

# PITTSFIELD & NEWPORT *in profile*

Advertising Supplement • Morning Sentinel

Friday, July 7, 2017

## For over 30 years AAA Energy Service Co. has been a full service design-build-maintain HVACR

BY VALERIE TUCKER  
Correspondent

Nearly 70 years ago, James Kelley, a young engineer in Boston, founded Acme Engineering Company. He decided to focus on the larger commercial, industrial and institutional markets that included hospitals, factories and office buildings. He grew his business and added a service division to assist customers after the projects were complete.

"This trend continued to grow to the point where we decided to change our focus from plan and spec work to servicing our existing customer base," said Vice President of Operations David Barden. "CEO Peter Kelley and his brother were at the helm during this transition."

In 1983, Acme Engineering became AAA Energy Service Co. and was restructured to become a full service design-build-maintain HVACR (heating, ventilation, air conditioning, refrigeration) company. Today, AAA Energy Service Co. employs 75 people, with an annual volume of more than \$12 million.

AAA Energy Service has performed service, preventive maintenance, design build and bid and spec work in the HVACR industry since 1983. The company's home office is in Scarborough. Their Auburn, New Hampshire office covers New Hampshire, Vermont and Massachusetts. The Pittsfield office serves all of central, eastern, and northern Maine.

"We send our engineers and technicians to Rockland or Gardiner or Rumford or wherever our customers need us in this big state of Maine," said Barden.

The Pittsfield office's service technicians live in their service areas, with 24-hour coverage every day of the week in the heating, air conditioning and refrigeration fields, no matter what time of day or night it may be when a need arises, he said.

"With full service offices, our customers' remote branches can be guaranteed quick response and strong local support," Barden said.

The company offers a variety of customized preventive maintenance, testing and inspecting maintenance plans.

"Our fast service and competitive prices make AAA Energy Service the best choice for HVACR needs," Barden said. "We can provide construction work from complete facilities to a single unit replacement." The company provides expert advice on energy savings and environmentally-friendly construction. A team performs an energy audit that offers a starting point for increasing building performance and ener-



James J. Kelley, a young mechanical engineer from Boston, founded Acme Engineering Co. in 1948. In 1983 Acme became AAA Energy Service Co.

"Our energy audits provide building owners with an updated road map of their asset infrastructure, their energy usage and their costs," said Barden. "Audits let our customers know where they are today and what they can do to save money and still offer a comfortable and efficient work environment."

DAVID BARDEN, VICE PRESIDENT OF OPERATIONS  
AAA ENERGY SERVICE CO.



"Our size and regional presence is important. AAA Energy Service Co. is a substantial HVAC company, well managed and financially strong. With that comes depth, diversity of talent and resources second to none. Sometimes it takes a lot of "horsepower" to get a job done. When that is the case, we've got it!"

PETER E. KELLEY, CEO, AAA ENERGY SERVICE CO.

into budget projections. "Preventive maintenance activities are carefully planned, directed and monitored," said Barden. "Additionally, we can offer customers the opportunity to update their plan as often as required."

The company's employees also make a commitment to the education of young people interested in STEM (science, technology, engineering and math) careers through an annual fundraising event. Employees helped raise \$20,000 for Maine students by participating in the Maine Real Estate Development Association's annual

Bowl-a-Thon in Portland. The Strikes for Scholars event funds scholarships for Maine students pursuing studies in building trades, architecture, construction, engineering or a business program at a Maine Community College, or the College of Science, Technology and Health at the University of Southern Maine.

AAA Energy Service Company can be reached by calling one of these locations: Scarborough, Maine, (207) 883-1473; Pittsfield, Maine (207) 487-3706; Auburn, New Hampshire (603) 626-4884. Information is also available at [aaaenergy.com](http://aaaenergy.com)



gy efficiency.

"Our energy audits provide building owners with an updated road map of their asset infrastructure, their energy usage and their costs," said Barden. "Audits let our customers know where they are today and what they can do to save money and still offer a comfortable and efficient work environment."

One example, he suggested, is creating an efficient lighting design. Many employees work in older spaces that were designed

for different tasks or a different layout. Some inexpensive changes can easily cut costs and provide a more friendly work place.

"Our full service capabilities enable us to meet environmental system needs, from new installations to system modification to total building automation," said Barden. "We can protect our customers' investments with our team of professionals, our quick-response emergency service and our customized

maintenance programs."

The company's preventive maintenance programs have been an affordable response to building owners' and property managers' concerns about rising costs of mechanical system ownership. The team works closely with the customer to custom-tailor a plan for each mechanical system configuration. Computer scheduling allows the team to improve efficiencies continually to offer cost-effective maintenance programs that fit

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# Regular maintenance at Muffler King Auto may avoid costly repairs and road dangers

BY VALERIE TUCKER  
Correspondent

Muffler King Auto, LLC is a family-owned and operated business, serving auto repair needs since 1989. With 28 years of operation, owner Robert King said he and his team of ASE (Automotive Service Excellence)-certified technicians freely offer their customers expert advice and tips that help avoid serious safety issues.

Drivers sometimes postpone simple routine inspections, even when the vehicle starts making strange new noises or the steering wheel vibrates just a little after it hit that deep springtime pothole. The car might start to pull a little to the right or left, and the tires might show some wear on the edges.

Computerized tire alignment is important but often overlooked, said King. Simple adjustments can save money and make driver and passengers as safe as possible.

"Wheel angles should be adjusted so the tires are perpendicular to the ground and parallel to each other," he said.

Proper adjustments maximize tire life and keep the vehicle driving straight and true on the road. Proper alignment can pay for itself over the life of both the car and the tires.

"Wheel alignment is very important to making sure your tires don't wear out sooner than they need to," he said. "Why have to buy new tires just because the ones you have aren't aligned correctly?"

Alignment also means less wear and tear on the vehicle's steering and suspension components.

"When tire alignment is out of the manufacturer's recommended specifications, that can cause the vehicle to drift or float or pull in different directions," he said. "That's just plain unsafe for a driver and the vehicle."

Brake inspection are one of the most important safety inspections on a vehicle. The driver should check them every six months. King offered some basic instructions.

"Look for shiny discs with

shallow and regular grooves all the way around," he said. "If there are rough patches on the discs, they both need to be replaced," he said. "Also, discs need to be replaced if any of the grooves have worn down."

Vehicle owners should never let the brake pads wear down too much. Pads are inexpensive to replace in comparison to the discs, he said. If there is less than 1/8 inch left on the pads, then they should be replaced. A vehicle with drum brakes has brake shoes, which carry brake linings, which press against the drum to stop the vehicle.

"When we do a brake inspection, we make sure the metal on the brake shoe has not worn down to expose the lining," he said.

The brake rotor thickness depends on the vehicle and the manufacturer of the brakes. Muffler King's mechanics can check the brake rotor thickness with a micrometer and will recommend replacement if rotors aren't within the safety margins. Brake lines have a soft rubber coating that protects the metal lines. If that coating is stiff or cracked, those metal lines can corrode and make the brake system unsafe. Brake fluid should match the manufacturer's recommendations and should be topped to the right level and at the right temperature. If the brake fluid is so hot that it boils, braking will be dangerous. If the fluid isn't at the right level, the brake pads will wear more quickly.

"Never let your brake fluid drop below two-thirds full," he said.

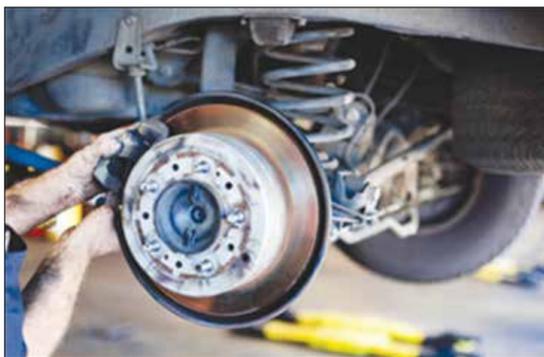
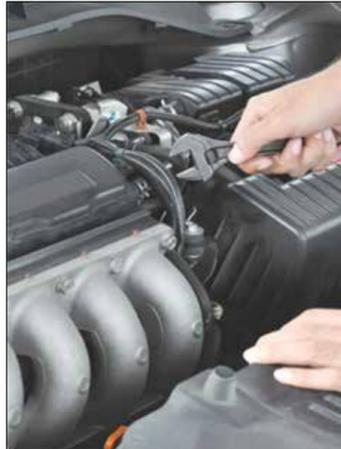
A vehicle's exhaust system can slow proper engine performance, ruin a quiet ride and endanger occupants' safety.

"We suggest inspecting the vehicle's exhaust system regularly to make sure fumes aren't seeping into the engine compartment or passenger area," King said. "That's something that's easy to check and fix, and neglecting a bad exhaust system is just plain dangerous."

In addition to these services, King's mechanics maintain and repair air-conditioning systems

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**RODNEY KING, OWNER  
MUFFLER KING AUTO**



Muffler King Auto, 4 King Road, Newport, is a full-service auto repair shop offering tire alignments, brake inspections, exhaust system repair, air-conditioning system maintenance and other general repairs and diagnostics for all your automotive service needs.

and provide other general vehicle repairs, perform diagnostics, do lube and oil change and repair and rotate tires.

The business is an affiliate of Auto Value, and King is proud of the Auto Value Service Excellence Award his company recently received. The Auto Value Parts Stores and Certi-

fied Service Centers are a part of the Aftermarket Auto Parts Alliance, a national auto parts distribution network.

For more information or to make an appointment, drop by their location at 4 King Road in Newport, call 368-2495 or (800) 518-3153 or visit [www.mufflerkingauto.com](http://www.mufflerkingauto.com).

# Pittsfield may be a small community but it has many appealing amenities

BY VALERIE TUCKER  
Correspondent

Pittsfield is a dynamic and flourishing community dedicated to the quality of life of its citizens. Resources continue to be committed to excellence in education, infrastructure, economic development, cultural and recreational activities.

"We are a full-service community, providing all of the conveniences of a small city but within a beautiful country setting," said Town Manager Kathryn Ruth.

The central Maine municipality of Pittsfield has evolved from a small mill town into a diversified industrial center. The industrial park is located next to the Pan Am rail line and Interstate 95, and the 28-acre industrial park expansion offers six additional lots. Sebasticook Valley Health provides health care for the region with a modern hospital and a broad range of services. Opportunities to get outdoors and appreciate the natural beauty of the area are everywhere, Ruth said.

"We have seven parks and sports facilities including the 50-acre Manson Park, home of the annual Central Maine Egg Festival," she said.

The popular Hathorn Park opened in 1920 as the community's first park and features a bandstand for summer concerts. Legge's Field has hosted generations of Little League games, and Stein Park, bordering the picturesque Mill Pond, is a showcase for the garden club. Pinnacle Park is home to the Pinnacle Ski Club, and Veterans' Park in downtown Pittsfield is a tribute to those men and women who have served their country. The newest is Fendler Park, with two acres of beautiful views of the Sebasticook River. The smallest is Remembrance Park, with plantings in memo-

ry of loved ones.

Golfers flock to the nine-hole J.W. Parks Golf Course, and recreational enthusiasts and business executives find the Pittsfield Municipal Airport a convenience. The airport also offers flight instruction, plane maintenance, skydiving, light sport aircraft sales, airplane hangars and tie-downs. Snowmobilers traverse the community in season and have access to a statewide trail system maintained by the Driftbusters Snowmobile Club.

Pittsfield has the state's only town-owned and operated Community Theater, which offers first-run movies at family-friendly rates and is available for special events, live shows, birthday parties and plays. The town also is home to one of the oldest college preparatory schools in New England. Founded in 1866, Maine Central Institute (MCI) is a historic presence, with its traditional, ivy-covered halls and tree-lined campus. The school provides secondary education for local and international students. The school is also home to the Bossov School of Ballet.

The public library and monument to the soldiers of the Civil War were dedicated in 1904 and named to the National Register of Historic Places in 1983. Granite inscriptions of World War I veterans are inscribed at the front entrance doors. The railroad depot building houses Pittsfield's Depot House Museum collection and is managed by the Pittsfield Historical Society. The Depot House Museum is open by appointment by calling 487-4926.

Farming has always provided jobs, income and wholesome foods, offering an economic benefit to the community. Visitors and residents can find seasonal produce and other goods at these local



Contributed photo

The town of Pittsfield offers a balanced mix of natural beauty and traditional country appeal.

farms and at the weekly farmers' market.

"When we updated our town's Comprehensive Plan, we found we have 31 active farms in the area," Ruth said.

Several are commercial dairy farms and others are small family farms or hobby farms.

The week-long Central Maine Egg Festival is a celebration of the brown egg industry. The

days are packed with activities in and around the downtown area, with a parade and the Kiwanis Carnival on Saturday. There will also be an Early Bird Breakfast, a chicken barbecue, street dance, Egglympics, a craft fair and fireworks. This year's schedule, starting on Monday, July 10, and ending on Saturday, July 15, is available at [centralmaineeegg-festival.org](http://centralmaineeegg-festival.org).



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Contributed photo

Sebasticook Lake offers Newport residents and visitors the opportunity to swim, fish, boat or just enjoy a beautiful sunset on a warm summer evening.

# Newport shines as both a business center and a place to just enjoy Maine life

BY VALERIE TUCKER  
Correspondent

Located midway between Bangor and Waterville, Newport is known as the Crossroads of Maine. This friendly community in the heart of the Sebasticook Valley region offers convenient access to shopping, schools, employment, international air travel, and a multitude of recreational opportunities. One of Newport's most notable features is the beautiful Sebasticook Lake. Tennis courts, playground, a public beach, swimming area and boat launch are all within the downtown district. The well-maintained ATV and snowmobile trails offer even more year-round opportunities for outdoor adventure. Sebasticook Lake also offers a variety of fishing tournaments throughout the summer and winter seasons.

In 2002, Newport partnered with federal and state agencies for the removal of the Main Street Dam and the construction of a fish ladder around the North Street Dam. Today, ocean-run fish species can return to their natural habitat. During this construction project, archaeologists unearthed a Native American encampment believed to be more than 3,000 years old.

The municipality hired Coplon Associates, Landscape Architecture and Planning, through a planning grant from the Office of Economic and Community Development, to design a new Riverwalk.

"In the following 13 years, the Riverwalk was completed for hundreds of thousands less by using local contractors and our own Public Works Department," said Town Manager Jim Ricker.

On Saturday, August 5, the Newport Riverwalk Festival Committee will host the first annual Riverwalk Festival. The schedule is still in development, Ricker said, but visitors can expect fun for the entire family, with games, an art show, tug-of-war, a parade and a street dance. The event theme is Everything Water.

"To enter a float in the pa-

rade, contact the town office at 368-4410," he said.

Business leaders thinking of expanding or relocating will find that the Newport Industrial Center is an attractive alternative to larger and more costly sites. Area businesses are conscientious supporters of the community and provide stable and competitive employment for residents. The lots range in size from 1.98 to 3.33 acres, and all have three-phase power, telephone, and municipal water and sewer services.

The Industrial Park is located on Route 2, east of the town center, with easy access to several major supply routes and Interstate 95.

Newport businesses are known for their longevity and high-quality employees, Ricker said. One recent statewide Environmental Excellence Awards celebration was hosted at the Vic Firth Co., the world's leading drumstick manufacturer. The company received the Maine Wood Product Association's Pine Tree Award for its commitment to expanding the labor force, exploring innovative improvements in manufacturing and being environmentally responsible. The company partners with the nearby University of Maine at Orono, with forestry products and engineering degree programs that draw students from

around the world.

Historically, Newport's community roots began in 1792, when Ephriam Ballard and Samuel Weston surveyed 23,000 acres of East Pond Plantation. John Houstin, of Fairfield, settled in 1800, building a log cabin on Birch Point. In 1804, Deacon John Ireland, along with his wife, son and brother, arrived from Bloomfield, now known as Skowhegan. In 1813, 42 voters signed a petition to incorporate the town. At the time, the bounds of the town lay partly in Somerset County and partly in Hancock County. The town of Newport was officially incorporated in June of 1814.

In 1886, the Newport Fire Department was organized, with a hand tub and hose carriage as its modern equipment. The real beginning of industrial development for Newport was in 1891. The town had a woolen mill, the Aroostook Condensed Milk Company, which later became the Maine Condensed Company in 1894. It also had Borden's Condensed Milk Company, a large veneer mill, several large dairies and a canning factory.

Today, the town offers modern municipal facilities, including a modern fire department, but the history has been preserved. The Newport Cultural Center collects and displays artifacts, documents and photographs about the history of Newport

and the region. The Center houses at least 1,100 original photographs, thousands of documents and more than a thousand artifacts in historical collections. Researchers may access materials by calling 368-2193 for an appointment. The Center also offers library resources and services, including a well-stocked children's reading room, a meeting room and a local history resource section.



The Town of Newport Riverwalk Festival Committee is proud to sponsor our 1st annual Riverwalk Festival, to be held on SATURDAY, AUGUST 5, 2017. There will be fun for the entire family from games, art show, tug-of-war, parade and street dance, to name but a few events!

Come join us on the Newport Riverwalk beginning at 9 a.m. and ending at the Street Dance on Water Street by 11 p.m. Please check out the complete schedule of events as we're certain you will find something enjoyable for you and your entire family.

Our parade committee is actively seeking participants with our theme being everything water!

**Schedule of Events**

10 a.m. Parade  
Setup at Gilman Electric at 9 a.m.

**At the Cultural Center**  
11 a.m. - 1 p.m. Fly Tying / Fishing Demonstration

**Hannaford's at the Triangle**  
11 a.m. - 2 p.m. Car show sponsored by the Classic's to Klunkers Car Club

**On the Riverwalk**  
9 a.m. - 5 p.m. Craft fair (Maine made crafts only)  
9 a.m. - 5 p.m. Farmers Market  
11 a.m. - 3 p.m. Tug-of-War (various teams during the day, signup sheets available on line)  
11 a.m. - 5 p.m. Water Slide & Bounce House  
11 a.m. - 5 p.m. Food vendors  
11 a.m. - 5 p.m. Artists on the Riverwalk  
11 a.m. - 1 p.m. Chicken BBQ  
Come enjoy the famous Newport Fire Department BBQ chicken, \$8 per dinner  
12 - 2 p.m. Wildlife Encounters - Mad Scientist of Maine  
1 - 2 p.m. Pie eating contest  
12 - 5 p.m. Dunk Tank

**Water Street & Newport Public Safety Building**  
5 - 7 p.m. Chili Cookoff (At the Public Safety Building)  
7 p.m. Street Dance  
7 - 10 p.m. Beer Tent

If you would like to participate in any of the events identified please contact:  
Newport Town Office  
8 a.m. - 5 p.m. Mon. - Fri.  
23 Water Street  
Newport, Maine 04953  
368-4410  
[www.newportmaine.com](http://www.newportmaine.com)

Newport Cultural Center  
9 a.m. - 5 p.m. Tues. - Fri.  
154 Main Street  
Newport, Maine 04953  
368-5574  
[www.newportculturalcenter.org](http://www.newportculturalcenter.org)

All money generated is used to support the future Riverwalk Festivals. Sign-up sheets, waiver, parade and volunteer forms are available online at [www.newportmaine.com](http://www.newportmaine.com) or at the Newport Town Office. We are actively seeking volunteers and parade participants.

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# 45<sup>th</sup> Central Maine

# EGG Festival!

The theme for our 45th Anniversary is "Musical Egg-spression"



## Event Schedule

### MONDAY, JULY 10, 2017

- 1 p.m. Wooden Egg Decorating at the Pittsfield Public Library (New Event)
- 5 p.m. Little Chick Contest closes (available at Bud's Shop 'n Save in Pittsfield and the Newport Entertainment Center in Newport)
- 6 p.m. Riff Johnson - at Hathorn Park
- 7:30 - 9:00 p.m. Open Mic hosted by Riff Johnson - at Hathorn Park

### TUESDAY, JULY 11, 2017

- 10 a.m. - 6 p.m. Art Show at the Pittsfield Public Library
- 3 p.m. - 5 p.m. Artists' Reception (Come meet the artists) at the Pittsfield Public Library
- 3 p.m. - 6 p.m. Sidewalk Art Contest by the Cianbro and Skowhegan Bank Parking Lot off Hunnewell Avenue. Judging from 6 p.m. - 6:30 p.m.
- 7 p.m. - 10 p.m. Street Dance in the Municipal Parking Lot
- Winner/s of the Little Chick Contest will be announced
- Winner/s of the Sidewalk Art Contest will be announced

### WEDNESDAY JULY 12, 2017

- 9 a.m. - 2 p.m. Egglympics at Hathorn Park. Fun and games for all the kids! Will be held at the Warsaw Middle School Gym in the event of rain. Registration will be from 9:00 - 10:00 a.m. at Hathorn Park
- 10 a.m. - 6 p.m. Art Show at the Pittsfield Public Library continues
- 11 a.m. - 6 p.m. Farmers Market at Hathorn Park (New Event)
- 1 p.m. Wooden Egg Decorating at the Pittsfield Public Library (New Event)
- 5:30 - 7:30 p.m. The Wildwoods Band - Entertainment at Manson Park
- 6:30 - 10 p.m. Kiwanis Karnival Opens rides and games open
- 8 p.m. - 9 p.m. Shriners Band - Entertainment at Manson Park

### THURSDAY, JULY 13, 2017

- 10 a.m. - 3 p.m. Window Painting downtown on Main Street. Register at the Pittsfield Public Library
- 10 a.m. - 6 p.m. Art Show at the Pittsfield Public Library continues
- 1 p.m. - 2 p.m. Pittsfield Historical Society open for visitors
- 4 p.m. - 6 p.m. Open House at the Pittsfield Community Theatre
- 4 p.m. - 6 p.m. Ice Cream Truck at the Pittsfield Public Library
- 4 p.m. - 8 p.m. Marketplace Tent opens in Manson Park. Featuring Maine Crafters and Artisans
- 5:30 - 7:15 p.m. Briston Maroney at Manson Park performing in the Entertainment tent
- 6:00 p.m. Kiwanis Kiddie Parade on Main Street leading into Manson Park. Line up at the Municipal Parking Lot
- 6:30 - 10 p.m. Kiwanis Karnival Opens rides and games open
- 7:30 p.m. - 9 p.m. Harold J. Crosby Community Band of Dexter - performing at Manson Park

### FRIDAY, JULY 14, 2017

- 10 a.m. - 6 p.m. Art Show at the Pittsfield Public Library continues
- 10:30 a.m. - 1 p.m. Quiche & Cheesecake Contest at the Elk's Lodge on Middle Street. Judging begins at 11 a.m., Luncheon begins at 12 noon - Pittsfield ARTS Club
- 1 p.m. - 2 p.m. Pittsfield Historical Society open for visitors
- 4 p.m. - 8 p.m. Marketplace Tent opens in Manson Park. Featuring Maine Crafters and Artisans
- 5:30 - 7:30 p.m. Briston Maroney - performing at Manson Park
- 6:30 - 10 p.m. Kiwanis Karnival Rides and Games open
- 7:45 - 9:45 p.m. Steve Dunphy at Manson Park performing in the Entertainment tent

### SATURDAY, JULY 15, 2017

- 6 a.m. Early Bird Breakfast - Open to the Public - served on the Festival Grounds by Pittsfield Youth Athletics
- 7 a.m. Experimental Aircraft Association (EAA) Airport Fly-in Exhibitor Area Open to the public - Curtis Air, Pittsfield Municipal Airport
- 9 a.m. Marketplace Tent opens in Manson Park. Featuring Maine Crafters and Artisans
- 9 a.m. - 1 p.m. EAA Young Eagles FREE Airplane Rides - Curtis Air, Pittsfield Municipal Airport
- 9 a.m. - 2 p.m. Scenic Plane Rides - Curtis Air, Pittsfield Municipal Airport
- 9:15 a.m. The Famous Big Parade begins at the Industrial Park, down Somerset Ave., onto Main Street and into Manson Park
- 10 a.m. - 1 p.m. Art Show at the Pittsfield Public Library continues
- 11 a.m. Kiwanis Karnival Games and Rides open
- 12 p.m. - 1 p.m. Sebasticook Valley Community Band - performing at Manson Park
- 12:30 p.m. Chicken BBQ served in the Food Tent by the Detroit Fire Department
- 1:15 - 3:15 p.m. Steve Dunphy - performing at Manson Park
- 2 p.m. Airport Fly-in - Closes at Pittsfield Municipal Airport
- 3:30 p.m. - 5 p.m. Riff Johnson - performing at Manson Park
- 5 p.m. Dog Costume Contest Sponsored by The Dog House
- 5:15 - 6:45 p.m. The Resistance - performing in the Entertainment Tent
- 7 p.m. - 9:30 p.m. Suss4 - performing in the Entertainment Tent.
- 9:30 p.m. FIREWORKS - Come early to get a good spot!
- A Special Treat - Don't miss it: Immediately After Fireworks Riff Johnson and The Resistance and others jam

Thank you to all our egg-cellent sponsors!



Founded in 1973, the Egg Festival was designed to celebrate the egg industry in Central Maine and compliment the already popular Kiwanis Karnival. Though the egg industry has all but left the region, the Festival remains stronger than ever. The Festival prides itself on providing a venue for area non-profit groups to come together and fundraise for their programs. Literally hundreds of volunteers and non-profits gather every July to host a fun event for families and children while raising funds for their causes.

The Egg Festival is very important to the region for community and economic development. During this week, people are able to visit, network and have family get-togethers. It is a time that we showcase the community and region. In addition, it is great fun and a positive experience for children and families. It is part of the region's heritage and tradition!

THE CMEF WILL DO ITS BEST TO MAINTAIN THE TIME SCHEDULE. PLEASE NOTE THAT ALL ENTERTAINMENT ACTS ARE SUBJECT TO CHANGE. Questions? Visit [www.centralmaineeggfestival.org](http://www.centralmaineeggfestival.org) or contact the Pittsfield Town Office at 487-3136 and we will do our best to assist.

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