Baby Parade 2016
Featuring local babies born in 2015

Isaac Johnathan and Harper Marie Furbush
Amelia Luna Lee
Lincoln Thomas Daniels
Julia Eva Moore
Baby Parade 2016

Winners

Here are the winners of our 2016 Baby Parade special section. Each winner receives a $25 gift card to the advertiser of their choice. Congratulations to all the winners and their families.

Isaac Johnathan and Harper Marie Furbush
were born May 6, 2015 to Kevin and Michelle Furbush. Their grandparents are Aaron and Jean Furbush, and James and Renee Derouche. They were also welcomed by sibling Brooklyn Furbush.

Amelia Luna Lee
was born April 14, 2015 to Brianna and Ryan Lee. Her grandparents are Bill Lee and Jean Lee.

Lincoln Thomas Daniels
was born July 25, 2015 to Tom and Rita Daniels. His grandparents are Mark and Lisa Day, and Sue and Tom Daniels, Sr.

Julia Eva Moore
was born September 3, 2015 to James and Jennifer Moore. Her grandparents are David and Joyce Dill, and Carrie Moore. She was also welcomed by siblings Carson, Levi and Charlie.

ABOUT THIS SECTION
This special advertising supplement was produced by the Kennebec Journal/Morning Sentinel. Winners were drawn randomly. The cover design was by Alicia Tuttle, Graphic Artist.

All families deserve a Special Delivery!

Dedicated to Providing an Exceptional Birth Experience...
Every Patient; Every Family; Every Time.

OB Providers:
Redington OB/GYN
Bruce Waite, DO
207-474-7131
Lekha Bhatta, MD
207-474-0290

Skowhegan Family Medicine
Ann Dorney, MD
Alicia Forster, MD
Mike Lambke, MD
Abigail Masterman, DO
207-474-6201

Pediatric & Nursery Providers:
Redington Pediatrics
Miglena Kircheva, MD
207-474-6265

Skowhegan Family Medicine
Ann Dorney, MD
Alicia Forster, MD
Mike Lambke, MD
Abigail Masterman, DO
207-474-6201

Redington Family Practice
Timothy Malyk, MD
207-474-3320

RMPC Norridgewock
Harry Irving, DO
207-634-4366

Call us at 858-2405 to set up a tour of our family-friendly Birthing Center!
Inland Hospital is among the top 15 percent of hospitals considered the best in which to have a baby in 2016.

For the fourth year in a row, Inland Hospital in Waterville has received the Women's Choice Award® as one of America's Best Hospitals for Obstetrics. This evidence-based designation is the only award that identifies the country’s best health care institutions based on criteria that considers female patient satisfaction, clinical excellence and what women say they want from a hospital.

The list of over 400 award winners — including Inland Hospital, a member of EMHS —represents hospitals that offer exceptional obstetric services that ranked above the national average for patient safety, thereby supporting a woman’s decision when choosing the best for herself.

“We are very proud of our Birthing Center staff and the providers at Inland Women’s Health Care,” said John Dalton, Inland Hospital president and CEO. “Earning the America’s Best Hospitals for Obstetrics award four consecutive years shows that women and families value how we put them at the center of everything we do — from safe, quality care to excellent service. We consider it a privilege to help them welcome their new little Mainers into the world.”

Delia Passi, CEO and Founder of the Women’s Choice Award, touted the hospital’s excellence.

“New moms have many choices when it comes to having their baby, so choosing the best birthing experience is right up there with choosing the best doctor,” Passi said. “We’ve made it easy for moms to vet out the hospitals proven to deliver an outstanding experience, and Inland is one of those excellent hospitals.”

The America’s Best Hospitals for Obstetrics scoring process is unique in that it is the only national list that is evidence-based and focuses on female patient satisfaction. Awarded hospitals ranked above the national average for patient recommendations, as indicated by the data reported by the U.S. Department of Health and Human Services in Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) surveys.

Additional requirements included having low rates of early elective deliveries (between 0-1 percent), as well as ranking above the national average for patient safety.

For more information on the 2016 America’s Best Hospitals for Obstetrics, visit www.womenschoiceaward.com/awarded/best-hospitals/obstetrics/

Inland Hospital receives the 2016 Women’s Choice Award®
Recognized as one of America’s best hospitals for obstetrics

LYLA HOPE BOLDUC
6/30/15 • 9 lbs. 4 oz.
Parents: Frank and Meghann Bolduc
Grandparents: Terry Bolduc, Steve and Lisa Wright
Sibling: Big Sister/Dog Bailey

WILLIAM RAY CALVO
5/31/15 • 8 lbs. 9 oz.
Parents: Colton and Jessica Calvo
Grandparents: Michael and Jill Fortin
Joseph Calvo and Jacquelyn Simonds
Siblings: Cater, Savannah, Jack

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Siblings: Cater, Savannah, Jack

HARPER MARIE EVELYNN DESCHAINE
12/28/15 • 7 lbs. 15 oz.
Parents: Montana Deschaine and Jeromy Bingham
Grandparents: Shonya Deschaine and Tom Meader
Sonja and David Mauro
CenteringPregnancy® celebrates a year of success at MaineGeneral

“We were the type to never ask questions in the office, even if we had them. With Centering, everyone seemed to have the same questions. It was nice being with other expectant mothers, listening and relating to what they were experiencing.”

KELLEY DOYLE, PARTICIPANT IN THE CENTERINGPREGNANCY® PROGRAM AT MAINEGENERAL

“CenteringPregnancy® is a studied model of care proven to improve patient satisfaction, increase breastfeeding rates, and significantly reduce preterm births,” said Danielle Salhany, DO. “The sessions are relaxed and fun. Everyone can share their questions, advice and experiences. Expectant mothers support and learn from each other.”

Ripley and Salhany sit in on each group meeting, providing additional support and answers to moms. Health assessments of mom and baby are done at each session.

Beyond the impressive numbers is the overwhelmingly positive feedback from patients.

More PREGNANCY, PAGE 5
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who have enjoyed having a larger support system through the process of readying for childbirth.

“Centering was perfect for us,” said Kelley Doyle, who participated in the program and had a healthy baby girl, Evelyn. “We were the type to never ask questions in the office, even if we had them. With Centering, everyone seemed to have the same questions. It was nice being with other expectant mothers, listening and relating to what they were experiencing.

“Dr. Salhany and Angela were so full of knowledge and compassion. They made the group really come together and helped us all find support and the knowledge we needed to get through pregnancy — what to expect giving birth, and even prepared us for when our babies arrived,” Doyle added. “I recommend everyone take part in Centering! It’s great for partners too, because they can learn everything right by your side. I am really grateful for Centering and I hope everyone can experience the positive support it gives.”

In addition to Salhany and Ripley, Cathy Heffernan, CNM and Dolores Carbonneau, CNM facilitate CenteringPregnancy® sessions. MaineGeneral offers the program in Augusta and Winthrop.

The March of Dimes has generously supported MaineGeneral’s CenteringPregnancy® program, and a representative from the organization will be at the March 17 birthday party for the program.

The public also is welcome to join the one-year celebration for MaineGeneral’s CenteringPregnancy® program. Call 621-9100 to learn more or to sign up.

• Thursday, March 17, 4 – 6 p.m.
• Alfond Center for Health
• Conference rooms, first floor
• 35 Medical Center Parkway, Augusta

Contributed photo
Attendees from a MaineGeneral CenteringPregnancy session: Back row, Amy Griswold, Samantha Williams, David and Kim Pepin with baby daughter. Front row: Kelsey and Armand Radley with baby son and Johanna and John Ellis and baby daughter.
New trend: Bring a book to a baby shower

BY ELLEN RICHMOND
Owner of the
Children’s Book Cellar
Special to Baby Parade

I love the recent trend in baby showers! Book showers, where everyone is asked to bring a favorite children’s book, are becoming more and more common.

Sometimes the invitation reads, “Bring a book instead of a card.” Sometimes the family simply wants books as gifts. Either way, I love the thought of a new baby coming home from the hospital to his or her own starter library. The evidence is clear that it is never too early to start reading to a baby, and that the benefits are significant and lifelong.

Board books, with their hard-to-tear cardboard pages that are easy to wipe clean, are the most obvious choice for an infant. There are some perennial favorites, such as “Goodnight Moon,” “Pat the Bunny,” and “Guess How Much I Love You” — often a family will receive multiple copies of them as gifts. But there are dozens of board books on the shelves, many less likely to be duplicate copies. Here’s a baker’s dozen of other choices:

• “Barnyard Dance” by Sandra Boynton. A rollicking read-aloud with a square dance rhythm.
• “Mike Mulligan and His Steam Shovel” by Virginia Lee Burton. Yes! That story you grew up with!
• “Chicka Chicka Boom Boom” by Bill Martin. The letters of the alphabet tumble and jumble up, and down, the coconut tree.
• “On The Day You Were Born” by Deborah Frasier. A celebration of Earth, nature, and a new life.
• “Won’t You Be My Kissaroo?” by Joanne Ryder. Who doesn’t want to snuggle and kiss a baby?
• “The Real Mother Goose Board Book.” The board version of the classic edition read to many of us by our parents.
• “The Owl and The Pussy-cat” by Jan Brett. Edward Lear’s silly poem, perfect for reading aloud, with wonderful illustrations.
• “Global Babies” by Global Fund for Children. Colorful photographs of babies from around the world.
• “Time For Bed” by Mem Fox. A gentle rhyme showing all sorts of babies at bedtime.
• “Owl Babies” by Martin Waddell. Three baby owls waiting for Mommy, who will always come home.
• “Babies” by Gyo Fujikawa. Sweet illustrations showing babies just being babies.
• “Lullaby and Kisses Sweet: Poems to Love with Your Baby” by Lee Bennett Hopkins. Thirty poems arranged by five topics.
• “Dahlov Ipcar’s Farmyard Alphabet” by Dahlov Ipcar. This alphabet book by Maine artist Dahlov Ipcar is a work of art.

And, if none of these suit you, there are dozens and dozens more from which to choose. There is something perfect for everyone. Or, you can just bypass the board books and share one of your favorite storybooks for older children. Personally, I usually give a hardcover copy of the original (not the Disney version) “Winnie The Pooh” by A. A. Milne. It was my favorite 60 years ago and is still a great read-aloud.
Credit union creates a fun way for children to save money

The KSW Federal Credit Union is offering a fun way for young people to learn about and save money. Monty Moose Accounts are open to youth 12 and under and require only a $5 deposit.

With a Monty Moose Savings Account, children earn Monty Moose Bucks for each deposit of $5 or more to spend in the Monty Moose Showcase. The showcase offers a variety of toys, puzzles and art supplies.

Any child opening a new Monty Moose account will receive $1 in Monty Moose Buck, a KSW FCU piggy bank and a Club Wallet! Monty Moose members also receive a birthday postcard of $5 in Monty Moose Bucks and an invitation to special contests and events during the credit union’s annual Youth Week Celebration.

"Monty Moose dollars have no cash value. The Monty Moose Account holder must be present for Monty Moose dollars to be given.
If any member of the Credit Union suspects mistreatment of the program, the Credit Union reserves the right to deny program rewards.

We reserve the biggest rooms for our littlest patients.

At Inland Hospital and Inland Women’s Health Care, caring for moms and babies is a labor of love.

For a tour of our family-friendly Birthing Center, call 861-3100.
The expert care you deserve with the labor and delivery experience you want – close at hand.

When it comes to having your baby, options are important.

At MaineGeneral, we proudly offer top quality care including:

- A team of highly skilled and compassionate obstetricians, pediatricians, including pediatric hospitalists, certified nurse-midwives, family physicians and specially trained nurses
- A Level II Neonatal Intensive Care Unit that enables more babies and their families to stay close to home if complications arise
- A Maternity & Pediatrics unit ranked in the top six percent of inpatient units in the U.S.
- Ranked among best hospitals in the state for Maternity by Maine Health Management Coalition
- Advanced technology for patient monitoring, electronic documentation, infant security and communication
- Board-certified lactation consultants to provide breastfeeding support, education and consultation
- CenteringPregnancy® group prenatal care

Delivery at the Alfond Center for Health, Kennebec Valley's newest state-of-the-art hospital, gives you access to:

- Private rooms with beautiful home-like amenities, including flat-screen TVs and wireless Internet access
- Whirlpool tubs in every labor room
- Comfortable space for your partner to stay overnight
- Room service
- Water births

At MaineGeneral, we’re here for your special delivery. To schedule a tour, please call (207) 248-5200.

To learn more, visit www.mainegeneral.org.

Trust.
World-class obstetrical care. Right here.

35 Medical Center Parkway | Augusta, ME 04330 | 207.626.1000
149 North Street | Waterville, ME 04901 | 207.872.1000
mainegeneral.org