in Unity, Maine Indian Basketmakers Sale and Demonstration in December at the University of Maine at Orono, and the Maine Native American Summer Market and Demonstration at Sabbathday Lake Shaker Village are wonderful opportunities to learn about contemporary Native American arts and their historical roots, not to mention the chance to take a piece of it home.

For the outdoor enthusiast, retrace the journey of famed poet Henry David Thoreau and his Penobscot guides through the Maine wilderness as they did in the 1800s. The Thoreau-Wabanaki Trail is a 200-mile hiking and paddling path through the North Woods over lakes, rivers and streams and through primitive forests. The trail is a unique and majestic way to experience the land that is so vital to the Wabanaki and to gain an appreciation of Maine’s outdoor beauty. The resourcefulness and knowledge of Thoreau’s Penobscot guides has been passed down through generations and is available to travelers today.

To learn more about the Wabanaki people and their time-honored traditions, visit the Maine Office of Tourism website at visitmaine.com.

Unlike many tribes in the eastern United States, the Wabanaki were never removed from their homeland. They have retained their languages and their culture, adapting to changing environments for thousands of years.
Waterfalls and swimming holes abound in Maine

Find them by hiking off the beaten path

BY SUSAN VARNEY
Correspondent

There are some wonderful hikes, waterfalls and swimming holes in Maine. Get a DeLorme Maine Atlas and start exploring. Get beyond the hike trails and community walking paths with bad boys and their unleashed, “He won't hurt you” dogs.

So maybe we want to get a bit further out from the rail trails. Serious hikers care about the trails, the other people using the trails, keeping the trails available, clean and safe.

Most places are pack-in, pack-out, take nothing but pictures and leave nothing but tracks. Also, it is recommended that people hike with a friend. It is more fun to share the adventure and if something does happen, an injured hiker has someone to drive him or her to the hospital.

Trails are often rough, rocky and narrow with tree roots — and even trees across the trail — mud, briars, steep, winding and unpredictable. Start out with short hikes and work up to longer more difficult hikes.

So why take to the woods and mountains? For the view of course; and the quiet, peaceful, fragrant walk. To get to the top of a mountain after struggling to get above the tree line makes it all worth it. (I once found a moose napping at the top of Sally Mountain near Jackman.)

Wear sturdy foot gear to protect feet and ankles from rocks and percussion stress.

Hikers should dress in layers so they can peel off or add on depending on weather changes. A person may sweat getting up the trail and then freeze in the wind at the peak. A sweater and windbreaker are always a good idea.

Light weight pants that dry quickly will protect legs from scratches and abrasions. Jeans are heavy and tend to hold moisture and get cold, so cotton is not a great idea. Synthetics will Wick away moisture and dry quickly, fleece is good as well as wool.

Take a day pack for water, food and extra clothing, a camera and binoculars may be wanted. A field guides for birds or flowers and even a sketch pad or watercolor pad with paints or pencils are also good choices. It all depends on where a person wants to hike, how long the hike and what he or she wishes to accomplish.

It is best to travel light, don't try to take too much or you'll get discouraged with the weight and bulk.

Getting to some of the best swimming holes requires a hike:

- Moxie Falls is the highest fall in New England. Moxie Stream drops from Moxie Pond (elevation 970 feet) for five miles to the top of the Stair Case Falls (elevation 800 feet). The next 2,000 feet from the top of the Stair Case to the bottom of the main falls drop 100 feet. It is spectacular in any season and all water levels. Off U.S. Route 201 in The Forks. Turn right onto Moxie Road before the bridge over the Kennebec to the West Forks. Travel a couple of miles on Moxie Road. There will be a marked parking area on the left. Follow the trail about half a mile to Moxie Falls and the Staircase Falls above the main falls. This is where you can find a pool to take a dip. Follow the fisherman's trail next to Moxie Stream and find a pool. It is always nice to leave an occupied pool to those who got there first; keep going, there are others. One of the best things about the Staircase is sitting under a small pour-over and enjoying the jacuzzi-like massage, then laying in the sun on a warm rock to dry.

- Smalls Falls Sandy River. Very Popular picnic spot on left about 10 miles north of Phillips on Route 4. Boardwalks and bridges help getting around. The best holes are above the main falls and require a bit of a hike. Rocks and ledges make the place interesting. (I can never go here without remembering a time in my youth when I was on my motorcycle headed north to Rangeley when a deer practically leaped over me as I passed Smalls Falls. It’s still one of my favorite spots.) To the best of my knowledge bus tours do not stop here like they do at Moxie Falls! Pick your day wisely.

- Houston Brook Falls. Take U.S. Route 201 to Bingham, cross the Kennebec, turn right on the Pleasant Ridge Road. Travel about three miles, watch for a sign on right to the falls. Hike through woods on good trail about half a mile to the 30 foot falls. Good swimming, and a short hike to a cove on Wyman Lake.

Finding a “Jacuzzi” hole on Moxie Stream is a real treat, where you can let the water pour off you for a natural massage.

Left, go wading in the Sandy River at Small’s Falls or hike up to the upper pools. Right, the picturesque Houston Brook Falls is a great place to explore and swim. The woman standing at the top of the falls puts the scale in perspective.
Winthrop region offers something for everyone

BY WANDA CURTIS
Correspondent

The Winthrop Lakes region is a great place to visit in the summertime. The many lakes, ponds, and streams provide a multitude of opportunities for boating, fishing and other recreational activities. There are also shops, eateries, historic landmarks, and festivals for those who prefer to stay on shore. Like other waterfront communities, the town of Winthrop’s population doubles during the summer.

Winthrop was once home to the Winthrop Mills Company which, according to the Maine Historic Preservation Commission, was one of the top manufacturers of woolen blankets in the U.S. Many residents were employed there. The Winthrop Mills Company Historic District has been listed in the National Register of Historic Places.

Another landmark in Winthrop listed in the National Register of Historic Places is the Ladies Delight Light which is a small lighthouse on Lake Cobbosseecontee (one of the longest lakes in Maine). The lighthouse was erected with the help of two oxen transported to the island. The story is told that only one oxen could fit on the barge that was used to transport it. As the mariners went back to retrieve the second oxen, they reportedly found the first oxen swimming back to the mainland. (It was thought to be lonely for the other oxen). The lighthouse was constructed. It’s the only Maine lighthouse on a fresh water lake. It’s been maintained over the years by the Cobbosseecontee Yacht Club.

While some people are interested in the history found in the Winthrop Lakes area, others are more interested in the lakes, ponds, streams and the natural beauty of the region. Columnist George Smith reported last year that, at one time, there were 39 camps for kids and inns for tourists in the Winthrop Lakes region. Winthrop is still home to a number of camps and lodging places today.

For those visitors looking for a nostalgic place to eat, Fast Eddies Drive In Restaurant and Ice Cream Parlor (located on Route 201 in Winthrop) will revive a lot of memories. Burgers, fries, and homemade ice cream are served by a car hop at the drive-in or inside where the walls are filled with memorabilia from the 1950s. The restaurant is open April-October.

Every Fourth of July, the Winthrop Lakes Region Chamber of Commerce sponsors the Fourth of July fireworks display at Norcross Point on Maranacook Lake. That event draws several hundred into town each year. There is also a 5K race that day sponsored by the Friends of the Cobbossee Watershed. It’s open to all runners, joggers, and walkers. Most of the course follows the scenic eastern shore of Maranacook Lake. All proceeds are used for conservation of the Cobbossee Watershed. The registration deadline is July 3 at 12 p.m. See runsignup.com/Race/ME/Winthrop/Friends+of+the+Fourth+Annual+5K for more details.

Later in the summer, the Chamber sponsors an annual Sidewalk Art Festival each year. That will be held on Main Street in Winthrop on August 19th this year. It will begin at 9 a.m.

Chamber director Barbara Walsh said that the show is growing every year and has several new artists and high-end crafters. In the past, there have been dozens of artists and crafts-people who set up.

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Winthrop

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booths on the sidewalks with painting, pottery, jewelry, and photographs.

In conjunction with the Sidewalk Art Festival, there will also be a Winthrop Summer Festival on Aug. 19. A schedule of activities has not yet been released but in the past, there have been bake sales and children’s activities. The day usually concludes with a Family Barbecue and Gumbo Festival to End Hunger hosted by the Winthrop Rotary Club. That has also drawn a large crowd.

The Bailey Library in Winthrop will offer a number of groups during the summer months including an open ukulele group, an acoustic group, a creative writing group, an open cribbage club, and others. They also offer clubs for children, including a Lego club every Wednesday at 3:30 p.m. There’s a youth craft hour every Tuesday at 3:30 p.m. There will be a library camp-in on June 30 at 3 p.m. and a tie-dye party on Aug. 8 at 2 p.m.

LADIES DELIGHT ISLAND LIGHTHOUSE

109 years old this year!

This unique 25-foot stone lighthouse on Ladies Delight Island, was constructed in 1908 and presented to the Cobbosseecontee Yacht Club. It is believed to be the only active inland waters lighthouse in the State of Maine.

Located in the bay near the north end of the lake, its light flashes 365 nights a year.

Placed on the National Register of Historic Places in 1984, this lighthouse had a severe list corrected in 2001, and a new marine grade aluminum top installed in July of 2005. Observers should find that this beloved old lighthouse now looks as majestic as it once did decades ago! This beautiful structure was formally dedicated on July 16, 2005 by retiring long-time CYC Commodore, Captain Hugh Stephens, also Keeper of the Light.

And, during the summer of 2011, further restoration was done to the exterior.

The lighthouse was erected with the help of two oxen transported to the island. The story is told that only one oxen could fit on the barge that was used to transport it. As the mariners went back to retrieve the second oxen, they reportedly found the first oxen swimming back to the mainland.
SKOWHEGAN CRAFT BREW FESTIVAL

Our river is flowing. So is the brew.

Saturday, September 2, 2017

Maine-crafted libations, farm-to-table fare, and live music in the streets of Skowhegan

SkowheganCraftBrewFest.com

Get $5 off VIP or GA ticket with the code Skowhegan17
When the dog days of summer finally make their appearance in Maine, what better way to celebrate than making the trek around the state to quench your thirst with a cold, handcrafted beer. Well, saddle up, because you’ve got a lot of traveling to do: at this writing, there are over 90 craft breweries in Maine and plenty of them are located nearby, making for easy day trips. The way life should be? Ayuh.

Before you head out, check the breweries’ Facebook page for hours of operation. They can change at a moment’s notice, depending on a weather event, holiday or perhaps a personal disaster (equipment failure) or joyful event (birth of a baby) in a brewer’s life. You’ll also see specials, if any, which beers are on tap and whether food is offered. If they don’t have a Facebook page, call ahead to confirm the hours. Some do not have phone numbers, so you’ll have to just go and check them out!

CENTRAL MAINE:
Skowhegan boasts two craft breweries, Oak Pond, which has been brewing since the 1990s, and Bigelow Brewing, which just celebrated its third anniversary. Dip into the former for a tasting and a growler refill, then head up to Bigelow, where you can relax and have freshly-made pizza baked on their massive outdoor wood-fired oven.

Oak Pond Brewing Company
101 Oak Pond Road
Skowhegan, 474-3233
www.oakpondbrewery.com

Bigelow Brewing Company
47 Bigelow Hill Road
Skowhegan, 399-6262
www.bigelowbrewing.com

LEWISTON/AUBURN:
Once a falling down wreck of a mill building, the home of Baxter Brewing Company is restored and thriving, making some of the most popular beer in Vacationland. The first to package all its beers in cans, Baxter has expanded production a few times since its inception. Take the tour, sample the beers in their tasting room, then head over to Gritty McDuff’s for lunch or dinner (and more great beer). Watch for news of the annual Dempsey Challenge, sponsored by Gritty’s, with proceeds of this hike race begun by Turner native Patrick Dempsey. Proceeds go to the Dempsey Center, whose mission is to improve the quality of life for anyone impacted by cancer.

Baxter Brewing Company
70 Lincoln St., Lewiston, 333-6769
www.baxterbrewing.com

Bear Bones Beer
43 Lisbon St., Lewiston, 200-1324
www.bearbonesbeer.com

Gritty McDuff’s Brewpub
68 Main St., Auburn, 376-2739

Liberal Cup Public House & Brewery
115 Water St., Hallowell, 623-2739
www.theliberalcup.com

DOWNEAST AREA:
From the “grandpa” Atlantic Brewing Company, which has been brewing since 1990, to Airline, which set up shop in Ellsworth just last year, the beer just keeps on coming. How could you not want to spend a day or two in Bar Harbor, gadding about tasting brews and eating seafood?

Airline Brewing Company
173 Main St., Ellsworth, 584-2337
www.airlinebrewing.com

Atlantic Brewing Company
15 Knox Road, Bar Harbor, 288-9200
www.atlanticbrewing.com

Deep Water Brewery at the Vinery
33 Tenney Hill Road, Blue Hill, 374-2411
www.tenneyhillvinery.com

Strong Brewing Company
7 Old Rope Ferry Road, Sedgwick
www.strongbrewing.com

WESTERN MOUNTAINS AREA:
You can do some white water rafting or just sit in a quiet college town and sample craft beer. Whatever your choice, it’ll be the right one. At Penobscot, you’ll be delighted to be able to sample beer and wine. Double the fun.

Penobscot Bay Brewery
Winterport Winery
279 South Main St., Winterport, 223-4624
www.winterportwinery.com

Tumbledown Brewing Company
505 Farmington Falls Road, Suite 7
Farmington, 944-0697
www.tumbledownbrewing.com

Kennebec River Pub and Brewery
1771 U.S. Route 201, West Forks
www.kennebecriverpub.com

MIDCOAST AREA:
Whether on the ocean or tucked inland, these brewers are making spectacular brews and some are serving food to go with them. From newbies Flight Deck and Threshers Brewing (2016) to mainstays Oxbow and Maine Beer Company (where people line up at 4 a.m. to get their sought-after beer named Dinner), you’ll get your fill of pale ales to saisons all summer long.

Boothbay Craft Brewery
301 Adams Pond Road
Boothbay, 633-3411
www.boothbaycraftbrewery.com

Flight Deck Brewing Company
(on the former Brunswick Naval Air Station)
11 Atlantic Ave., Brunswick
www.flightdeckbrewing.com

Liberty Craft Brewing
7 Coon Mountain Lane, Liberty, 322-7633
www.libertycraftbrewing.com

Lively Brewing/Ebenezer’s Brewpub
112 Pleasant St., Brunswick, 373-1840
www.ebenezersbrewpub.com

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GREATER BANGOR AREA:
Like the proverbial mushrooms springing up after a spring rain, breweries are opening in the Bangor area at a breakneck pace, giving Portland a run for its money. Geaghan’s and Orono Brewing now have two locations each, because you just can’t make enough great beer. Although you can’t visit Friar’s Brewhouse, pick up Whoopie Pie Porter at the Bangor Wine and Cheese or another of many bottle shops that sell their flavorful beers. Don’t want to drive? Check out the Growler Bus, which takes folks on different tours, including the Bangor area, Mid-coast, Mt. Desert Island and more. See their website at www.thegrowlerbus.com or call them at 307-6666.

2 Feet Brewing Company
80 Columbia St., Bangor, 573-1979
www.2feetbrewing.com

Airline Brewing Company
22 Mill Lane, Amherst, 584-2337
www.abcmaine.beer

Black Bear Brewery
19 Mill St., Suite 4, Orono, 949-2880
www.blackbearmicrobrew.com

Blank Canvas Brewery
46 Betton St., Brewer
www.facebook.com/blankcanvasbrewing

Geaghan Brothers Brewing Company
34 Abbott St., Brewer, 945-3730
Geaghan’s Pub
570 Main St., Bangor, 945-3730
www.geaghans.com

Maniacal Brewing Company
349B Harlow St., Bangor, 307-6242
Co-owner/brewer Justin Amaral says they are projecting to be open in July, 2017, pending another license. They will have a tasting room and a restaurant.

Marsh Island Brewing
2 Main St., Orono, 866-1277
www.marshislandbrewing.com

Mason’s Brewing Company
15 Hardy St., Brewer, 989-6300
www.masonsbrewingcompany.net

Orono Brewing Company
20 Main St., Orono, 866-4677 and 26 State St., Bangor, 282-5027
www.oronobrewing.com

Sea Dog Brewing Company
26 Front St., Bangor, 947-8009
www.seadogbrewing.com

Brew Festival Tours and Tastings
Photos by Kate Cone
Andy Geaghan is ready to greet festival-goers at the 2016 Maine Brewers Guild Summer Session.

Smuggler’s Den Campground
20 Main Street, Southwest Harbor, Maine
Hosted by Southwest Harbor & Tremont Chamber of Commerce
www.acadiaoktoberfest.com
Festivals celebrate Maine brews

BY KATE CONE
Correspondent

Summer is the time to get the best value and have the best time by attending beer festivals happening all over Maine. Remember, most are 21-pluz events, so unless the festival specifies otherwise, the kiddos will have to stay home. So will Rover.

String up some pretzel necklaces to snack on while you sample, find a designated driver (there are usually reduced-price DD tickets) and get ready to taste some great beers from Maine and beyond. Check the websites noted. Many of these fests sell out. Get your tickets soon and pay attention to specific parking and other details. You won't be disappointed once you get there.

TAP INTO SUMMER
WHEN: June 17, 2017
WHERE: Bangor Waterfront, Front Street, Bangor
This year is the 35th Annual Tap into Summer, featuring 25 Maine Breweries who will offer samples of their different brews. VIP session costs more, but includes lunch with the brewers, an additional hour of unlimited samples, and a Tap into Summer T-shirt. There also is an option to sample both beer and wine, a truly rare opportunity at a beer festival. Must be 21. Tickets: www.visitbangormaine.com

ALLAGASH STREET FAIR
(Family Friendly)
WHEN: June 24, 2017
WHERE: Industrial Way, Portland
The third annual Street Fair will feature performers from Circus Maine, local musicians playing on both event stages and a Pinewood Derby, open to any entrants, proceeds going to Boy Scouts of America. Other attractions will include an arcade with games, food trucks (if you haven’t experienced Marri street food yet, here’s your chance), Q&A with brew master, Jason Perkins, local artisans, a photo booth, and more. Children welcome. Service pets only. Tickets: www.allagash.com/street-fair-2017

GREAT FALLS BREWFEST
WHEN: June 24, 2017
WHERE: Simard-Payne Memorial Park, Lewiston
Baxter Brewing Company presents the fourth annual Great Falls Brewfest. Boasting 46 breweries pouring more than 150 beers, this festival will also feature food trucks, disc golf, a cornhole tournament, canoe race, a four-mile road race and live music. To buy tickets and for more information go to www.greatfallsbrewfest.com

CRAFT BREW RACES, Portland
WHEN: July 1, 2017
WHERE: Edward Payson Park, 700 Baxter Boulevard, Portland
The Craft Brew Race consists of a relaxed 5k (walkers welcome) around Back Cove followed by a beer festi-

RAILS, TAILS & ALES:
The Midcoast Craft Beer Festival
(Family Friendly)
WHEN: July 15, 2017
WHERE: Boothbay Railway Village, 508 Wiscasset Road, (Route 27), Boothbay
Visitors will enjoy great craft beer from Maine breweries, an outdoor car show, plus a family-friendly setting including steam train rides and admission to the museum. Live music by the popular Scott Davis Blues Band. Tickets: www.railwayvillage.org

MAINE BREWERS GUILD
2017 SUMMER BEER FESTIVAL
WHEN: July 23rd, 2017
WHERE: Thompson’s Point, Portland
Maine Breweries Guild’s mission is a noble one: to promote the Maine craft beer community, celebrate the incredible offering of Maine-brewed beer and raise funds for the Guild. The Guild has negotiated a block of rooms at the “walkable” Clarion Hotel. Minimum stay is two nights, no pets. No smoking. Please note: No one under age 21 will be admitted. ID costs more, but includes lunch with Churchill Events and Catering as we dive into the science behind food and wine pairings,” and a new “how to” series, such as How to Host a Cocktail Party. Check out the website, because some classes have already sold out. There is a second tasting room and event location at Thompson’s Point in Portland.

Follow the wine trail through Maine

BY KATE CONE
Correspondent

It’s darn hot and sticky and you’re wishing for a reprieve from the dog days. You find yourself complaining, and your spouse asks, “Do you want some cheese with that wine?” Despite the joke, wish granted. All that’s needed is a car and the wine trail information that follows.

In recent years, vintners have been able to acquire grapes that have been bred for Maine’s climate, adding delicious grape varieties to the well-established, excellent fruit wines that have been made for decades. Clem, the owner of Yountivity Winery, co-founded the Maine Wine Guild. He stresses that “we want to educate people to the fact that wine is not a ‘hoity-toity’ beverage.” So if you’re a beer drinker, do yourself a favor and at least try some wine with that cheese.

In the Mid-Coast region, truly a destination. Breakwater Vineyard not only makes wine, but grows the grapes in its vineyard and maintains a farm with dairy goats. Bees provide honey for Breakwater’s mead. Say hello to Pinot Noir —the goat, not the wine — and taste the chervé along with the wines, in an old rocking chair on the porch or in the tasting room.

Located in a completely restored 200-year-old farmhouse and barn, Cellardoor offers so much more than a tasting of wine. It offers classes such as Taste of Spain, which will include demonstrations, hands-on opportunities and sampling of Spanish wine and food. Among the several “Pairings,” is one described thus: “Enjoy small plates inspired by the summer (barbeque) prepared by Churchill Events and Catering as we dive into the science behind food and wine pairings,” and a new “how to” series, such as How to Host a Cocktail Party. Check out the website, because some classes have already sold out. There is a second tasting room and event location at Thompson’s Point in Portland.

Fat Friar’s describes mead as a “honey” wine, “an alcoholic beverage produced by fermenting a solution of honey and water.” It’s in a class all by itself, so make sure to get outside your comfort zone and try it. While in Newcastle, make sure to visit Oxbow Brewery.

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Wineries

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There is a zone I like to call The Midlands, because it’s not on the coast, and it’s not along Route 95, but between the two. Two stellar wineries are worthy destinations, and are on the way, if you are heading out to the coast:

Located on a farm that has existed since the 1700s, Savage Oakes boasts “star” power beyond its gold-medal winning wines. This summer, singer Graham Nash (remember Crosby, Stills, Nash and Young?) will appear in concert. Not enough? How about Lyle Lovett? Owners Elmer and Holly have been growing grapes and peaches for the Maine climate since 2002 and now have four acres that comprise their vineyard. They produce naturally raised meat, host weddings and provide corporate or nuptial bar service. Sit at the bar and sip a tasting of Barn Door Red, General Knox (if you can keep it in stock) or First Kiss.

Savagegrass’ tasting barn has a spectacular view across rolling woods and fields, which you can enjoy from the deck. Keith studied enology at the viticulture school at University of California/Davis, and his wines show it. His Back River Gin has been named as one of the top 50 spirits in the world by Wine Enthusiast magazine. Loyal to Maine growers, Keith and his wife Constance used 70,000 pounds of local fruit and grain in their products last year.

Let’s go Downeast to Bar Harbor Cellars, both grape and fruit wines are produced here, and on the premises, in the Sweet Pea Cafe, serving wood-fired pizza and other items. Wine tastings happen all day long in-season (that’s now, folks) and include sips of six wines. Right down the road is Atlantic Brewing Company, so decide between pizza and barbecue for lunch, to go with the wine and beer.

Back to 1983, Bartlett Winery is the granddaddy of Maine wineries. From eight varieties in 1983 to 20 types of wine in 2017, they embody the determination and insistence on quality that consistently earns them awards.

Named for a ghost who is rumored to still haunt the area, Catherine Hill Winery offers wines that reflect owners Eric and Susan Meyers’ philosophy of turning out irresistible wines using “traditional, artisanal hand crafting methods.”
Festivals, music and museums highlight Farmington summer fare

The summer includes celebrations of the area’s history and contributions to the state, including an enthusiastic Fourth of July parade down Main Street at 10 a.m.

The 2017 Farmington Summer Fest will be held from 2 p.m. to 9 p.m. on Friday, July 21 and from 10 a.m. to 9 p.m. on Saturday, July 22. The day includes a farmers market, food court, artists and crafts people, storytelling and musical performances throughout the day and into the evening.

Those who love Italy’s Golden Age of classical music will enjoy a rare opportunity to hear exquisite instrumental and vocal music at 7:30 p.m. on Saturday, July 29, in Merrill Hall’s Nordica Auditorium. The concert will feature music, demonstrations, artists, food and a business showcase. The event will be held rain or shine. Admission is $5 for adults and children 12 and under are free.

Farmington is surrounded by outdoor opportunities, small antique shops and unexpected discoveries. Halfway between Farmington and Kingfield, on Route 27, Nowetah and Tom Cyr offer a 2,400-sq. foot museum and shop filled with American Indian culture and history; open daily from 10 a.m. to 5 p.m.

“The museum is free, which gives everyone a chance to visit and browse regardless of finances. We do make and sell Indian crafts and take donations, too.”

TOM CYR, AN OWNER OF NOWETAH’S INDIAN STORE AND MUSEUM

“Best Sporting Museum in New England has ever known. For more information, visit the Facebook page or call 628-4061.

On Saturday, June 24, at the Kennedy Farm in Kingfield, visitors will enjoy the 15th annual Farmington POPS evening concert. This family-oriented music event is designed to appeal to all ages and always ends with a spectacular fireworks finale. Along with the Bangor Symphony Orchestra, the evening will include the Jason Spooner Band, Ghost of Paul Revere, Lula Wiles, the Maine Youth Rock Orchestra and Sultans of String. Gates open at 4:40 p.m.

Visit www.kingfieldpops.com for tickets, directions and information.

On Aug. 4-5, come to the annual Wilton Blueberry Festival. The two days are packed with other performances, contests, boat rides, the Saturday morning mile-long parade and plenty of all things blueberry. For more information, check www.wiltonbbf.com for directions and scheduled events.

At 7 p.m. on Friday, at the Academy Hill School, the touring group ReCreation will offer a spirited collection of dance, costumes and songs. The show also focuses on gratitude for the country’s veterans with several patriotic songs. The Rangeley village of Orquessoe is home to what Yankee Magazine twice has called the “Best Sporting Museum in New England” in its short eight-year history.

On June 23, the Outdoor Sporting Heritage Museum will unveil legendary fly tier Carrie Stevens’ 6-lb. 12-ounce brook trout caught in 1924, just steps from her home at Upper Dam. This famous catch took second place in the 1924 Field and Stream National Fishing Contest.

The museum will offer a new exhibit: F. E. Thomas Rod Maker, featuring the craftsmanship and history of this renowned builder of fine fishing rods. Born in 1854, Maine’s own Fred Thomas is widely regarded as one of the finest cane fly rod makers the world has ever known. For more information about these exhibits and many scheduled events, visit www.rangeleyoutdoormuseum.org or call (207) 864-3089.

“The museum is free, which gives everyone a chance to visit and browse regardless of finances,” said Tom Cyr. “We do make and sell Indian crafts and take donations, too.”

15TH ANNUAL
Kingfield POPS
Saturday June 24th
Kennedy Farm, Kingfield

10 A.M. TO 6 P.M.

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Look to the western mountains of Maine for a special vacation

Day tours, biking, golfing and ziplining

BY DAN CASSIDY
Inside the OUTside Columnist

Maine’s summer season is off to a slow start this year mainly due to heavy rains, overcast skies and cool temperatures, but let’s hope it extends into a longer fall.

If you’re looking for some exciting things and places to enjoy biking, hiking, canoeing, kayaking and many other outdoor activities — or just relaxing — the western mountains of Maine is a special place for a laid-back vacation, whether it’s spring, summer, fall or winter.

Some things you won’t find in the Carrabassett region are traffic lights, traffic jams or congested highways. Carrabassett Valley is located on Routes 16 and 27 in the Western Mountains of Maine, from Kingfield to Coburn Gore, and west to the Rangeley lakes region.

The drive heads northwest along the Carrabassett River from Kingfield to the Stratton area, where the North Branch flows into Flagstaff Lake and the Dead River.

The northern Franklin County and Carrabassett Valley areas are unspoiled. There are many recreational opportunities around Sugarloaf, Saddleback and the Bigelow Mountain ranges.

Mountains Ponds
Lakes and Links

The surrounding mountains is where you’ll find hiking along the Appalachian Trail, traversing the Bigelow Mountain ranges or biking along the many trails, canoeing and kayaking on more than 100 ponds and lakes. There also are picturesque golf courses to play at both Saddleback area and Sugarloaf.

“Bikes are allowed on Sugarloaf Mountain, however there are no developed bike trails on the mountain or lift access,” said Noelle Tuttle, Sugarloaf Mountain communications manager in an email interview. “The best biking is on the Carrabassett Valley Trail network at the Outdoor Center and off the Narrow Gauge Pathway.”

CVA summer programs
Carrabassett Valley Academy

is lining up some great opportunities for young athletes this summer. “Activities are open to kids from anywhere, not just CVA students,” according to Sarah Perry, Director of Marketing and Communications at CVA.

Trampoline and Skate camp

Nate McKenzie is heading up an exciting camp this year, along with guest coach Keegan Kilbride. “The camp is an excellent way for skiers and riders, ages 9 to 17 to sharpen their winter skills during the off season,” Perry said in an e-mail interview. “Students will have a chance to increase their skill levels and improve confidence. Sessions begin July 9 through July 15 and July 16 to July 22. Other activities include a rafting trip in mid-July,” she said. For additional information, call 237-4947 or log onto: nmckenzie@goCVA.com.

Biking and hiking

The Sugarloaf Outdoor Center offers bike riding and rentals of a variety bikes. There are over 50 miles of single and double track trails available for riders of all abilities.

Spinnin’ Sugar is a ladies-only mountain bike group that rides in the Carrabassett Valley area every Thursday beginning at 5:30 p.m. “It’s a ladies’ only mountain bike group that goes all summer as long as the trails are open, with a no-drop, social skill development ride for all abilities. It’s free and open to anyone who wants to come,” said NEMBA member Cathy Morton.

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There is also a co-ed ride every Tuesday, and it’s free and open to anyone, but it is fast pace,” she said. Morton can be contacted at cathymorton@hotmail.com.

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Carrabassett
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CVOA Shooting range
The Carrabassett Valley Outdoor Association (CVOA) provides a shooting range just off Routes 16 and 27, close to the Appalachian Trail. The Stratton Recreation Department offers a summer program as part of its activities. Neal Trask of Carrabassett Valley runs the Range. The facility offers a variety of target shooting venues, including skeet shooting with shotguns, handguns, rifle and bow and arrow target ranges and clinics to help with firearm sightings. “While the gate is locked, people are welcome to walk in and use the range during daylight hours,” Trask said. “If there are children coming in, they would have to be supervised.”

Trask said that they don’t have people there to supervise on a regular basis. “There are times, such as Homecoming, where we provide guns, ammunition and have children shooting, but we don’t do it on a regular basis,” he said.

If there are Recreation Department interested in visiting the shooting range, contact Neal Trask at 235-2732.

Sugarloaf Segway tours
A unique adventure awaits with Segway Personal Transports. The adventure begins at the Outpost Adventure Center in Sugarloaf Village.

The tour will take you off road and onto the Sugarloaf trail system. Coaching is available before heading out for a 20-minute to 9-minute guided tour. Hiking boots or athletic shoes are suggested. Reservations are recommended. For additional information, call the Loaf at 1-800-THE-LOAF or log onto www.sugarloaf.com.

Sugarloaf Zipline cruising
Sugarloaf Mountain offers an exciting high-speed cruise through the Maine woods this summer. A shuttle will get you to the top of the course where you’ll be dropped off. You’ll be strapped in securely 20 to 30 feet from ground level with a harness. From there, you’ll zip your way over the path of Gondi Brook and the old Sugarloaf Gondola.

The tours feature six different lines where you’ll reach top speeds of close to 25 mph. Make sure to bring a camera. The tours run every 90 minutes. For additional information, contact Sugarloaf Mountain call 1-800 THE LOAF or log onto: www.sugarloa.com.

Golfing in Carrabassett Valley and Rangeley areas
There are several golf courses in the western mountains of Maine that offer challenging holes and picturesque views of the mountain ranges and lakes.

Mingo Springs Golf Course has 18 holes of 6,270 yards, located at 43 Country Club Road, just two miles from the center of Rangeley. Contact 864-5021.

Evergreen Golf Club has nine holes of 3,290 yards, located at 522 Dallas Hill Road, Rangeley. Contact 864-9055.

Sugarloaf Golf Club is a picturesque setting for this challenging course. Located just off the Access Road of Sugarloaf Mountain, the course recently earned No. 1 in Golf week’s annual ranking of top courses in Maine. Programs include beginner weeks, and short game tune-up weekends. There is a driving range with designated golf school tees. The par-72 course has a distance of 6,910 yards or for tee times, call: 207-824-6122. For additional information contact (1-800) 843-5623.

Golf program
Sugarloaf is also offering three-week-long Nike Junior Golf Camps again this summer from June 25-29, July 16-20 and July 30 to Aug. 3. “Campers will work to develop skills in all aspects of the game under instruction from Head Golf Pro Zach Zondlo, as well as learn the rules and etiquette of play,” said Tuttle, the communications manager.

A Sport Academy for local kids ages 5-18 helps them learn the game of golf on one of Maine’s premier courses. “We have the support of the Town of Carrabassett Valley. This program offers instructional time with Sugarloaf, golf professionals, free clubs, unlimited play during class sessions, use of the driving range and an end of season awards cookout,” she said.

White water expeditions
Maine Kayak Expeditions provides what could be the trip of a lifetime for those seeking an exciting two weeks exploring in some amazing scenery, spotting wildlife, paddling the Rapid River and learning survival techniques.

The primary trip leader is Lionel Herring, owner of Maine Kayak Expeditions. He is a Professional Maine Guide, Wilderness First Responder and expert instructor with over 30 years of whitewater wilderness trip leader experience.

The two-week whitewater kayaking expedition is co-ed, for ages 14 to 17 and runs for 15 nights and 16 days, beginning July 9 through July 24. No previous wilderness or paddling experience is necessary. You’ll find wildlife sightings, paddling on flat water to class IV rapids in remote sections of Maine. Here, you’ll enjoy the wilderness experience, outdoor cooking and lots of fun. For additional information, call or e-mail Maine Kayak Expeditions at 225-8863. E-mail: happy@tdtelonline.net

The Wire Bridge
For day-trippers this summer in the Carrabassett Valley area, there is a unique Wire Suspension Bridge spanning the Carrabassett River, one mile east of Route 27 in New Portland. There were only four bridges like this one that was built in the 1800s by David Elder and Captain Charles B. Clark. There are picnic tables located along the shore that can be used for picnics by tourists. The Maine Chapter of the American Society of Civil Engineers recognizes the bridge. The bridge has been established as the only one of its kind currently being traveled across daily.

The Wire Bridge was erected in 1866. It is one of Maine’s historic landmarks.

Hiking the trail system
The Western Mountains and Carrabassett Valley of Maine offer some challenging and picturesque hiking trails, several exceeding 4,000 feet.

The Appalachian Trail enters Maine from New Hampshire and runs through Saddleback and Sugarloaf areas. There are 14 mountains that are 4,000 feet. In the Carrabassett region, they include Saddleback, Mt. Abram, Sugarloaf, Mount Bigelow, Avery Peak and West Peak and the Crocker’s.

Maine Huts and Trails
Many hiking trails for the casual trekkers meander around the bases of several of Maine’s highest mountains. The Maine Huts and Trails System has over 80 miles of trails where hikers can enjoy hiking and paddling. You have choices of canoeing, paddle-boarding or kayaking, on flatwater with impeccable views of mountain ranges. Lodging and meals are available at Stratton Brook, Poplar and Flagstaff Huts. For additional information on Maine Huts & Trails call 265-2400 or search online at lodging@mainechs.org.
How to figure out what clouds can tell us about the weather

Meteorologists rely on electronic equipment and their knowledge of weather patterns to provide forecasts each and every day. But weather can be unpredictable, and even the most reliable weather prognosticator can sometimes get it wrong. And what if you haven’t got access to a weather report at the moment? Novices can try their hands at predicting the weather by interpreting the environmental signs around them.

Earth science is a part of many elementary school curriculums. Current students and adults can use what they learn or have learned about cloud types and formations to determine if rain is coming or if they can leave their umbrellas at home. Clouds can say a lot about both the current weather and what’s to come.

According to Weather Wiz Kids, clouds are formed from very tiny droplets of water or ice crystals. Because the droplets are so small and light, they can float in the air. The characteristics and look of clouds are dictated by temperature, height, wind, and the amount of water vapor in the air, as well as the influence of other air masses.

Clouds can say a lot about the weather, and weather prognosticators have relied on clouds for centuries to help make their predictions. Understanding clouds and what makes each cloud type unique can help amateur meteorologists impress their friends and avoid being caught in inclement weather.

- **Altostratus:** These mid-level clouds that look like a layer of white and gray cotton. The presence of these clouds may indicate rain is on the way.
- **Cumulus clouds:** These clouds can look like cauliflower in shape. While they’re usually seen in fair weather, they can produce short spurts of rain.
- **Cirrus:** Cirrus clouds are high, wispy and feathery and found above 20,000 feet. Cirrus clouds can indicate that a storm system is approaching within a day or so. This may be especially true if cirrus clouds are showing tails. According to The Homeschool Scientist, seeing a few cirrus clouds in the sky means that fair weather is on the way. If they grow in number and almost cover the sky, look for rain within 24 hours.
- **Cumulonimbus:** These towering clouds are good harbingers of rainy weather. They tend to form when thunderstorms are imminent. They also may accompany strong storms that produce hail, wind and even tornadoes.
- **Stratus:** Low-lying, flat and gray, stratus clouds are usually seen during rain, snow or misty conditions.

Cloud watching can be an interesting hobby and a great way to grow acquainted with the workings of weather systems. Children can take chances predicting the weather based on cloud formations to see if their predictions come true.

**By Valerie Tucker**

This summer, Bangor will host concerts, folk festivals and wine tastings, all under the watchful eye of the 31-foot-tall Paul Bunyan statue that is a memorial to his lumber heritage.

On June 16, the third annual **Wine on the Waterfront** will feature 17 Maine wineries and distilleries with samples of their wines and spirits. The event starts with a VIP Session from 4:30-5:30 p.m. and a General Session from 5:30-8 p.m. The VIP session includes food from local vendors and an additional hour with special wines and spirits. For more information, call 947-5205 or visit [www.downeast-bangor.com](http://www.downeast-bangor.com).

On June 17, the fifth annual **Bangor Beer Festival** features 25 Maine breweries and their samples of many different brews. The VIP ticket holders can start at the Convention Center at noon with a lunch with the brewers, a Tap Into Summer! T-shirt, and plenty of time for questions. General Admission ticket holders will attend from 1-5 p.m.

The city’s very traditional July 4th Independence Day celebration starts with a pancake breakfast at the Brewer Auditorium from 7 to 10 a.m. The long and enthusiastic grand parade starts at 11 a.m., working its way from Brewer, across the Penobscot River bridge, to Bangor. Other festivities include a free concert on the Bangor Waterfront from 2-9:30 p.m. The day will end with fireworks over the Penobscot River at 9:30 p.m.

This summer is filled with big name entertainers at Darling’s Waterfront Pavilion. The Waterfront Concerts series is featuring country, vintage rock, and alternative and indie bands. The Dropkick Murphys, an American Celtic punk rock band, country star Sam Hunt and classic rock bands Styx and REO Speedwagon are just a few of the headliners booked for the summer. Visit [www.waterfrontconcerts.com](http://www.waterfrontconcerts.com) for ticket information and show times.

From Aug. 25-27, the American Folk Festival on the waterfront will feature music and dance by international performers. With four stages of music and dance, traditional craft demonstrations and exhibits, a children’s activities area, ethnic food, regional specialties and traditional festival favorites, the annual festival has become a must-do for music lovers. Festival performers offer a variety of musical styles and broad appeal.

Selwyn Birchwood is one of the top young stars playing the blues today. The Tampa Tribune said Birchwood plays with “power and precision reminiscent of blues guitar hero Buddy Guy. He is a gritty vocalist (who is) commanding with his axe.” Birchwood’s honors include being named the winner of the 2013 International Blues Challenge.

Singer Cora Harvey Armstrong has been a favorite Gospel act at festivals and celebrations around the world for more than 40 years. Les Poules a Colin is a five-piece Quebecois group that formed in 2009. The group offers Quebecois traditions and a blend of jazzy, pop, folk, bluegrass and contemporary styles.

The ever-popular C.J. Chenier and the Red Hot Louisiana Band is led by Clayton Joseph Chenier, the son of zydeco great Clifton Chenier. The Las Cafe Teras band has been described by the LA Times as “uniquely Angeloeno mishmash of punk, hip-hop, beat music, cumbia and rock...live, they’re magnet...” Visit [www.americalfolkfestival.com](http://www.americalfolkfestival.com) for directions, ticket prices, lodging and accommodations in the area.

The Maine Discovery Museum at 74 Main Street offers several exhibit areas on three floors. Kids can dig for dinosaur bone replicas, reconstruct a full dinosaur skeleton and get close-up with turtles, geckos, bearded dragons, snakes, and other fascinating creatures. This summer, the museum features a new aquaculture exhibit, where youngsters can dig for shellfish and view and touch other sea creatures that are harvested commercially in Maine. This is the largest children’s museum north of Boston and is housed in the historic Freese’s building in downtown. It’s open from 10 a.m. to 5 p.m., Tuesday through Saturday, and from noon to 5 p.m. on Sunday. General admission is $7.50 for children and adults. For more information, visit [www.maine-discoverymuseum.org](http://www.maine-discoverymuseum.org).

Bangor also is part of the Maine Highlands, so outdoor enthusiasts can choose among five other distinct regions for exploration: Moosehead Lake, Katahdin, Lincoln Lakes, Sebastian Cook Valley and Southern Piscataquis Valley.

The region is home to Maine’s longest river, tallest mountain, largest freshwater lake and the Grand Canyon of Maine. For more information, contact the Greater Bangor Convention and Visitors Bureau at [www.visitbangormaine.com](http://www.visitbangormaine.com) or call at (800) 91-MOOSE (66673).
Pittsfield’s 45th annual Central Maine Egg Festival takes shape

BY VALERIE TUCKER
Correspondent

The Kennebec Journal has named Pittsfield No. 1 on a list of central Maine’s 10 prettiest villages in the Kennebec Trails. The town has other claims to fame — friendliness, great schools, affordability and amenities. One offering each summer draws the crowds to a celebration of the town’s rural roots.

The 45th annual Central Maine Egg Festival will be held Monday, July 10 through Saturday, July 15. The Egg Festival Committee has scheduled its events the same week as the Kiwanis Karnival, hosted by the Greater Pittsfield Area Kiwanis Club. This year’s festival theme will be “Musical Egg-cellence.”

A volunteer committee is planning a week-long schedule of activities, including live music, an art show, window painting, plenty of great food, a Grand Parade and Egg-lympics. The event theme is Everything Water, according to Town Manager Jim Ricker.

Pittsfield Summer Concert Schedule:
June 28: Red Eyed Fox
July 6: Northside Ramblers
July 13: Pete Witham and the Cosmic Zombies
July 19: Riff Johnson
July 26: Cold Engines
Aug. 3: Kids Tour de Force
Aug. 8: Sugarbush
Aug. 17: The Resistance
Aug. 23: Con Brio Brass
Aug. 29: Denny Breau

Newport

The Newport Riverwalk Festival Committee is hosting its first annual Riverwalk Festival on Saturday, Aug. 15. The schedule is still in development, but visitors can expect fun for the entire family, with games, an art show, tug-of-war, a parade and a street dance. The event theme is Everything Water, according to Town Manager Kathryn Ruth.

Nearby, Sebasticook Lake offers swimming, boating and fishing. Multiple fishing tournaments will be scheduled throughout the summer months. Contact www.newportmaine.net for dates and prizes.

Pittsfield’s 45th annual Central Maine Egg Festival takes shape
There’s a tour for you in Bar Harbor

BY ANNA MCDERMOTT
Correspondent

In Maine, when we’re surrounded by so many opportunities for great outdoor adventure and unique communities to explore, we could forget that off the mainland is one of the most beloved places in America - Bar Harbor and Acadia National Park.

Bar Harbor is the perfect size for walking tours and the gorgeous Frenchman Bay offers numerous sightseeing and tour options to make a fun-filled summer day.

Looking to learn a little and perhaps be a bit spooked? Bar Harbor has two fantastic nighttime tours. Red Cloak Haunted History Tours offers evening lantern-lit tours of historic Bar Harbor so visitors can discover some of Bar Harbor’s mysteries.

Bar Harbor Ghost Tours has historically dressed tour guides that delight in bringing you ancient tales of Wabanaki Indian spirits and other frightful and historic hauntings about town, all told in the eerie light of their blue lanterns. Both tours operate nightly, May through October.

Feeling peckish? Bar Harbor is lucky to have Maine Foodie Tours in town, taking visitors on walking tours to a variety of culinary arts-based locales on the Savor Bar Harbor Culinary Walking Tour. Visit a mix of restaurants, pubs and shops for tastes of artisan foods that include samples of mini lobster rolls, duck fat fries and award-winning local cheeses. They also offer a Happy 2-Hour Tour for an entirely different perspective of the town as foodies enjoy locally crafted beer, cocktails and light appetizers. This a perfect way to end a day of outdoor adventure on Mount Desert Island.

For those seeking a challenge, or if you just want to see Acadia National Park from a new vantage point, the Atlantic Climbing School has been teaching visitors to rock climb for more than 20 years. The vast majority of their clients have never rock climbed before but those who try it, love it. This is Bar Harbor’s highest-rated outdoor activity on TripAdvisor and great for adventurous families. Enjoy the thrill of rappelling off cliffs above the ocean, accompanied by trustworthy and skilled guides every inch of the way.

If you’re ready to rest your feet for a day, Bar Harbor has you covered. Come aboard a sightseeing boat and experience Mount Desert Island from the sea. Acadia National Park Tours offers Bar Harbor’s longest running and most popular cruise. See the highlights of Acadia National Park, seals, eagles, osprey, harbor porpoise, vintage summer mansions, rocky cliffs, lobster boats at work, Egg Rock Lighthouse and more on this two-hour cruise of Frenchman Bay. And feel free to bring your four-legged friend, the cruise is pet friendly!

For a unique hands-on experience, check out Diver Ed’s Dive-In Theater aboard his vessel, the Starfish Enterprise. Diver Ed dives down to the ocean floor and brings up his discoveries for an entertaining and educational trip for the whole family to enjoy.

One of Bar Harbor’s most popular tours is on the Lulu Lobster Boat, a traditional Downeast lobster boat. Enjoy a two-hour tour of Frenchman Bay and experience an up-close demonstration of lobster fishing, fascinating seal watching and breathtaking coastal scenery. This tour offers something for all ages to keep you fascinated and learning about Maine’s favorite crustacean.

Hop aboard an old-fashioned trolley for a scenic and educational tour on Oll's Trolley. There is a two-and-a-half-hour fully narrated Acadia National Park Tour for the most complete and comprehensive sightseeing experience in the Downeast area. Adults and children alike will enjoy learning about Acadia National Park's unique history, and seeing its diverse geology, flora, and fauna in person. They also have a one-hour fully narrated tour of Cadillac Mountain, which points out historic sites and mansions on the way in and the way out of Acadia National Park, and visits the most notable landmark, the summit of Cadillac Mountain, the highest point inside of Acadia National Park.

If you want a tour that’s more active, consider paddling. Coastal Kayaking Tours has a half-day ecological tour and Bar Harbor has two fantastic nighttime tours. Red Cloak Haunted History Tours offers evening lantern-lit tours of historic Bar Harbor so visitors can discover some of Bar Harbor’s mysteries.

Contributed photos

Bar Harbor has two fantastic nighttime tours. Red Cloak Haunted History Tours offers evening lantern-lit tours of historic Bar Harbor so visitors can discover some of Bar Harbor’s mysteries.

Kris Ferrazza photo

Maine has countless options for beach lovers, from fresh to saltwater and rocky or sandy shorelines.
Bath, Brunswick: Beaches, good food and maritime history

BY KRISS FERRAZZA
Correspondent

Finding summer fun in the Bath-Brunswick region is as easy as outsmarting a sandwich-stealing seagull at Popham Beach. (Put the cooler under your chair!)

Some things just go together, like dinner at the iconic Fat Boy Drive In and bowling, gelato and ArtWalk, or sushi and cinema. And in the Brunswick region, there is an embarrassment of riches when it comes to finding things to do and places to go ... and good food to eat.

Home to historic Bowdoin College, Brunswick has a plethora of museums and significant sights, including homes once occupied by Henry Wadsworth Longfellow, Joshua Chamberlain and Harriet Beecher Stowe. The city is rich with art, live theater, music, antiques, shopping and a restaurant scene sure to satisfy any foodie.

Food

Feeling hungry? Motorists won't want to miss the classic Fat Boy Drive In, as well as local favorites Gelato Fiasco, Frosty's Donuts, Big Top Delicatessen, Wild Oats Bakery, Joshua's Restaurant and the Brunswick Diner.

Adventurous eaters might seek out Asian food at Little Tokyo, Little Saigon, Sweet Angel, Tao Yuan, Asian Garden or Lemongrass.

Italian lovers will delight in The Great Impasta, Enoteca Athena and Portland Pie Co., while those hankering for Mexican will want to try El Camino or Taco the Town.

Health-conscious diners looking for organic, vegan and vegetarian options might find what they are seeking at Frontier Cafe, New Beet Market, Coast Bar + Bistro, Big E's, Local Market, Shere Punjab and Bombay Mahal.

Meanwhile, a tasty lobster roll can be found at Libby's Market or Cameron's Lobster House, and brews are on tap at Flight Deck Brewing, Sea Dog and Ebenezer's Brew Pub.

Beaches and festivals

A day at the beach is easy to find at nearby Reid State Park in Georgetown or Popham Beach State Park in Phippsburg. Both charge admission (cash), and parking is free but the lots fill up fast in the summer, so try to get there early. For more, visit http://www.maine.gov.

The summer fairs and festivals are virtually unmatched, with schedules packed with family fun.

Bath Heritage Days will be held Friday, July 1 through Monday, July 4, this year. The four-day event is famous for its parade, billed as “Maine’s Largest Parade” by event organizers, along with the carnival and midway, food vendors, antique car show and live entertainment.

This year’s festival includes a skateboard competition, fireman’s muster, chili and chowder fest, live music, amusement park rides, artisan’s marketplace, road race, fun run and strawberry shortcake festival, and ends with fireworks over the river on July 4.

For more, visit www.bathheritagedays.com.

Topsham

Neighboring Topsham holds its historic 163rd Topsham Fair on Aug. 8 to 13 this year. An agricultural fair, it features 4-H events, livestock, harness racing, a horse show, sheep herding demonstration, pig scramble, ATV mud runs, monster truck show, steers and oxen pulls, midway, magic show, bluegrass music, cobbler contest, backhoe contest and a mutton bustin’ (sheep riding) event. It also includes Miss Topsham Fair pageant, cutest baby contest, exhibition hall, back-seat driver’s contest, fry pan throwing, strength competition, car show, demolition derby and truck pull. There is free harness racing Sunday and Monday and discounts for seniors, veterans and military families.

For more information, visit www.topshamfair.net.

The 39th annual Maine Highland Games and Scottish Festival will be held on the fairgrounds in Topsham on Aug. 19. The festival, put on by the St. Andrews Society of Maine, will feature Celtic musical guests Elias Alexander and the Bywater Band, and Fellswater, as well as the usual piping, drumming, food and fun. The honored clan for this year’s games is the Clan Urquhart.

The Maine Highland Games run from 8 a.m. to 5 p.m. Visit www.mainehighlandgames.org for more information.

Theater

Bowdoin College offers a full slate of activities, including performances at Maine State Music Theatre in Pickard Theatre on campus.

MSMT’s 59th season features “Guys & Dolls,” “Grease,” “Newsies,” and more. The cast also will deliver “Sleeping Beauty” and “Alice in Wonderland,” for younger audiences. For a full schedule and ticket information, visit www.msmt.org.

Maritime

Lighthouse lovers and history buffs may want to take a Lighthouse & River Cruise at the Maine Maritime Museum at 243 Washington St., Bath. There also are Bath Iron Works Story Trolley Tours, where guests enjoy a trolley tour of historic Bath followed by a cruise on the museum’s boat “Merrymeeting.” From the water, there are views of BIW and the destroyers being built, along with lighthouses and an historic shipyard.

This year the museum offers the summer exhibit “Through These Gates: Maine Shipyard Photography 1858-2016.” It highlights scenes from daily life of working shipwrights over time, and current BIW employees. Another summer exhibit is “See the Light: the Preservation of Mideast Maine Lighthouses.” They will be offering discounted Lighthouse cruises.

On June 17 is the Grand Opening of Into the Lantern: A Lighthouse Experience at the Maine Maritime Museum in Bath. They will be offering discounted lighthouse cruises all day.
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CONTINUED FROM PAGE 46
all day on June 17. Three Light-house Cruise (Doubling Point Light, Kennebec Range Lights, and Squirrel Point Light), 1 hour long running at 11, 12:30, and 1:45. Tickets are $26; kids under 6 $5. Lighthouse Lovers Cruise (Doubling Point Light, Kennebec Range Lights, Squir-rel Point Light, Perkins Island Light, Pond Island Light, Seguin Island Light, Hendricks Head Light, Cuckolds Light, Ram Island Light, and Burnt Island Light), 4 hours long running at 3:30. Tickets are $30; kids under 6 $5.

Ongoing displays feature artifacts and information about historic ships, storms, ship-yards and the state’s maritime heritage. Visit www.mainemaritimemuseum.org for more information.

Downtown Bath

Start the weekend off right with a trip to the Bath Farmers Market. Located downtown just off Commercial Street, the market is open from 8:30 a.m. to noon on Saturdays in Waterfront Park. Farmers offer their produce and baked goods under canopies next to the Kennebec River, with live music, plenty of parking and public restrooms. Visit www.bathfarmersmarket.com for more information.

Brunswick

In neighboring Brunswick, the Brunswick Farmers Market is held twice a week on the mall downtown, with bakers, craftsmen and artisans gathering from 8 a.m. to 2 p.m. on Tuesdays and Fridays, rain or shine. For details visit www.brunswickfarmersmarket.com.

Riding the rails to and from Brunswick is possible, as it is the Amtrak Downeaster’s northernmost stop on the coast, with daily trips to Boston. Located at 16 Station Ave., the train station and visitor center is located within walking distance of Bowdoin College and Brunswick’s many shops and restaurants. For train schedules and ticket information, visit www.amtrakdowneaster.com.

On Aug. 19, the 11th annual Brunswick Outdoor Arts Festival will encompass Maine Street and the Mall (town green). Artists will set up roughly 100 booths to display paintings, sculpture, photogra-

phy and other media. There will be interactive demos, as well as live music and performances, children’s face painting, family arts and crafts, gourmet food and more. Hours are 9 a.m. to 5 p.m. and this event is held rain or shine. For details, visit www.brunswickdowntown.org.

This summer sees the return of “2nd Friday Brunswick!” in conjunction with ArtWalk and extended shopping hours around Maine Street. The event “offers a fun evening of artistic exploration featuring visual art, live music, dance and theatrical performances,” and encourages locals and visitors alike to enjoy restaurants and shops and engage in the arts. It is held from 4 to 7 p.m. on the second Friday of each month from June through September. Looking to explore the great outdoors? Brunswick has a 2.6-mile bike path along the river. The paved path is popular with joggers, dog-walkers, cyclists and pedestrians. It has benches and restrooms. For information about the bike path, hiking trails, parks and playgrounds in the city, visit www.brunswickme.org.

Tours and golf

There also are scenic airplane tours, harbor cruises, sail charters, kayak rentals, sport fishing, golf and other outdoor sports and recreation opportunities in the Bath-Brunswick area. Golfers can choose among several golf courses, including Bath Country Club, Brunswick Golf Club, Highland Green Golf Club or the Sebasco Harbor Resort.

For more about the Bath-Brunswick region, visit the Southern Midcoast Maine Chamber of Commerce website at www.midcoastmaine.com or www.brunswickdowntown.org.

Brunswick Downtown Association photo

This summer downtown Brunswick sees the return of “2nd Friday Brunswick!” in conjunction with ArtWalk and extended shopping hours around Maine Street.

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Windjammers, boat shows and festivals fill out the schedule in the Boothbay Region

BY KRIS FERRAZZA
Correspondent

Just when you thought the Boothbay Region couldn’t get more beautiful, a parade of windjammers blows into town under full sail, kicking the natural beauty of the peninsula up a notch. The 53rd annual Windjammer Days celebration will kick off the summer season in the Boothbay region, running from June 23 to July 1. It is a week jam-packed with activities, including the arrival of the windjammers, an antique boat parade, lighted boat parade, live pirate battles, golf tournament, oyster shucking contest, tug of war, artist’s alley, puppet shows, live music, children’s tent, boat tours, pancake breakfast, Coast Guard Station tours and more.

This year, the first-ever Miss Windjammer pageant winner will reign over the event. Last year marked the pageant’s first year; with Emerson Harris beating out the competition for the title of Miss Windjammer.

Girls will once again compete using their talent, charm and charisma to be the 2017 Miss Windjammer. The pageant is scheduled for 6 p.m. Monday, June 26.

The true highlight of the week comes at 1 p.m. Wednesday, June 28, when the Windjammer Fleet arrives. There is a parade at 4 p.m., followed by fireworks over the harbor at 9:15 p.m. The fleet leaves the next morning. For a full schedule, visit www.boothbayharborwindjammerdays.org.

But just because Windjammer Days are over, doesn’t mean the fun has ended. Summer is just getting rolling on the Boothbay Peninsula, and visitors have their choice of activities. Whether a person’s interests lie in shopping, dining, boating, fishing, hiking, golfing, live theater or mini golf, there is something for everyone in the Boothbay Region.

The Opera House at Boothbay Harbor will feature a full schedule of live talent, including Tim Sample on June 29. Sample returns each year to his hometown of Boothbay to share his Down East humor and tales. Navy Band Northeast, Joan Osborne, the Steep Canyon Rangers, and many other talented performers are on the schedule this summer. For details and ticket information, visit www.bootbayoperahouse.com.

Live matinees and dinner theater are on the menu at Carousel Music Theater with summer show themes ranging from Dick Clark’s American Bandstand era to Rodgers and Hammerstein Revue. Version 2.0: visit www.carouselmusictheater.org.

Looking to get outdoors and into the fresh air? The Coastal Maine Botanical Gardens will fill the bill. Located just one mile off Route 27, this 250-acre property features themed gardens, trails, cafe, gift shop, sculpture, fairy gardens, sensory gardens, story times, puppet shows and creative play for children.

Adult visitors will appreciate art installations, architectural elements, and inspiration for the home gardener. Children will enjoy feeding live chickens, pumping water with a hand pump, play-houses, and the frogs, turtles and butterflies share the gardens.

Coastal Maine Botanical Gardens has been voted “best garden” on TripAdvisor’s Website. Visit www.mainegardens.org.

Train and antique auto buffs will enjoy a trip to the Boothbay Railway Village on Route 27. With an impressive collection of antique automobiles, trains and memorabilia, the museum has train rides, an elaborate model railroad display children’s activities, live animals and a collection of historic buildings.

On July 1 there is an Antique Engine Meet; July 8 is the 13th annual Books in Boothbay event with 50 authors; and July 15-16 will be the 53rd annual Antique Auto Days. It includes an auto parts swap meet and flea market, cruise in, prizes, food court, parade and more. Participants also receive free museum admission.

The “Rails, Tails & Ales: Mid-coast Craft Beer Festival” will be July 15. Attendees will enjoy live music, tour the museum grounds, receive a wristband and sample a wide variety of 4-ounce beer tastings at this event. For more, visit www.railwayvillage.org.

For those looking to get on or near the ocean, there are companies that offer sport fishing, day cruises, charters, boat rentals and whale watches.

Visitors can get a close encounter with a jumbo lobster or a pet small shark at the Maine State Aquarium at McKown Point in West Boothbay Harbor. It has a stunning water view, picnic tables, gift shop, large touch tank and shark-petting exhibit. There are interactive displays for children, and tanks filled with local sea creatures indoors.

Displays and exhibits explain how lobster traps, buoys, boats and fishermen work together to catch

lobster. For hours and more information, visit www.maine.gov/dmr.

For a complete calendar of events from the Boothbay Region, visit the Chamber of Commerce website at www.bootbayharbor.com.
Rockland promotes lobsters, blues music and Union Fair

Tours, museums, hiking also available

By Kris Ferrazza
Correspondent

With the Maine Lobster Festival celebrating its 70th anniversary this year, summer in Rockland is bound to be red-hot and delicious.

The 70th annual Maine Lobster Festival runs Aug. 2-6, kicking off at noon Wednesday at the dock with the arrival of King Neptune and his court, including 2016 Sea Goddess Adrianna Ames. As part of the 70th anniversary celebration, past sea princesses, goddesses and other participants have been asked to be in this year’s parade, one of the biggest in Maine, at 10 a.m. Saturday, Aug. 5.

These days, the festival attracts thousands of people, but when it first took place in 1947, admission was just $1 and included all the lobster guests could eat. It was called the Camden-Rockport Lobster Festival and lasted just one day, according to organizers.

Today it takes more than 1,000 volunteers to make the festival happen in Harbor Park. They cook and serve more than 20,000 pounds of fresh lobster, sell tickets and set up tents.

Over five days the festival offers a full schedule of events, including the parade, a road race, cooking contest, lobster crate race, knitting competition, coronation of the sea goddess, midway rides, beer and wine tasting, craft tents, children’s tent, food tents, live entertainment, vendors and exhibitions.

Over the years, this nonprofit event has returned more than half a million dollars to local people and community groups. The festival contributes to emergency service organizations, charities including food pantries, provides scholarships to students, and funds area athletic teams.

Free shuttle buses run all day between the festival and the local high school and middle school, as parking is limited downtown. For a complete schedule of events, and ticket information, visit www.mainelobsterfestival.com.

Blues Festival

But the Lobster Festival isn’t the only show in town. It is preceded in July by the North Atlantic Blues Festival, which takes over the public landing and is hailed as one of the best blues festivals in the nation.

On July 15-16, blues fans will set up their lawn chairs to face the stage overlooking the harbor and patronize food tents and nearby merchants during the two-day blues blitz.

This year festival-goers will be treated to a lineup that includes Shemekia Copeland, Walter Trout, Kenny Neal, Anthony Gomes, Sari Schorr, Kelley Hunt, Christone Kingfish Ingram, Dwayne Dopsie & the Zydeco Hellraisers, and more. Students from the local Midcoast Music Academy blues camp also will perform as the festival opens each day.

The popular “club crawl” will again be held Friday night prior to the festival. It starts at 8 p.m. and Main Street is closed to traffic. Five bands will be set up and performing. All ages are welcome, and there is no charge to attend. For more information and a complete schedule, or to buy tickets, visit www.northatlanticbluesfestival.com.

Union Fair

The Union Fair will roll into the neighborhood Aug. 19-26. Just a short drive down Route 17 from Rockland, it is one of the state’s stalwart agricultural fairs. Started in 1869, this fair has doubled as the Maine Wild Blueberry Festival since 1960.

Not only does the Union Fair promote Maine’s blueberry industry, it also celebrates the state’s best bakers, fastest pie eaters, and crowns an annual Blueberry Queen. Younsters compete to see who can blow the biggest bubble with blueberry-flavored bubblegum, and who can spit a blueberry the greatest distance.

The fair features a poultry barn, horse pulling, harness racing, demolition derby, exhibition hall, 4-H exhibits, barnyard games, midway rides, cooking contest, food vendors, Mathews Museum, live entertainment, queen coronation and fireworks. Visit www.unionfair.org for details.

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Rockland
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Rockland sights
Visitors to Rockland usually find they have more options than time, with a plethora of eateries, stores, theaters, art galleries and museums from which to choose.

History buffs will want to see the Knox Museum in Thomaston. Montpelier is the 1929 replica of the home of Gen. Henry Knox, who served as George Washington’s Secretary of War.

Guests will be transported back in time to the American Revolution while visiting the grand home. This summer the museum features an exhibition from July 1-3 “From Muskets to Machine Guns.” From June through October, it will host an ongoing exhibit, “Maine Military Women from the Revolutionary War to the Global War on Terrorism.”

The museum also features special lectures, encampments and musical events. Visit www.knoxmuseum.org for more.

Festivals and museums
Next door to Rockland, Thomaston is the place to be on the 4th of July with an old-fashioned celebration that draws crowds of all ages. There is a big parade at 11 a.m., children’s activities, bounce house, fun run, pet show, chicken barbecue, horseshoe tournament, live music and fireworks. Visit www.thomastominmaine4thofjuly.com for details.

For lighthouse lovers, the Rockland Breakwater Lighthouse is an adventure, as the light stands at the end of a granite breakwater more than half a mile long. Take your time, enjoy the breezes and watch for marine life. Seals sometimes can be spotted in the water and on the rocks when the tide is low.

The Owls Head Light and Marshall Point Lighthouse are two other excursions just a short drive from Rockland, and the perfect locations to bring a picnic and a camera.

While down that way, Birch Point State Park is not far, with a wide sandy beach and rocks to climb in Owls Head. Be sure to stop by Harjula’s Dairy Bar on Route 131 in South Thomaston or Dorman’s Dairy Dream back on Route 1 in Thomaston.

The Maine Lighthouse Museum in downtown Rockland boasts a large collection of Fresnel lenses and other historic lighthouse memorabilia. Said to be the largest museum of its kind in the country, it offers U.S. Coast Guard photographs, personal histories, fog bells, buoys, fog horns and more, and offers a rare opportunity for history buffs. For hours and ticket information, visit www.mainelighthousemuseum.org.

Another museum not to be missed is the Farnsworth Art Museum and Wyeth Center just off Main Street in Rockland. Three generations of the Wyeth family, including N.C. Wyeth, Andrew Wyeth and Jamie Wyeth, have works in the permanent collection there, along with Louise Nevelson’s sculpture, and other American artists. There also is a gift shop. Visit www.farnsworthmuseum.org for more.

Maritime and hiking
Boat lovers look forward to the 15th annual Maine Boats, Homes & Harbors Show in Rockland’s Harbor & Buoys parks on Aug. 11-13. The show attracts fans of boating, along with boat builders, designers, architects, craftsmen, artists, furniture makers, jewelers and marine gear vendors.

The event includes a Boston Whaler Rendezvous, Food Truck Rally, demonstrations, children’s activities, musical performances, food vendors and the ever-popular Boatyard Dog Trials on Sunday morning. For more, visit www.mainboats.com.

The Rockland region also offers up hiking, biking, sailing, shopping, antiquing and fine dining. For details on what is going on in and around Rockland in the summertime, visit www.mainedreamvacation.com.

Don’t just play this summer – learn!

BY NANCY P. MCGINNIS

Summer offers a welcome chance to play and relax, especially when outdoor recreational opportunities beckon. But why not take advantage of the chance to broaden your horizons and expand your knowledge at the same time? Whether you’ve got only an hour or two, or are enjoying a full day out, there are wonderful venues nearby in central Maine, and more distant destinations too, that offer historic and cultural tourism and educational opportunities for memorable and fun family outings.

Start seeking out value-added adventures and prepare to be enriched by the experience.

In Augusta, a visit (or return) to the Maine State Museum is always a fine idea—there is so much to see and do here that it may take more than one trip to take it all in.

The At Home in Maine exhibit is particularly recommended—a glimpse into the “summer kitchen” or a stroll across the squeaky floorboards of the camp porch are sure to jumpstart a conversation with parents or grandparents or to revitalize our own memories.

Be sure to catch the current exhibit, “Beyond Boundaries: the World of the Capote”, which runs through September. The centerpiece is a rare, splendidly preserved example of a Maliseet porcupine quill-embroidered “blanket coat” with loggings and moccasins. The capote symbolizes the blended cultural heritage that persisted for two centuries in Northern Maine and the Maritimes.

This remarkable capote also reminds us of a time, some 200 years ago, when Maine’s northern boundary was so open and undefined that Native tribes, French Canadians, Acadians, and Americans lived peacefully next to each other and interacted in an area that was beyond any real political ownership or any government’s effective control. According to Jamie Wyeth, “...a way of life that is nearly unimaginable today.”

Museum scavenger hunts and activity guides help families, as well as camp or school groups, and others to explore and appreciate the Museum’s various areas and exhibits. Ask for yours at the Welcome Desk, or download a printable version to peruse before you arrive home.

Contact the Maine State Museum (287-2301) to reserve a spot on a free guided tour of the Maine State House and/or the Blaine House, the historic landmark just across the street which has served as the official governor’s residence for nearly a century. For more information, visit MaineStateMuseum.org.

For a spontaneous adventure, the State House welcomes walk-in visitors every weekday from 8 a.m.-5 p.m. Your visit might be as fleeting as a lunch hour or can take as long as a half day or more. Among the highlights is the Hall of Flags, which according to the Maine state legislature website “had its origin in the profound patriotic sentiments which dominated popular feeling in the years immediately following the Civil War... with the return home of the Maine regiments and artillery batteries in 1865.”

Not to be missed at the Capitol are the dioramas by legendary American artist Klr Beck. These original Maine State Museum wildlife displays have now been permanently relocated to the underground passageway connecting the State House to the Capitol Office Building. There, the ground floor cafeteria is open to the public for breakfast and lunch. If the weather is fine, grab ‘go’ refreshments to enjoy outdoors on the capitol grounds.

Another museum not to be missed is Old Fort Western, now a National Historic Landmark, which has stood proudly over the Kennebec since 1754. James Howard’s Company garnered the Port, overseeing navigation along the Kennebec River 250 years ago. It was from here that Benedict Arnold launched his assault on Quebec during the American Revolution. Today, at New England’s oldest surviving wooden fort, and inside its historic house and store, visitors can step back in history and imagine daily life not only at the fort but also envision what it was like to live in the residence and conduct business at the trading post. This summer, Old Fort Western is even offering weekend-long apprenticeships and junior interpreter sessions for area youngsters seeking a memorable summer experience. More information is available by calling 626-2385 or visiting oldfortwestern.org.

In Fairfield, at the L.C. Bates Museum, “Education is at the core of our mission,” says director Deborah Staber. The National Endowment for the Humanities recently featured the L.C. Bates Museum in its 50 States of Preservation project, spotlights community museums across the country that help to preserve the nation’s cultural heritage.

The Museum, housed on the grounds of the Goodwill-Hinckley School, is dedicated to inspiring wonder, discovery and responsibility for our natural and cultural worlds through exhibitions and programs.

“It’s an ideal place for learning about Maine’s environment and stirring children’s interest in the arts and our natural world,” according to Staber; with its early 20th century collection, complete with 32 Maine wildlife dioramas and interactive exhibits including Colby College Maine Wood(s) and Maine Native American Basket(s), and nine galleries of natural history objects including quaint “cabinets of curiosities.” Outside, trails lead to varied field, forest and wetland habitats — “a microcosm of our varied regional environment and a small observatory,” she notes.

Not to mention just plain fun. The Museum staff and volunteers are happy to arrange birthday parties and other gatherings that include custom-themed, memorable hands-on art and nature activities in this unique setting. Call them at 584-4529 or explore online at www.gwh.org.

Further afield, in New Gloucester, the Sabbathday Lake Shaker Village seasonally welcomes visitors to the only remaining active Shaker community in the entire world. The Village is comprised of 17 historic structures, situated on 1,800 serene acres. The Shakers are known for their achievements in social reform, agriculture, and technology, as well as innovation and exquisite craftsmanship.

Sabbathday Lake Shaker Village Museum is open to the public Mondays through Saturdays through Columbus Day. Maine’s Open Farm Day coincides with Open Farm Day on July 23, can be a perfect occasion to plan a first visit.

“We’ll have tractor-drawn wagon rides, tours of the Shaker herb garden, and our self-guided special exhibit will be open at no charge that day,” said Office manager Jamie Ribisi-Braley. Also on tap will be demonstrations of traditional crafts such as weaving, spinning, blacksmithing, a tinfoil portrait photographer, and even a mouthwatering barbecue.

On August 26th, the Maine Native American Summer Market comes to Shaker Village, with members of Maine tribes demonstrating their skills at beadmaking, jewelry, wood- and stone-carving. Work will be for sale. Free traditional Native American storytelling and drumming and singing performances will round out the family-friendly day. For further details about the Village as well as Shaker Village-hosted workshops, festivals, nature hikes, and more, call 926-4597 or visit www.MaineShakers.com.

Kris Ferrazza photos
Walker Park in Rockport has a beautiful harbor view and a playground adjacent to covered picnic tables and benches.
Unity provides a diverse combination of sights and events

Raceway, animals, trails available

BY SUSAN VARNEY
Correspondent

Unity is a creative bright spot in inland Waldo County with a diversity of happenings. There is something for every taste and pocketbook, from hiking trails to wine tastings at Younity Winery to world class performances at the Center for Performing Arts, The Northern Solstice Alpaca Farm, the Common Ground Fair and auto racing. America’s foremost environment college is in Unity and there is a wonderful Bed and Breakfast, The Copper Heron, and an active farmers market.

Younity Winery & Vineyards: 317 Albion Road, 948-7777; younitywinery.com. The Winery uses minimal amounts of sulfates in making wines and uses organic cane sugar so there are no residual chemicals in the sweeteners.

Northern Solstice Alpaca Farm: 141 Crosby Brook Road, Unity. 356-4146. Open from 10 a.m. to 5 p.m. Tuesday through Sunday, 10 a.m. to 5 p.m. Wednesday. The retail store at Northern Solstice Alpaca Farm is adjacent to picturesque Unity Pond, where visitors can canoe, kayak, swim and fish. See more at: www.unity.edu/about-unity/campus-facilities.

Unity Raceway - 300 School Street. 852-6887. May 22: Opening Day to Oct. 30 & 31 - Halloween finish. 1/3 mile paved oval located on Route 139, just off Route 202. Under new management, the new owners own the fair and the wild and working landscape of the Sebasticook River watershed.

Unity College Center for the Performing Arts (UCCPA), 42 Depot Street, 948-5610 - open by appointment. Preparing environmental professionals with 16 environmentally-focused majors with a liberal arts curriculum built on sustainability science - a first in the nation, from a campus on 225 acres overlooking Unity Pond.

Unity College: 90 Quaker Hill Rd. www.unity.edu. Preparing environmental professionals with 16 environmentally-focused majors with a liberal arts curriculum built on sustainability science - a first in the nation, from a campus on 225 acres overlooking Unity Pond.

Unity Barn Raisers: 32 School Street. 948-9005; www.unitybarraisers.org. A community and economic development group that has taken on the challenge of transforming downtown properties into commercial and residential use, recruiting new businesses including a health center, veterinarian, credit union, expanding grocery store, and creating a farmers market. Also beautifying area with trees, benches, and sidewalks, hiking and biking trails.

Common Ground Fair, Maine Organic Farmers and Gardeners Association: (MOFGA) www.mofga.org/theFair. September 22-24. Annually almost 60,000 visitors enjoy the Common Ground Country Fair - a celebration of rural and agricultural traditions in Maine with many exhibits, alternate life-styles and farming methods, great food, animals and vegetable exhibits, craft exhibits, farmer’s market, composting and recycling, sheep dog demos, donkey and mule show, draft horse show, environmental concerns, spinners, weavers, Maine Indian basket makers, low-impact forestry, social and political action, music, parades, speakers and presenters, a public policy teach-in and 5K foot race. Plan a fair visit because there is so much to see and do a visitor will never be able to do it all. Dress for comfort and protection. Good hydration is key, also. Free admission to MOFGA members.

More UNITY, PAGE 53

Robin Pratt, owner of Northern Solstice Alpaca Farm, Crosby Brook Road, Unity. Curious, friendly and beautiful alpacas are fun to be around and produce a soft, water-resistant fiber used for clothing, from socks and gloves to sweaters, jackets, caps and hats. Soft cuddly toys and finger puppets are also available at the retail store at Northern Solstice Alpaca Farm.

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More UNITY, PAGE 53
The Copper Heron - 130 Main St., 948-9003 www.copperheron.com. Diana Avella, owner, says “What I treasure most is to meet some very wonderful people.” Before coming to Unity Avella was a full time cook at Pendle Hill a Quaker Study Center near Philadelphia, where she learned to prepare wholesome food from scratch with a focus on organic, locally grown whole foods, a tradition she has carried on since 2003 at her Unity B&B. Avella is committed to providing a welcoming atmosphere where travelers can relax and unwind.

Belfast & Moosehead Lake Railroad: The Brooks Preservation Society and the B&ML provide trains to/from the Common Ground Fair, Sept. 23, 24, and 25. A two train schedule offers access from Unity or Thorndike parking areas to the station right off the fairground commons and avoids traffic congestion at the fair. The train or train-fair combo ticket is valid for any train for the day of purchase or use. This is more than a round trip ticket, and allows fairgoers to travel back to the car if they forget something and return to the fair. See schedule at www.belfastandmooseheadlakerail.org/joomla/index.php/menu-common-ground-fair-trains

Amish Community: About 20 families have settled in Unity opening a hardware and home goods store, a bakery and woodworker: Expect to see the typical horse-drawn buggies on the roads.

Recreation trails:
Open to public. No motorized vehicles. Dogs must be under control - pick up wastes. This will start you off for more trails see www.unitybarnraisers.org/trails.html

- CommUnity Bikeway - .5 miles. From Main Street to fairgrounds Loop Trail and when finished will connect with Unity College Trail.
- Triplet Park Nature Trail- .25 under construction. Trail will travel over bog bridging through wetland ideal for bird watching, from Wood Lane to the Old Grammar School on School St.
- Unity College trails - Three miles, network of dirt and forest floor, great for walking and photography. Keep your pets under control at all times, to protect both them and wild animals, fragile environments, and the enjoyment of other visitors.
- Field of Dreams Trail - 1 mile loop begins at Field of Dreams parking lot on Route 9/202 passing ball fields, playground and Unity Pond.
- Connor Mill Trail - 1 mile built; 1 mile under construction, loop off Route 9/202 on south side of Sandy Stream, continues to Bacon Brook. For birding, nature observation and fishing access.
- Fairgrounds Loop Trail - 1 mile. Begins at Newell lane across from where Bikeway ends. Passes Old Unity Fairground with Sandy Stream overlook.
- Unity Pond Pottery : 222 Bangor Road. 948-2400. Maine made stoneware with lead free glazes, safe for microwave, dishwasher and oven. Open 10 a.m. to 4 p.m. June, July, August Wednesday through Saturday. Visitors welcome to studio and showroom or shop on line www.unitypondpottery.com.
Travel writers tout Belfast as one of world’s best places to visit

City makes the top 35 list

BY KRIS FERRAZZA
Correspondent

With some of the best sailing in the world, fresh seafood, bountiful farms, eye-popping views of Penobscot Bay and quirky summer festivals, Belfast has been recognized as one of the best places on the planet to visit.

Travel writers at Matador Network have included the small city in Waldo County in a list of “35 of the World’s Best Places to Travel,” alongside Montreal, Los Angeles, New York and Sicily.

Featuring a photograph of the scenic downtown, the article tagged Belfast’s Main Street and surrounding environs as being “loaded with architectural treasures and historic districts.”

The city won praise for its “scenic seaport” and writers cited craft beers at Marshall Wharf and enthusiastic local support for the sustainable food movement.

“Belfast is known for welcoming the back-to-the-land movement of the ’70s,” Matador reports, recognizing, “the many local farmers who’ve taken the torch from those revolutionary back-to-the-landers.”

Marshall Wharf Brewing Co. in Belfast was among the best attractions singled out for praise. With its 17 craft beers and Three Tides Restaurant and Bar, Marshall Wharf is a Mecca for beer enthusiasts.

Nestled alongside the iconic tugboats in Belfast Harbor and a nearby lobster pound, it offers a tasteful room where visitors and regulators can sample craft brews with names like “Big Twitch,” “Wrecking Ball” and “Sexy Chaos.”

The beverages are brewed with “experimental ingredients,” including live oysters, dried sugar kelp and more. For details, visit www.marshallwharf.com.

Delvino’s Grill & Pasta House also got special praise from the travel writers, who noted offers “authentic Italian food, served in an old hardware store.”

Indeed, Delvino’s can be found at 52 Main St., with rustic booths and tables tucked into the brick interior of a longtime hardware store. Hand-crafted cocktails are created at a granite bar and a large menu offers appetizers, lunch and dinner with dishes featuring fresh, locally-sourced ingredients. Visit www.delvinos.com for details.

Downtown Belfast bustles year round, but especially in the summertime. All points north, south, east and west offer various types of entertainment for visitors, ranging from the historic Colonial Theatre to Belfast City Park and the busy waterfront to shopping plazas.

The quaint art deco Colonial Theatre offers new releases and foreign films on three screens on High Street. It has been attracting movie-lovers young and old since the theater opened in 1912, the same day the “Titanic” set sail, owners say. For a schedule, visit www.colonialtheater.com.

Down on Northport Avenue, Belfast offers a scenic city park with amenities including a covered picnic area popular for parties and reunions, basketball courts and tennis, a baseball diamond, horseshoe pits, playground, grills, restrooms and more.

Overlooking Penobscot Bay, it is well-maintained and a free way to spend a fun-filled day outdoors. Belfast also has a city pool, a skate park, a dog park and other public spaces. For details, visit www.cityofbelfast.org.

The waterfront boasts a popular Harbor Walk project that allows locals and visitors to stroll along the waterfront, starting at Heritage Park downtown. The area offers benches and extends over the footbridge, where people walk, jog and fish.

During the summer, the city offers a calendar jammed with summer festivals and other events. The first major event of the season takes place July 8-9 when the 22nd annual Arts in the Park returns to Heritage Park, located downtown at the water’s edge at Steamboat Landing. Admission is free.

Open 10 a.m. to 4 p.m., this juried show features approximately 80 fine artists and artisans who display their creations, including paintings, sculpture, pottery, jewelry, crafts, ongoing live music and food.

Organizers say this is a must-attend show each year for artists and art lovers statewide. Thousands attend each year; enjoying the sights, sounds and smells of fresh food, live music and great art. For more, visit www.artsintheharbor.com.

The 11th annual Maine Celtic Celebration will roll onto the Belfast Common, its leaders clad in kilts with bagpipes blaring, the following weekend. From July 14-16, the celebration will be held on the waterfront with a full schedule of live music, dancing, food and fun.

Family-friendly activities include the Kilted Caper 5K road race (dubbed “Where the Pleats Meet the Streets,”) Cheese Roll Championships, and Highland Heavy Games.

Live musicians entertain, and this year will feature Celtic duo Wendy MacIsaac and Mary Jane Lamond for the first time. The stage also will see the return of celebration favorites The Press Gang, and many more.

Admission is free, as the event enjoys loyal sponsorship from local businesses. Organizers are looking for more volunteers to help with the annual celebration. For more information, visit www.mainecelticcelebration.com.

The 8th annual Belfast Harbor Fest, with its National Boat Building Challenge, will be held Aug. 18-20 at Steamboat Landing and Heritage Park in Belfast. Participants build a boat in four hours on Saturday; then see if it will float.

This festival includes a Friday night launch party with live music and beer in a tent at Steamboat Landing from 7 p.m. to midnight.

On Saturday morning, plans include a blueberry pancake breakfast and 5K Bug Run road race. The winner of the race receives 20 pounds of “bugs” (lobster). The weekend also includes a small boat show, regatta, Habitat for Humanity lobster gala, demonstrations, children’s activities and more. There is live music all day Saturday in the gazebo.

The popular Cardboard Boat Challenge takes place Sunday. Participants create boats using cardboard, then take part in a spirited parade to the landing and launch them. Judges present trophies and awards for team spirit, creativity and “most spectacular sinking” in the challenge. For a full schedule, visit www.belfastharborfest.com.

Just a short drive down Route 3 from Belfast is beautiful Lake St. George in Liberty. This small town has a state park at the lake with swimming, picnic areas and wide open spaces for Frisbee and other outdoor endeavors.

A classic small town, Liberty has the only octagonal post office in the nation, visible in the village center. It was used recently as a museum and the home of the historical society. If that wasn’t curious enough, visitors also may want to poke around in the nearby Liberty Tool Co., which draws visitors from miles around, and even beyond Maine. The tool company is jam-packed with hand tools, books, art, prints, antiques, postcards and more. Visit www.libertytoolco.com for more.

The nearby Davistown Museum displays artifacts and documents from history, as well as more tools, a library and art collection. There is no admission to the museum, but donations are accepted. A photo tour of the museum and its artifacts and exhibits is available online at www.davistownmuseum.org.

Liberty Graphics, a custom T-shirt business, inhabits the first floor of the museum building. The outlet store also sells T-shirts, sweatshirts and other garments, as well as discounted samples. Liberty Graphics has been printing water-based ink designs featuring science and nature since the 1970s. The owners recently opened a company store in the Old Fort, on Moulton Street in Portland. Visit www.lgtees.com for more.

For more about happenings in and around Belfast, visit www.belfastmaine.org.
Ice cream remains a favorite summertime dessert

BY WANDA CURTIS
Correspondent

One of America’s favorite summertime desserts is ice cream. The International Dairy Foods Association estimates that the average American consumes about 22 pounds of ice cream per year.

The IDFA reports on its website that U.S. ice cream companies produced more than 872 million gallons of ice cream in 2014. It’s hard to imagine there was ever a time this delicious treat wasn’t available in the U.S.

According to the website http://www.icecream.com/icecreaminfо, ice cream wasn’t introduced in America until the 1700s. Then it was a delicacy enjoyed by high society. The IFDA reports on its website that the first official account of ice cream in the New World appeared in a 1744 letter written by a guest of then Maryland Governor William Bladen. The IFDA notes that records kept by a New York merchant reveal that President George Washington spent approximately $200 for ice cream the summer of 1790 and that Mt. Vernon inventory records mention “two pewter ice cream pots.” They report that Dolley Madison served a spectacular strawberry ice cream dessert at her husband’s second inaugural banquet at the White House.

Today, the IFDA reports that 10.3 percent of all milk produced by U.S. dairy farmers is used to produce ice cream.

In 1984, President Ronald Reagan designated July as National Ice Cream Month and the third Sunday of the month as National Ice Cream Day. He called for everyone in the U.S. to observe these events with ceremonies and activities drawing attention to the importance of ice cream in the U.S. economy.

Central Maine is fortunate to be home to a number of ice cream businesses. One of the companies is Gifford’s www.giffordsicecream.com with stands located at 170 Silver Street in Waterville and 307 Madison Avenue in Skowhegan. The Gifford family has been involved with ice cream for many generations. Their great grandfather Nathaniel Main delivered milk and ice cream, by horse and buggy, during the 1800s.

According to John Gifford (a current co-owner of Gifford’s Famous Ice Cream), his father Randall (now in his 90s) learned to make ice cream at the University of Connecticut from 1945 to 1949. Randall then acquired more training from his father-in-law Chester Main who owned Westerly Dairy and Ice Cream in Connecticut. Randall and his wife Aubrey later moved to Skowhegan to operate a small dairy farm. Their children grew up working alongside them in the dairy business.

In 1980, they began creating small batches of ice cream, using family recipes handed down through the generations. They opened their first ice cream stand in Skowhegan that same year. During the past 30 years, Gifford’s has expanded their business to five ice cream stands including Bangor, Auburn, Farmington, and the two in Skowhegan, and Waterville. They sell more than 100 flavors of ice cream in grocery stores, independent ice cream shops, colleges, universities and restaurants, all the way from Maine to as far west as Nevada and as far south as South Carolina.

John Gifford said the flavors they sell the most of in Maine are Vanilla, World’s Best Chocolate, Strawberry, Grapenut, and special Maine flavors such as Campfire S’mores, Muddy Boots, Maine Wild Blueberry, and Maine Deer Tracks. He said their recipes have come from searching their old recipes, from customers, from employers, from suppliers and by trial and error.

He added that they’ve had a few flops over the years, including Caramel Popcorn, which was their worst selling flavor.

“We were giving pounds and pounds of the popcorn away for months!” he said.

Another popular ice cream stand in central Maine is John’s Handmade Ice Cream located at 510 Augusta Belfast Road in Liberty.

One of the co-owners, John Ascrizzi, was involved in the ice cream business while living in Florida in 1974. He later moved to Maine where he decided to continue making ice cream, specializing in handmade ice cream made with local ingredients.

His business partner, Jaimie Canavan, said that they now produce up to 350 gallons per week during the summer months. She said that some of their best-sellers are Vanilla, Chocolate, Rasp N’ Cream, Peanut Butter Crunch, Quadruple Chocolate, Chocolate Coconut Almond, Pistashio, Coconut and Strawberry Rhubarb ice cream.

They’re open year round and are a favorite stopping place for both locals and out of state tourists at their location near Lake St. George.

“We make and sell premium handmade hard serve ice cream, sorbets and more,” said Canavan. “We enjoy making a quality product that makes our customers happy. We enjoy making old favorites and trying new recipes.”

Call for ice cream cake orders for birthdays and holidays or ANYTIME!

OPEN 1-9 P.M.
Starting mid-June we will be open until 10 p.m.
Nov. thru mid-Dec. 1-7 p.m.

510 Belfast Augusta Road, Liberty • (207) 589-3700
standards and spontaneously combining ingredients to produce new favorites! For us, making ice cream is an art and science!"

Another favorite stopping place for ice cream lovers is Fast Eddie’s located on Route 202 in Winthrop. It’s a ’50s-style drive-in restaurant with an ice cream parlor in the center of the restaurant. There’s an old-fashioned ice cream counter with stools as well as booths, which came out of a building in Skowhegan where the film “Empire Falls” was filmed. A banquet room is available for accommodating large groups.

The ice cream menu consists of both hard and soft-serve ice cream, milk shakes, banana splits, root beer floats and ice cream sodas. Fast Eddie’s is known for the candy-filled cyclones and generous toppings on its sundaes. They also serve frozen yogurt, sorbet and non-fat, no-sugar soft serve ice cream made with only eight ingredients and containing only eight calories. Some of their best selling flavors are Birthday Cake, Cookie Dough and Grapenut.

“We’ve been making ice cream for 31 years,” said co-owner, Barbara Angell. “We enjoy seeing our customers go away happy with a smile on their face.”

Russell and Barbara Angell have many years of experience in the ice cream business and currently own not only the ice cream business at Fast Eddie’s but also Main Street Dairy Treat in Lewiston, located in the old Cote’s Ice Cream building. Angell recalls that when his wife decided to open her own ice cream business he was travelling around the country working for Exxon.

“Back then we didn’t have cell phones, so you had to wait in line to use the phone,” he recalled. “I called home and my wife said ‘I just quit my job with Nancy Cote and started my own ice cream stand.”

Another couple who were involved in other careers before joining the ice cream business is a couple. The couple is Russell and Barbara Angell.

"So what you’re getting isn’t pistachio-flavored ice cream. It’s pistachio ice cream; there’s a big, big difference."

OWNER GEORGE STRONG, WHO GRINDS HIS OWN PISTACHIOS AT TUBBY’S HOMEMADE ICE CREAM IN WAYNE

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industry, are Mike and Sue Jillson who own Fielder’s Choice Ice Cream www.fielderschoiceicecream.com, with locations in Manchester, Sabattus, Auburn and Old Orchard Beach.

Mike Jillson said that he was employed as a state police officer and his wife was employed in the insurance business when they first began making ice cream. They are both now employed fulltime in the ice cream business and enjoy working alongside their sons and bringing them up in the business.

“We enjoy working with the boys and teaching them a strong work ethic,” he said. According to Mike Jillson, some of the best selling flavors at the Fielder’s Choice stands are Coffee Heath Bar and Peanut Butter Cup. Like other entrepreneurs, he said they’ve created new flavors by trial and error. Their Manchester stand located at 937 Western Avenue opens in March and this year will remain open until after Thanksgiving.

George Strong, the owner of Tubby’s Homemade Ice Cream in Wayne, said that a lot of making good ice cream is done by intuition. He said that he has been making ice cream for about 16 years and first enjoyed doing it just as a hobby. He said that he owned the building where Tubby’s is currently located at 312 Main Street and when it became vacant he decided to open an ice cream stand. Strong said that he takes pride in the fact that all of his products are homemade and prepared right on the premises. He said that they offer more than 75 flavors of ice cream and that 25 to 30 are available at any given time. He said that they grind their own coffee beans and grind their own pistachios. “So what you’re getting isn’t pistachio-flavored ice cream,” said Strong. “It’s pistachio ice cream; there’s a big, big difference.” Strong said that even the hot fudge they use on sundaes is made right on top of the stove.

Strong added that their customers enjoy being able to sit down and enjoy the water views of the old mill pond while eating their ice cream on the premises.

For information about the new rewards program they’ve instituted, see their website www.tubbysicecream.com.
Practice random acts of art

BY SUSAN VARNEY
Correspondent

Art teaches nothing but the significance of life, someone once said. Ok, maybe so. I love collages, re-purposed books and sign-boards, so I suggest doing your own thing this summer. Even if it doesn’t fit any preconceived project, camp or program. If it lights you up do it. Just do it.

If you have some old magazines, some discarded building materials, old books, scissors, glue, crayons and paint, you can entertain yourself and friends. Walk around your neighborhood collecting detritus and trash, bits and pieces of discarded life. If you find cigarette butts and wonder who would just throw them out on your street, collect them and make a collage statement about the mess of life.

Or do stick art with twigs, acorns, leaves, dried grass, rocks and sand. Make a book of your poetry and illustrate it with your own drawings, paintings or collages. Take old photos and repaint them, add stuff. Make masks and put on a play with your friends.

Make a book of collected sayings, objects, thoughts, news clippings, cartoons or drawings as a gift to your best friend for her birthday or your mom for Mother’s Day. Stitch it up by hand or on a sewing machine. Or find an old hardcover book no one wants, big or small, turn it into your own book. Rip out some of the pages, paint over some of the pages and glue images over others . . . Pick a theme such as food, love, beauty, fun, friends, travel or whatever and collect images and sketches around that thought.

Paint old furniture bright colors for the patio, take that old PC monitor and make a statement about life, love and politics. It’s your life, it’s short, have fun with it.

Here are some things going on in the area:

Lawrence Public Library - Summer Reading Program
2017 Summer Reading Program theme: “Build a Better World”

• Mr. Harley (children’s musician returning for a fourth time),
• TNT Dance Studio coming with fitness and dance routines.
• The L.C. Bates Museum is coming for a program of preserving animal habitats.
• The garden - would really love lots of participation, as well as recipients of its harvest.
• Reading challenge for prizes too. End of the summer party. Regularly offered programs:

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Storytime at 10:15 a.m. on Wednesdays. Weekly crafts at 3 p.m. on Thursdays. Children and teen Librarian Alyssa Patterson is doing a Robot Club (building robots from a kit). Ask about schedule.

- Patterson always has coloring, toys and games and the Wii for use anytime. More things will be added as the months go on. Be sure to ask. 453-6867. www.fairfieldme.com/library.

2017 Summer Day Camps at L.C. Bates Museum. Kids will discover critters and natural treasures in a fun, active and safe learning environment. Each camp offers a unique experience as young scientists explore the outdoors, create art, delve into collections, meet live animals and more throughout June, July and August. Hinckley, 207-238-4250, lcbates@gwh.org.

Impressions of Nature Art Camp, June 26-30. Campers participate in art making inspired by the natural world and the museum collections. Activities will include: printmaking, drawing, rock sculpture, painting, pastels, and more. ($65, Ages 6-12, 9 a.m. to noon)

Maine History Camp, July 5-7 (Shorter Week). Campers explore being an archaeologist on a mini dig during the week plus discover history hands on! Try out a bow drill, throw a spear, construct a mini boat, make a sailor valentine and more. Learn how Maine kids in the early 1900s would dress, play and work. ($35, Ages 6-12, 9 a.m. to noon)

Nature Wetlands and Marine Camp, July 10-14. Campers explore new pieces of nature each day including all of the animals at the pond. There will be many different species along the way, it’s time to put those tracking senses to the test. ($65, Ages 6-12, 9 a.m. to noon)

Build-a-Zoo, July 17-21. Campers will start the week learning all there is to know about their favorite animals. In More ART, PAGE 60
Art
CONTINUED FROM PAGE 59

teams create zoo models, made specifically for favorite animals. Each day includes making arts and crafts and at the very end bringing home the exhibit.

• Science and Engineering Fun Camp, July 24- 28 Explore science in a fun and hands on way with experiments and creation. Each day will have a different theme and/or goal for overcoming an obstacle. It will be a week jam-packed with mind blowing science fun. ($110, Ages 6-15, 9 a.m. to 2 p.m.)

• Astronomy Adventures July 31 - Aug. 4 Campers begin with exploring the basics of the solar system through the use of telescopes and find the answers to questions such as, “What lies under the surface of the icy moon?” with activities sent from NASA! ($65, Ages 6-15, 9 a.m. to noon.)

• Creative Ecology Camp, August 7 - 11 Campers discover wonders of nature each day and explore five different biomes! Including tundra, rainforest vs. temperate forest, ocean, and desert. Each day includes art project to bring home. ($110, Ages 6-12, 9 a.m. to 2 p.m.)

• Junior Curators Camp, August 16- 18 (Shorter Week) Three days of in-depth work with museum collections, creating tours and making mini collections to bring home. Try out this very fun discovery of conservation, collection care, docent tours and more. ($40, Ages 7-17, 9 a.m. to noon.) Sign up by phone, e-mail, or mail. lcbates@gwh.org

Lively Spaces Summer Camp Each summer, the Colby College Museum of Art offers a free art, dance and poetry camp for local third through seventh graders. Over the course of three weeks in July, participants learn about art in the Colby College Museum of Art collection, make original artworks of their own, read and write poetry, and choreograph dances in response to works in the collection. The camp culminates in an art show and final performance of both poetry and dance. Space is limited, so registration is required in the spring. Lively Spaces Summer Camp July 10- 29, 2017, 10 a.m. to 1 p.m. Mirkken Education Center. For more info: www.colby.edu/museum/2017/03/16/lively-space-17.

John & Sheila Bacon 383 Benton Ave Winslow, 873-5249 supplies and instructions for children and adults.

Waterville Creates 93 Main Street A nonprofit promoting, supporting and growing Waterville’s arts and cultural environment while creating a vibrant arts hub for creative opportunities and economic development. Call 616-0292 or visit www.watervillecreates.org Call your library to see what they are offering for summer programs for kids, families and individuals.

Take steps to conserve water when hot weather arrives

Spring and summer are synonymous with increased hours of sunlight, warm temperatures and, oftentimes, an increased reliance on water for recreational pursuits and lawn and garden needs.

The Water Information Program states that 3.9 trillion gallons of water are consumed in the United States each month and the average person uses 176 gallons of water per day. Water conservation may be essential when the risk for weather-related drought looms. Practicing year-round conservation efforts can help ensure smart usage of local watersheds, lakes and reservoirs and help maintain these water sources for years to come. It also helps the average person reduce his or her carbon footprint while saving people a little money along the way.

Think about these water-saving tips to make smart use of water:

• Collect shower water in a bucket while you are waiting for the water to heat up. Use that water to irrigate plants around the house or even outdoors.

• The conservation guide Earth Easy says one way to cut down on water use is to turn off the shower after soaping up, then turn it back on to rinse. A four-minute shower can use between 20 and 40 gallons of water.

• Check for leaks around the house. Put a few drops of food coloring in the toilet tank and see if it spreads into the bowl within a half-hour. If it does, that means a leak is present and gallons of water may be being wasted.

• Keep a pitcher of drinking water in the refrigerator. This way, when you come inside from the heat you’ll have a cold drink at the ready and will not have to run the tap to fill a glass.

• Install a lawn irrigation system so that you can maximize the amount of water that gets to the roots. Arrange the sprinkler heads so surrounding driveways and sidewalks are not getting “watered” as well.

• Apply the minimum amount of fertilizer required, as fertilizer can increase water consumption.

• Aerate lawns and garden beds so the water reaches the roots rather than running off of the surface of the dirt.

• Employ rain barrels to collect rain water runoff. Rain barrels can help to repurpose rain water rather than simply allowing it to wash into storm drains.

• Reduce reliance on sprinklers and hoses for summer recreation. Instead, rely on pools and other devices that use recirculating pumps.

• Homeowners with pools can limit how often they backwash their pool filters.

• Solar pool covers can warm up pool water naturally and reduce the rate of water loss through evaporation.

WATERÈS ARTIFAC T INFORMATION PROGRAM

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*3 Sealed Tickets
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Friday Night Buffet - 5:30 p.m.-7:00 p.m.
Saturday Chicken BBQ - 2nd Saturday of month - 4:30-6:30
76 Industrial St., Waterville, Maine - Info 207-873-4335

Augusta Lodge of Elks #964
Civic Center Drive, Augusta, ME

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EVERY WEDNESDAY THURSDAY
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How to avoid vehicle problems during summer heat

When the weather warms, many people take to the outdoors to enjoy the sunshine and rising temperatures. Summer road trips or vacations are the norm, but it is important to realize that hot weather can take its toll even on a new, well-maintained vehicle.

High temperatures can cause all sorts of damage to a vehicle, from zapping battery power to overtaxing the cooling system. Recognizing potential hot-weather risks and performing routine checks on the vehicle are the keys to keeping vehicles in top form.

Battery
Excessive heat can shorten the life of a battery because it causes battery fluid to evaporate more quickly. This, in turn, can damage the internal structure of the battery. AAA reports that car battery issues are the most common breakdown calls. It’s a good idea to top off a battery with distilled water if it is the kind that requires it. Low-maintenance batteries may not have filler caps and will not require water. Inspect the battery for corrosion and leakage of battery acid. This could be a sign that the battery is getting old and will need to be replaced.

Cooling system
Cooling systems work hard to keep the flow of air to the engine and prevent it from overheating during warm seasons. Compromised cooling fans or lack of coolant can be troublesome. To avoid overheating, check coolant levels before getting on the road. In addition, have the cooling system checked by a trained mechanic prior to the summer driving season. It’s a small price to pay to avoid extensive engine damage from overheating.

Tires
Hot weather causes the pressure inside of tires to rise. Overinflated tires can wear down prematurely or result in blowouts. The Car Care Council recommends checking tire pressure routinely in the summer, when tires are cold. Follow the guidelines in the owner’s manual for recommended air pressure. Look for improper tread wear, weak spots or other tire damage that may end up causing flats.

Fluid levels
Hot weather can put extra demand on all fluids and engine components. Check transmission fluid, power steering fluid, brake fluid, and engine oil levels. Top off or change when necessary.

Pack with breakdowns in mind
Plan ahead for potential summer breakdowns by bringing along water, snacks, sunscreen, and an emergency medical kit. Be sure mobile phones are fully charged and that the number of a tow service or roadside assistance crew is entered in your list of contacts in the event of an emergency.

With warm-weather road trips beckoning, it’s time to plan accordingly to prevent breakdowns that can derail fun.
Many families spend winter figuring out how to chase away cabin fever and endure frigid temperatures until spring and summer mercifully return. Parents thinking ahead to swimming pools and days lounging on the beach can put their daydreams to practical use by planning ahead for their youngsters’ summer vacations. Youth recreational programs and summer camps can bridge the gap in care between the end of school and the day when classes resume. Due in part to high demand, parents who want to place their kids in summer rec programs or summer camps should be vetting such programs and camps well in advance of summer. The following are a handful of tips for moms and dads who want their kids to have fun and fulfilling summers.

• Ask for recommendations. Speak with fellow parents and trusted friends about where they send their children. Personal recommendations can be very helpful, providing firsthand insight into a particular camp or program. Schedule appointments to visit camps that fall within your budget. Take your son or daughter along so he or she can get a sense of what camp will be like.

• Explore all options. Camps come in more flavors than ever before. Certain camps may be faith-based ministries while others may focus on particular sports. Band camps and art camps may appeal to creative kids. Also, there are plenty of general-interest camps that offer various activities without narrowing in on any particular one. Parents may need to choose between a sleepaway camp or day camps, depending on which camp experience they want for their children.

• Inquire about camp schedules. While many camps are flexible, day camps do not have the same level of flexibility as after-school programs. Arrangements will need to be made if care is required after regular camp hours. Speak with camp staff to see which types of after-hours programs, if any, are available.

• Determine your camp budget. As varied as program offerings may be, camps also vary greatly with regard to cost. Government-run camps may be less expensive than those offered by private companies. Day camps typically cost less than those that provide room and board. Find out if a particular organization subsidizes a portion of camp costs. Scouting programs often have a dedicated camp and may offer affordable options for scouts. Martial arts schools and dance centers frequently offer camp schedules.

If camp seems out of reach, look into local summer recreation programs at parks or schools. Such programs may not be as extensive as those offered by camps, but they can quell kids’ boredom and keep children occupied during the day. In addition to camp, remember to plan for some free days so children can just enjoy some downtime. Such days can break up the monotony of a routine and provide kids and families time to relax together.

It’s never too early to start making plans for a wonderful summer and that includes finding camps and other activities for kids.
SUMMER ART CAMPS

Tuesday, Thursday, Saturday
9:30-11:30 a.m.
Children Ages 5-14
Register for your first class for $26.50

TENNIS CAMPS/CLINICS

Shardlow Tennis Camp
June 26th-30th
8:30-11:30 a.m. - Grades 9-12
$155 R $165 NR

U10 Weekly Tennis Clinics
Week of July 10th-Aug. 4th
Tuesday or Thursday 9:00-10:15 a.m.
Wednesday 4:00-5:15 p.m.
$25 R $35 NR

JUNIOR POLICE ACADEMY

Aug. 7th-11th
Ages 11-13 - Cost: $25
8:30 a.m.-3:00 p.m.

HORSEBACK RIDING AT WRIGHT WAY STABLES

8:30 a.m.-12:00 Noon
Tuesday-Friday
Ages 5 & Up
Session 1: July 25th-28th
Session 2: Aug. 1st-4th
$110 R $120 NR

TRACK & FIELD

June 19th-August 5th
$85.00 R $95.00 NR
Ages 6-14 Monday - Wednesday
Morning Session: 9:00-11:00 a.m.
Evening Session: 5:30-7:00 p.m.
Track Meets on Thursdays 10:00 a.m.

YOUTH ARCHERY

June 29th-Aug. 3rd
$33.00 R $43.00 NR
Ages 10-14 Thursdays
5:30-6:15 p.m.

BIDDY BASEBALL CLINICS

June 21st-July 31st
$30.00 R $40.00 NR
Ages 3-5 Mondays
Session 1: 5:15-6:00 p.m.
Session 2: 6:15-7:00 p.m.
*Fee is per session

SUMMER CAMPS

Lego Robotics Camp @ UMA
July 3th-7th Beginners $232
July 10th-14th Mixed $290
July 17th-21st Advanced $315
8:45 a.m.-3:30 p.m. Ages 9-13
Build Your Own Computer Camp
July 24th-28th 8:45 a.m.-3:30 p.m.
(Ages 12-16) @ Buker $650
3D Design & Printing
July 17th-21st @ Buker $300
register@mainerobotics.org

Co-Ed Basketball Camp
July 17th-21st 8:00-12:00 p.m.
Grades 2-6 $45 R $55 NR

Mad Science Camps
July 10th-14th Spy Academy
Grades 1-6/Ages 6-12 9:00-3:00 p.m. $260
July 24th-July 28th Eureka Inventors Camp
9:00-3:00 p.m. Grades 1-6/Ages 6-12 $260

Girls Basketball Clinic/Games
July 10th-21st 6:00 p.m.-8:00 p.m. Grades 5-8
Monday & Wednesday Evenings $20 R

Football Camp
July 31st-Aug. 3rd Grades 2-8 $38
July 24th-27th 5:30 p.m.-7:30 p.m.
Grades 9-12 $38

Baseball Camp
July 31st-Aug. 4th 8:00-12:00 p.m.
Grades 2-6 $45 R $55 NR

Soccer Camp
July 24th-28th 9:00 a.m.-12:00 p.m.
Grades K-8 $55 R $65 NR

Physical Education Camp
July 24th-28th 8:00-12:00 p.m.
Grades 2-6 $45 R $55 NR

Junior Petanque Camp
June 19th-23rd 9:30-11:30 a.m.
Ages 12-18 $15

TO REGISTER ONLINE VISIT:
https://secure.rec1.com/ME/city-augusta-maine/catalog
Rafting adventures fashioned for experienced and newcomers alike

BY VALERIE TUCKER
Correspondent

The Upper Kennebec Valley offers some extraordinary whitewater rafting experiences, and several companies can offer experienced rafting guides, local lodging, meals, campsites and other amenities that visitors may not expect in this remote wilderness.

When shopping for a rafting outfitter, ask others about their trips and recommendations. Visit each company’s website to find out how long they have been in business under the current ownership. Ask them what kind of training their guides are required to have. All professional outfitters should be licensed and insured.

Maine rivers can be chilly, so a wet suit, splash jacket and river shoes can make a difference. Some outfitters provide or rent this gear, but check first. For sunny clear days, bring quick-dry clothing, waterproof sunscreen and inexpensive sunglasses with UV protection and straps.

Guides are alert for upcoming challenges, but they will expect rafters to follow orders quickly and be prepared.

Usually, when someone falls out of a boat, they pop up right next to the boat, said April Glidden, team leader for Three Rivers Rafting in The Forks.

Three Rivers Whitewater has an option for businesses to bring employees to a unique retreat. They offer group rafting trips, and they also offer alternate activities for accompanying family members or additional days of group adventure, including their Waterfall & Wildlife Safari, inflatable kayaking, hiking and float trips.

Moxie Rafting offers full-day trips through the Kennebec Gorge in a row frame raft or the Middle Kennebec River option. The middle gorge has plenty of whitewater and is perfect for folks with younger children, or those looking for an intermediate level rafting trip.

One package offered by Professional River Runners includes an overnight stay, inflatable kayaking, rafting canoeing and a float plane moose safari trip.

Magic Falls Rafting knows some people always wanted to add a whitewater rafting trip to their “must do” Maine vacation list but couldn’t find the time or squeeze it into their travel budgets. They designed the Cheap Thrills whitewater rafting trip on the Kennebec River that is $44 for a half-day trip.

Adam Cullivan, manager and river guide for Adventure Bound, said many of the outfitter’s white water customers are beginners, so trips can be geared for all levels of experience. His facility also offers rock climbing, orienteering, canoe trips and rope courses for groups.

They are specifically geared for families, he said. Many people have never been on a rafting trip before.

Crab Apple Whitewater offers a particular trip geared for seasoned rafters, starting with a morning run through five miles of intense whitewater on the Kennebec. Two gorge runs through the Three Sisters and Magic Falls rapids ends with a final ride down the lower Kennebec.

North Country Rivers offers inflatable kayak trips for those looking for a relaxing first exposure to boating on moving water. The trip starts with basic instruction, after which paddlers travel from Bingham and float through miles of great Kennebec River scenery to Solon. These five-mile trips average three to four hours.

Along with the standard rafting adventure trips, Northern Outdoor offers custom programs, from a one-day college sports team trip and student orientation to more complex, multi-day curriculum-based programs.

Trips include industry expert insights in outdoor recreation sports, recreation leadership, risk management, sustainable tourism, group dynamics and team building.
Quarry Road Trails readies for a busy summer

BY DAN CASSIDY
Correspondent

If you haven’t been to the Quarry Road recreational area in Waterville, you’ve been missing a great time and a chance to enjoy the outdoors to hike, bike, canoe/kayak or just walk along the Messalonskee Stream. The facility is located just two miles from downtown Waterville, off North Street, near MaineGeneral Medical Center. All the trails are now open and events celebrating National Trails Day was held recently. Messalonskee Stream is a wonderful way to get some kayaking or canoeing in. The stream meanders from Oakland to Waterville. You’ll think that you’re paddling in a remote area of Maine. Don’t be surprised to see ducks swimming nearby or maybe even spotting a deer or moose.

It’s a new season with new trails, as Friends of the Quarry Road have been busy expanding the trail network. Several are new since last season. The Susan Childs Boat Launch is a carry-in boat launch and dock located just behind the maintenance building.

The Hawthorn Trail is a footpath through the lowlands along Messalonskee Stream between the boat launch and the Fair Meadow. This area may take a while longer to dry out, though the addition of wood chips has made it mostly passable.

Mountain biking
There are two miles of purpose-built mountain bike single-track within the North Koons Loop. It’s best to access the trail from the warming hut at the start of the North Koons loop.

Next is Wally’s Way, a one-mile loop that extends near the far end of North Koons. This trail makes a great backcountry hike/bike trek. It was a big hit with skiers this winter, and also makes a good back country hike/bike experience.

Upcoming race events planned
So, it’s a new season with new trails and it couldn’t have happened without the support of the community. Each week there will be a different race program around the Quarry Road Trail system, ranging in distance from 3k to 8k.

Aug. 15 – Summer Race Series – 3k
Aug. 8 – Summer Race Series – 5k
July 25 – Summer Race Series – 8k
July 23 – Summer Race Series – 6k
Aug. 1 – Summer Race Series – 8k
Aug. 8 – Summer Race Series – 5k
Aug. 15 – Summer Race Series – 3k

Enjoy the summer season by getting outside and exploring around the Quarry Road trails and away from the hustle and bustle of daily routines. For more information, visit www.quarry-road.org.
Summer is prime vacation season when travelers take trips to every corner of the world. While faraway destinations are exotic, summer enjoyment can easily be found close to home. Many communities come alive during the warmer weather, hosting an array of locally-driven events. People looking for a day of entertainment or an evening of excitement can probably find an event that’s just a short car ride away. Pick up a local newspaper or log on to your town’s official website to browse a listing of events in your community this summer. Here are a few events you’re bound to find.

• **Carnivals and fairs:** Open land or empty parking lots can be transformed into bustling carnivals in a matter of days. Carnivals or fairs may be sponsored by private businesses or local religious organizations looking to raise funds. Some fairs are established by the county and attract participants from near and far. Carnivals often boast a wide array of entertainment, from amusement park-style rides to games of chance to music.

• **Summer concert series:** Summer concerts series typically begin when the weather warms up, and music may not stop playing until Labor Day. Concerts may range from more intimate affairs that attract a few dozen people to a town square to larger events at beaches and boardwalks that draw thousands of visitors.

• **Food festivals:** Various towns close down their Main Streets from time to time to accommodate food festivals that feature a variety of cuisines. Some food festivals may feature one ingredient, such as garlic or cheese, while others may delve deeper and offer broader menus. Food festivals allow visitors to sample many different treats and may serve to advertise for neighborhood eating establishments.

• **Street fairs:** Street fairs also may close down thoroughfares in town. These events usually bring together a variety of vendors selling their wares in an open market setting. You can make a day of touring all of the vendor booths and buying handmade items from local artisans.

• **Outdoor movies:** Local parks frequently host summer movie nights when participants can view a movie on the big screen while under the stars. This can be an informal way to get the entire family together for a fun flick. Films are typically family-friendly and schedules are available well in advance. Bring a blanket and some snacks and enjoy an inexpensive evening together.

Check this Summer Guide for a list of entertaining summer events right in your own backyard.
## 2017 Maine Agricultural Fairs

### JUNE
- **23 - 24 Maple Meadow Fair Festival, Mapleton**

### JULY
- **1 - 4 Houlton Fair, Houlton**
  A small fair featuring livestock, crafts, midway and state entertainment.
- **6 - 9 Ossipee Valley Fair, South Hiram**
  Old-fashioned fair, unique exhibit halls, lots of livestock, midway, drag racing, animal pull events.
- **14 - 16 Waterford World’s Fair, North Waterford**
  A small family oriented agricultural fair, featuring LOCAL vendors, entertainment and livestock. Old MacDonald’s Barn full of animals to touch, outside stage with local talent, demonstrations & livestock exhibits.
- **20 - 23 Pittston Fair, Pittston**
  Small, family-oriented country fair. Midway, animal pulling events, childrens games, Strawberry Festival.

### AUGUST
- **2 - 5 Monmouth Fair, Monmouth**
  A small family agricultural fair with midway, animal exhibits, crafts and animal pull events.
- **8 - 13 Topsham Fair, Topsham**
  Agricultural exhibits, animal pull events, 4-H, crafts, midway and harness racing.
- **10 - 13 Skowhegan State Fair, Skowhegan**
  A large agricultural fair featuring a huge midway, animal exhibits, crafts, commercial exhibits, flower show, animal pull events and harness racing.
- **17 - 23 Farmington Fair, Farmington**
  Large midway, exhibit halls, livestock exhibits, animal pull events, harness racing, demolition derby.
- **22 - 24 Common Ground Fair, Unity**
  A celebration of rural life, demonstrations - Organic produced foods and crafts as well as livestock shows.
- **24 - 30 Cumberland Fair, Cumberland Center**
  Large exhibit halls, midway and livestock exhibits. Animal pull events and harness racing.

### OCTOBER
- **1 - 8 Fryeburg Fair, Fryeburg**
  Maine’s largest agricultural fair. Beautiful setting in prime foliage season. Exhibit halls, museum, harness racing and livestock shows.

### NON-LICENSED FAIR
- **AUGUST**
  - **26 & 27 Pembroke Farm & Horse Fair, Pembroke**

### SEPTEMBER
- **Aug, 30 - 4 Blue Hill Fair, Blue Hill**
  Great country fair, midway, exhibits, non-pari-mutuel racing, animal pull events, entertainment.
- **1 - 4 Springfield Fair, Springfield**
  Stage shows, animal and mechanical pulling, antique autos, midway, livestock exhibits.
- **1 - 4 Harmony Free Fair, Harmony**
  Free Admission, Free Parking, Stage Shows, Animal and Mechanical Pulling, Midway, Demo Derby, Livestock and Exhibit Hall.
- **7 - 10 Clinton Lions Agricultural Fair, Clinton**
  Clinton Family oriented agricultural fair with animal and mechanical pulling utstanding midway, exhibit halls, stage entertainment and woodsmen contest.
- **8 - 10 Litchfield Fair, Litchfield**
  Country fair with large midway, agricultural exhibits, livestock, animal pull events. Historical fair museum.
- **13 - 16 Oxford County Fair, Oxford**
  Livestock shows, animal pull events, midway, crafts, exhibits, and a new harness race track.
- **15 - 17 Portland Lion’s Fair, N. Newport**
  Midway, exhibit hall, animal and mechanical pulling, crafts, livestock exhibits, woodsmen day, stage shows.
- **17 - 23 Farmington Fair, Farmington**
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- **22 - 24 Common Ground Fair, Unity**
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### CONTACT INFORMATION IN ALPHA ORDER BY FAIR

<table>
<thead>
<tr>
<th>Fair Name</th>
<th>Address</th>
<th>Website</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acton Fair - Acton</td>
<td>178 Nason Road, Shapleigh, ME 04076</td>
<td><a href="http://www.actonfair.net">www.actonfair.net</a></td>
<td>(207) 636-2026 or (207) 635-1018 vendors</td>
</tr>
<tr>
<td>Bangor State Fair - Bangor</td>
<td>100 Dutton Street, Bangor, ME 04401</td>
<td><a href="http://www.wangorstatefair.com">www.wangorstatefair.com</a></td>
<td>(207) 947-5555</td>
</tr>
<tr>
<td>Blue Hill Fair - Blue Hill</td>
<td>PO Box 390 Blue Hill, ME 04841</td>
<td><a href="http://www.bluehillfair.com">www.bluehillfair.com</a></td>
<td>(207) 374-3701</td>
</tr>
<tr>
<td>Clinton Lions Agricultural Fair - Clinton</td>
<td>PO Box 522, Clinton, ME 04827</td>
<td><a href="http://www.clintonlionsfair.com">www.clintonlionsfair.com</a></td>
<td>(207) 426-2651</td>
</tr>
<tr>
<td>Common Ground Fair - Unity</td>
<td>Box 170 Unity, ME 04988</td>
<td><a href="http://www.mofga.org">www.mofga.org</a></td>
<td>(207) 568-4142</td>
</tr>
<tr>
<td>Cornish Horsemans Day</td>
<td>Dianne Perkins</td>
<td><a href="http://www.cumberlandfair.com">www.cumberlandfair.com</a></td>
<td>(207) 653-9793</td>
</tr>
<tr>
<td>Fryeburg Fair - Fryeburg</td>
<td>Box 78 Fryeburg, ME 04037</td>
<td><a href="http://www.fryeburgfair.com">www.fryeburgfair.com</a></td>
<td>(207) 935-2288</td>
</tr>
<tr>
<td>Harmony Free Fair - Harmony</td>
<td>Jeff Chadbourne</td>
<td><a href="http://www.harmonyfreefair.org">www.harmonyfreefair.org</a></td>
<td>(207) 683-3873</td>
</tr>
<tr>
<td>Houlton Fair - Houlton</td>
<td>Paul Cleary</td>
<td><a href="http://www.litchfieldfair.com">www.litchfieldfair.com</a></td>
<td>(207) 683-9873</td>
</tr>
<tr>
<td>Litchfield Fair-Litchfield</td>
<td>Charles Smith</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 353-8105</td>
</tr>
<tr>
<td>Maine Farm Days - Clinton</td>
<td>Brenda Stoughton</td>
<td><a href="http://www.mainefiberfrolic.com">www.mainefiberfrolic.com</a></td>
<td>(207) 426-8586</td>
</tr>
<tr>
<td>Maine Fiber Frolic - Windsor Fairgrounds</td>
<td>13 Robinson Road, Walsworth, ME 04572</td>
<td><a href="http://www.mainefiberfrolic.com">www.mainefiberfrolic.com</a></td>
<td>(207) 820-5162</td>
</tr>
<tr>
<td>New Portland Lion’s Fair - N. Portland</td>
<td>Wright Pinkham</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 628-2916</td>
</tr>
<tr>
<td>Northern Maine Fair - Presque Isle</td>
<td>Lynwood Winslow</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 683-5873</td>
</tr>
<tr>
<td>Oxford County Fair - Oxford</td>
<td>Bill Jones</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 795-9986</td>
</tr>
<tr>
<td>Pittston Fair - Pittston</td>
<td>Kim Alley</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 441-6651</td>
</tr>
<tr>
<td>Skowhegan State Fair - Skowhegan</td>
<td>Donna Weymouth</td>
<td><a href="http://www.mapletonfair.com">www.mapletonfair.com</a></td>
<td>(207) 764-3276</td>
</tr>
<tr>
<td>Springfield Fair - Springfield</td>
<td>Kirk Ritchie</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 738-4488</td>
</tr>
<tr>
<td>Topsham Fair - Topsham</td>
<td>Leon Brilliant</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 798-0892</td>
</tr>
<tr>
<td>Union Fair - Union</td>
<td>Gail Hawes</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 786-3281</td>
</tr>
<tr>
<td>Waterford World’s Fair - North Waterford</td>
<td>Darcy Winslow</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 567-9555</td>
</tr>
<tr>
<td>Windham Fair - Windham</td>
<td>Frank Reed</td>
<td><a href="http://www.mainefairfairs.org">www.mainefairfairs.org</a></td>
<td>(207) 841-6580</td>
</tr>
</tbody>
</table>

For more information on Maine’s Agricultural Fairs visit [www.mainefairs.org](http://www.mainefairs.org)
Passion for fishing draws increased interest

Hiring a guide is a good way to learn

“We realized at the Chamber that the more people were interested in bass fishing, and the more people who know how awesome it is here, the more of an economic engine that it could be.”

BRUCE HARRINGTON, CHAIR, BOARD OF DIRECTORS
MID-MAINE CHAMBER OF COMMERCE

Fishermen have a passion for rods and reels, bait, flies and secret fishing spots. For those who would like to learn the art and science of fishing some of Maine’s best spots, hiring a guide is the best way to start learning.

Chris Russell, owner of Kennebec River Angler guide service in Caratunk, offers guided fly fishing trips for brown, rainbow and brook trout, and landlocked salmon in the Upper Kennebec River watershed.

“We have several very knowledgeable and experienced guides who know about fly selection, fish location and techniques,” Russell said. “They know how to work with every experience level, and they know the area.”

Fishermen in the western Maine region have many challenging choices and types of water to choose from. The Dead River includes the Chain of Ponds and Flagstaff Lake. It flows for 20 miles before entering the Kennebec River at The Forks. Grand Falls is located about six miles below Wyman Dam, where the river splits. The upper river, the Grand Falls Flowage, is known for its rainbow trout.

Some of the best fly-fishing is a short walk from Maine Huts & Trails offers guided fly-fishing trips with an experienced guide familiar with the Dead River.

Other anglers seek a different experience with their rods and reels.

In 2015, Waterville area’s Mid-Maine Chamber of Commerce President Bruce Harrington participated in a Major League Fishing Summit Cup tournament, won by the legendary Scott Suggs. The event was broadcast nationally, and Harrington decided he would watch those MLF episodes to identify some of the spots, bait and techniques that the pros used. He was officially hooked.

“I bought some fishing rods, a bunch of hard and soft plastic bait and, this year, I bought a starter boat,” he said. “We realized at the Chamber that the more people were interested in bass fishing, and the more people who know how awesome it is here, the more of an economic engine that it could be.

He and fellow anglers set out to find the best way to promote bass fishing in the region. Now, fans of the sport have an online resource, www.midsmainebass.com. The site is interactive, and viewers can find photos and maps of the area lakes and boat launches and even what to expect at the ramp before getting there.

“We are also working with Lowrance (fishing gear experts) to get depth maps loaded for each body of water and hope to have those up shortly,” he said.

Two lake destinations for bass fishermen are short drive for those in central Maine. Many of the state’s largest bass have come from Cobbossee Lake, which was ranked third nationally in Bassmaster’s Best Bass Lakes of 2015 and 10th in the 12-state Northeast Region category in 2016.

“We are also working with Lowrance (fishing gear experts) to get depth maps loaded for each body of water and hope to have those up shortly,” he said.

Two lake destinations for bass fishermen are short drive for those in central Maine. Many of the state’s largest bass have come from Cobbossee Lake, which was ranked 33rd nationally in Bassmaster’s Best Bass Lakes of 2015 and 10th in the 12-state Northeast Region category in 2016. Cobbossee Lake can be accessed from five towns: Winthrop, West Gardiner, Manchester, Monmouth and Litchfield. With 5,540 acres of fishing, it offers boat launches in Monmouth and Manchester.

China Lake also offers excellent fishing. This lake snagged 39th place in the Bassmaster 2015 national rankings and 18th place in its 2016 regional rankings. There is a boat launch at the northern and southern end of China Lake, as well as one in the town of Vassalboro, for access to the 3,845 acres of water.

Some bass fishermen have signed up for a long-term commitment to the sport, participating in tournaments and racking up points throughout the season. Corey Vose of Augusta takes his passion for bass fishing to that level. He explained that the well-known national Bassmaster organization is a central resource for tournaments, but states can have their own affiliated chapters and competitions. Tournaments allow competitors to accumulate points that are tallied at the national level.

“We have tournaments with two-person teams, and we have what’s called a Man Vs. Bass Trail around the state that fishermen follow throughout the season,” Vose said.

The Maine Man vs. Bass tournaments are meant to be enjoyable learning experiences that enable newcomers to enjoy the fellowship of competition while helping them learn how to improve their fishing skills.

As they gather experience, club rookies can gain self-confidence and start helping other rookies. Participants have their catches weighed and measured, and points are recorded locally and nationally. For more information about the trail and point system, visit midmainebass.com and their Facebook page, or call Vose at 441-4442.

Fly fishing can be a relaxing solo meditation or an excitement-packed adventure on Maine’s wildest waters. In Caratunk, Kennebec River Angler outfitters take like-minded enthusiasts to some of the best fishing spots in the region, including Grand Falls on the Dead River.
Keep pets cool, comfy and safe during a long hot summer

Summer may be a time for vacations and recreational activities for human beings, but pets may not be privy to the same luxuries. Summer recreation may not always include our four-legged friends, as summer heat and other issues can pose a threat to companion animals. As a result, pet parents must make pet safety a priority when the weather heats up.

The Humane Society of the United States (HSUS) says that the summer months can be uncomfortable and dangerous for pets. Temperatures that may be tolerable and dangerous for pets. HSUS says on an 85-degree-day, temperatures inside parked cars can rise quickly and considerably in a matter of minutes, even with the windows opened slightly. HSUS says on an 85-degree-day, temperatures inside parked cars can reach 102°F within 10 minutes. Pets can suffer irreversible and even fatal organ damage in that period of time. If you have to run errands, keep dogs and cats at home where they will be more comfortable.

- Stay off hot asphalt. If you've ever walked on the hot sand or an asphalt driveway on a hot day, you understand just how scorching those surfaces can get. Dogs and cats do not have protective shoes to wear, so safeguard the delicate pads of their paws by keeping companion animals off hot surfaces. Schedule walks in the early morning or late afternoon when temperatures are cooler.
- Schedule a pet grooming visit. The American Veterinary Medical Foundation suggests speaking with your veterinarian to see if it's appropriate for your pet to get clipped shorter or to be shaved in the summer. But a fur coat can offer protection from the sun, so weigh the pros and cons before taking action. Apply sunscreen to your dog's skin if he or she has a thin coat.
- Provide a way for pets to cool off. If you're hot, chances are your pet is hot, too. Offer a means for pets too cool off, such as a wading pool when you are outside. Offer plenty of fresh water. Keep pets who do not enjoy the heat indoors with the air conditioner running on hot days.
- Look for indicators of heat stress. The American Veterinary Association says heat stress is marked by heavy panting, dry or bright red gums, thick drool, vomiting, diarrhea, or wobbly legs. Move pets exhibiting such symptoms to a cool place, drape a damp towel over the animal's body, rewetting the cloth frequently, and get the animal to the vet as soon as you possibly can.
- Exercise caution in the water. Dogs can get swept away by rip currents just like human swimmers. If you will be boating, invest in a life jacket for your pooch and watch out for water hazards such as currents, sink holes, and blue-green algae in lakes and ponds.

VETERINARY and KENNEL Directory

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- New lighting inside and out
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R.B. Rose Plumbing and Heating
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More than 30 years experience
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Experience the Arts in Waterville
June 7–September 4

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Every Thursday</td>
<td>Downtown Waterville Farmers Market</td>
<td>Common Street</td>
</tr>
<tr>
<td>June 13</td>
<td>Quarry Road Summer Race Series 5K</td>
<td>Quarry Road Trails</td>
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<tr>
<td>June 13</td>
<td>Entrepreneur Speaker Series</td>
<td>Thomas College</td>
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<tr>
<td>June 16–25</td>
<td>Exit Laughing</td>
<td>Waterville Opera House</td>
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<td>June 19</td>
<td>Teen Summer Reading Kick-off</td>
<td>Waterville Public Library</td>
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<td>June 20</td>
<td>Quarry Road Summer Race Series 8K</td>
<td>Quarry Road Trails</td>
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<td>June 24</td>
<td>NTL: Peter Pan</td>
<td>Waterville Opera House</td>
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<tr>
<td>June 25</td>
<td>Gershwin Under the Stars</td>
<td>Snow Pond Center for the Arts</td>
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<td>July 8</td>
<td>Atlantic Music Festival Orchestra Opening Concert</td>
<td>Colby College</td>
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<td>July 8</td>
<td>NTL: Salomé</td>
<td>Waterville Opera House</td>
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<td>July 9</td>
<td>Community Day</td>
<td>Colby Museum of Art</td>
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<td>July 11</td>
<td>Quarry Road Summer Race Series 3K</td>
<td>Quarry Road Trails</td>
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<td>July 13</td>
<td>PechaKucha Night Waterville</td>
<td>Castonguay Square</td>
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<tr>
<td>July 14–23</td>
<td>Maine International Film Festival</td>
<td>Opera House / Railroad Square Cinema</td>
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<tr>
<td>July 14–23</td>
<td>MIFFONEDGE Volume 5</td>
<td>Common Street Arts</td>
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<td>July 15</td>
<td>38th Annual NEMC Pops Concert</td>
<td>Snow Pond Center for the Arts</td>
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<td>Quarry Road Trails</td>
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<td>July 28</td>
<td>Waterville Rocks!</td>
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<td>July 31–August 12</td>
<td>Annual Book Sale</td>
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<td>August 1</td>
<td>Quarry Road Summer Race Series 8K</td>
<td>Quarry Road Trails</td>
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<td>August 2</td>
<td>Taste of Waterville</td>
<td>Downtown Waterville</td>
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<td>August 3–4</td>
<td>You’re a Good Man Charlie Brown</td>
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<td>August 6</td>
<td>NTL: Angels in America Part One</td>
<td>Waterville Opera House</td>
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<td>August 19</td>
<td>Paula Pountstone</td>
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<td>AbbaFab! ABBA Tribute</td>
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<td>August 31</td>
<td>Blues Traveler in Concert</td>
<td>Waterville Opera House</td>
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<td>September 1</td>
<td>Waterville Rocks!</td>
<td>Castonguay Square</td>
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Waterville Creates! promotes, supports and grows our community’s arts and cultural assets in order to strengthen Waterville as a vibrant creative center, increase access to creative opportunities for residents and visitors, and advance community and economic development goals. Learn more about these events or list your own event at watervillecreates.org